

EXPLORE INDY PARKS

PROGRAMS - EVENTS - CLASSES - AND MORE!



FALL/WINTER 2024

ABOUT INDY PARKS

Indy Parks and Recreation provides parks, greenspaces, trails, and recreation opportunities for Marion County residents and visitors. The agency serves 8 million people annually and offers 216 parks, 11,608 acres of greenspace, 130 playgrounds, 155 sports fields, 153 miles of trails, 23 recreation and nature centers, 20 aquatic centers, 22 spray grounds, 13 golf courses, and four dog parks. Indy Parks also provides more than 2,400 sports, art, education, and recreation programs throughout the year.

MISSION

To provide enriching experiences for all

VISION

Healthier lives, inspiring experiences, and vibrant communities

VALUES

- Inclusion
- Fun
- Collaboration
- Stewardship

CONNECT WITH US!



Indy Parks Customer Service:
1720 Burdsal Parkway
Indianapolis, IN 46202
317-327-7275

CONTENTS



PROGRAMS & CLASSES

- 03 ACTIVE ADULTS 62+**
- 04 ADAPTIVE & INCLUSIVE**
- 05 ADULT SPORTS**
- 07 ARTS**
- 13 AQUATICS**
- 15 ENRICHMENT**
- 19 ENVIRONMENTAL EDUCATION**
- 27 HEALTH & WELLNESS**
- 33 OUTDOOR ADVENTURE**
- 35 SEASONAL / SPECIAL EVENTS**
- 41 YOUTH SPORTS**

AFTER-SCHOOL MEAL PROGRAM


- 45 MEAL PROGRAM TIMES**

MORE INFO

- 47 JOB OPPORTUNITIES**
- 48 MAP OF ALL PARKS**



HOW TO REGISTER FOR PROGRAMS

Option 1: Visit indyparks.org and type in the 5-digit code of the program you wish to register for. 

Option 2: Call Indy Parks Customer Service at 317-327-7275 weekdays from 9 AM - 5 PM.



ACTIVE ADULTS 62+

Fitness, wellness, enrichment, arts, and sports programs specifically targeted for active adults over the age of 62 years old.

Drop-in Aerobics

This is an invigorating full body workout that gets your heart pumping. You will be stretching, twisting, kicking, and punching your way to your fitness goals.

Frederick Douglass Park | Tuesdays & Thursdays through Nov 28 | 10:00 - 11:00 AM | 33905 | \$1
Riverside Park | Mondays & Wednesdays through Dec 30 | 11:45 AM - 12:45 PM | \$1
Washington Park | Mondays & Wednesdays through Dec 30 | 10:00 - 11:00 AM | 33417 | \$1
Watkins Park | Tuesdays & Thursdays through Nov 28 | 11:30 AM - 12:30 PM | 33445 | \$1

Pickleball

Like tennis? Like Ping Pong? Meet us in the middle with Pickleball! Use your paddle and sent the ball back and forth for a fun time.

Brookside Park | Mondays & Tuesdays, Thursdays - Sundays through Oct 31 | 10:00 AM - 2:00 PM | 33450

Senior Sweat

Join on Tuesday mornings for Senior Sweat! Our certified instructor will lead class through light/moderate exercises.

Garfield Park Burrello Family Center | Tuesdays through Dec 31 | 10:00 - 11:00 AM | 33231 | \$1

Cards & Coffee

Cards & Coffee is a drop-in program where Active Adults can engage in a variety of Card games and fellowship with a nice warm cup of Coffee. Participants will be able to make a single cup of coffee at a time and enjoy games with our Jumbo print playing cards. All materials are provided.

Ellenberger Park | Tuesdays, Sept 3-26 | 9:30 - 11:00 AM | 33319

Sassy Seniors Line Dancing

Sassy Seniors line dancing. Group lead line dancing. Learn step by step line dancing and enjoy good music and good people.

Municipal Gardens | Tuesdays, Wednesdays, and Thursdays through Jan 30 | 11:00 AM - 12:45 PM | 33530 | \$1

BINGO

Municipal Gardens | Thursdays through Jan 30 | 11:30 AM - 12:30 PM | 32162

Silver Aces

The Silver Aces senior card club allows seniors in our local community to meet, socialize, and have fellowship with one another as well as enjoy a game or two of Euchre! Refreshments/snacks will be served.

Christian Park | Thursdays through Dec 26 | 11:00 AM - 2:00 PM | 33509

Day Trip - Brown County

Join Indy Parks for a fun filled fall day in Nashville Indiana! Immerse yourself in the vibrant colors of fall while exploring charming shops, indulging in delicious local cuisine and marveling at the stunning landscape! Ticket cost includes motor coach bus transportation from Park to Nashville Indiana and back. Participants will have 4 hours to enjoy the town.

Pick up at Washington Park | September 19 | 8:30 AM | 32611 | \$25
Pick up at Riverside Park | September 19 | 8:45 AM | 32612 | \$25

Walking Club

Southeastway Park | Sept 23, Oct 28, Nov 25, Dec 23 | 9:00 - 10:00 AM | 33487 | FREE

REGISTER FOR PROGRAMS AT INDYPARKS.ORG

ADAPTIVE & INCLUSIVE

Fitness, wellness, enrichment, arts, and sports programs adapted to ensure that individuals with different abilities have equal access to programs and recreational activities.

Sensory Room

Come and enjoy our wonderful Sensory Room located inside the family center at Rhodius Park. Give your child a chance to play and relax safely with a rock wall, glow in the dark fun, sensory swings, and ball pit! The cost is \$3 per child.

Rhodius Park | Weekdays | 4:00 - 7:00 PM | \$3 | Ages 2-17

Party Time Dance

Party Time Dance are a wonderful outlet for adult's ages 16+ within the community who are currently in an assisted or supported living program or who are graduates of our Camp Gather on the Move. Meet new people and visit with old friends! Contests, limbo, and raffle, prizes are some of our favorite's activities. Chips, snacks, and soda are always crowd pleasers.

Riverside Park | 6:00 - 8:00 PM | \$5 | Ages 16+

- Sept 14 | 33052
- Oct 12 | 33055
- Nov 9 | 33056
- Dec 14 | 33057

Adaptive Gym Time

Adaptive Gym Time provides open space to come in and play basketball, bowling, badminton, and various other games and/or activities of interest.

Frederick Douglass Park | Mondays through Dec 2 | 12:00 - 2:00 PM | \$1

Sensory Swim

We warmly welcome individuals with sensory disorders to our special open swim session. Indy Island's pool provides a soothing environment with warm waters and sensory-friendly items like pool noodles and life jackets. During this time, we will keep our slides and water features off to ensure a calm and comfortable atmosphere. Our certified lifeguards are always on deck to ensure safety, and we kindly recommend that parents or caregivers stay nearby and/or swim to provide additional support. We ask that you are pre-registered before arrival. This will allow us to limit the number of people on the pool deck as a courtesy to those with sensory needs.

Indy Island | Sept 6 & 20, Oct 4 & 18, Nov 1, 15 & 28, Dec 13 & 27 | 10:00 AM - 12:00 PM | 33251 | \$4 | Ages 3-17



REGISTER FOR PROGRAMS AT INDYPARKS.ORG

ADULT SPORTS

Competitive and recreational sports programs for adults 18 and older.

Adult Archery

Learn how to use a bow and arrow in this fun and informative hands-on class! All skills levels welcomed. Class limited to 10 students per session.

Riverside Park | Thursdays through December 12 | 1:00 - 3:00 PM | 33520 | FREE

Intro to Archery

Join our certified instructors and learn the fundamentals of archery in a safe and spacious indoor environment.

Krannert Park | Wednesdays, Sept 11 - October 9 | 6:00 - 6:45 PM | 33257 | \$50

Badminton

Frederick Douglass Park | Wednesdays & Thursdays through Dec 4 | Private Lessons 4:00 - 6:00 PM, Open Play 6:00 - 7:30 PM | 33106 | \$3 Open Play

Washington Park | Tuesdays & Fridays through January 3 | 5:00 - 8:00 PM | 33332 | \$3

Basketball Open Gym

Brookside Park | Saturdays through Jan 4 | 2:00 - 4:00 PM | 32760 | \$3

Frederick Douglass Park | Mondays - Saturdays through Dec 2 | 12:00 - 7:30 PM | 33091 | \$3

Municipal Gardens | Tuesdays & Thursdays through Jan 30 | 11:00 AM - 1:00 PM | 33523 | \$3

Rhodius Park | Wednesdays through Jan 29 | 4:30 - 7:30 PM | 33272 | \$3

Thatcher Park | Mondays - Fridays through Dec 31 | 12:00 - 3:00 PM | 32438 | \$3

Watkins Park | Mondays & Wednesdays through Nov 27 | 12:30 - 3:30 PM | 33443 | \$3

Windsor Park | Mondays - Fridays through Jan 31 | 2:30 - 5:30 PM | 33404 | \$3

Women's Boxing

"Brewster's Boxing Beauties" will help women develop the following skills: Empowerment and self-control, positive attitude, protecting yourself, learning how to be stronger, shaper focus and increased fitness and flexibility. Former World heavyweight champ Lamon Brewster will be the instructor.

Riverside Park | Wednesdays, through Dec 4 | 6:00 - 7:30 PM | 33451 | FREE

Dodgeball Open Gym

Frederick Douglass Park | Fridays, Oct 11 - Nov 29 | 6:00 - 7:30 PM | 33099 | FREE

Futsal

Instructor Led - Frederick Douglass Park | Tuesdays through Dec 3 | 6:00 - 7:30 PM | 33107 | \$3

Open Play - Ellenberger Park | Fridays through Dec 27 | 6:30 - 8:00 PM | 33320 | \$3

Open Play - Thatcher Park | Thursdays through Dec 26 | 5:30 - 7:30 PM | 33551 | \$3

Adult Volleyball Open Gym

Frederick Douglass Park | Mondays | 6:00 - 7:30 PM | 33104 | \$3
Krannert Park | Mondays | 5:30 - 7:30 PM | 33104 | \$3

Pickleball

Broad Ripple Park - Gym Buddies | Tuesdays through Dec 17 | 9:30 AM - 11:30 AM | 33373 | \$2
Broad Ripple Park Open Gym | 33372 | \$3

- Mondays, Wednesdays, Thursdays, Fridays and Saturdays through Dec 30 | 9:15 AM - 12:00 PM
- Tuesdays through Dec 31 | 9:15 AM - 12:00 PM
- Tuesdays through Dec 31 | 6:00 - 7:45 PM

Frederick Douglass Park | Mondays & Tuesdays through Dec 2 | 10:00 - 12:00 PM | 33102 | \$3
Garfield Park Family Center | Mondays - Saturdays through Jan 4 | 11:00 AM - 12:30 PM | 33191 | \$3

Riverside Park | Tuesdays through Dec 31 | 11:30 AM - 1:30 PM | 32801 | \$1

Thatcher Park | Monday - Fridays, 9:00 AM - 12:00 PM | Wednesdays, 3:00 - 6:00 PM | Saturdays, 11:00 AM - 1:30 PM through Dec 31 | 33553 | \$3

Washington Park | Tuesdays and Thursdays through Jan 2 | 10:00 AM - 1:00 PM | 33329 | \$3

Windsor Park | Mondays, Wednesdays, and Fridays through Dec 30 | 10:00 AM - 1:00 PM | 33408 | \$3



ARTS

Art programs and classes in various mediums including performing arts, painting, sculpture, printmaking, drawing and photography.

ShooBeeLoo - Old McDonald's Farm

Old McDonald's Farm? On his farm he had a cow? and a pig, a sheep, a duck, a horse, a mouse, some chicks, even some apples. Our musical farm contains animal sounds, rhymes, fingerplays, and games. Singer/guitarist Michelle Marti of ShooBeeLoo Music and Movement will bring the outdoors to life through song and movement, as well as plenty of rhythm instruments and toys. Come on down to the farm. Ages 1-5.

Broad Ripple Park | Saturdays Oct 19 - Nov 23 | \$66
 • 9:30 - 10:15 AM | 33289
 • 10:30 - 11:15 AM | 33291

Family Nature Open Mic

Join us for an evening of nature-inspired performances at our family-friendly open mic event! Share a story, poem, song, or any art piece that celebrates the beauty of the natural world. Performers of all ages are welcome. No registration needed, just add your name to the open mic queue when you arrive. This event is free with park admission.

Eagle Creek Park Beach | Sept 20 | 6:00 - 8:00 PM | 33341

Acting Up Theater

Brookside Park | Sept 4 - October 9 | 4:30 - 5:30 PM | 33446 | \$10 | Ages 9-15

Acrylic Painting

We will discuss color blending and other techniques that you can use to help create your very individual painting. Supplies provided. You get to keep the painting, but not the brushes or paints.

Broad Ripple Park
 • Oct 5 | 12:00 - 1:00 PM | 33161 | \$20 | Ages 18+
 • Oct 28 | 6:30 - 7:30 PM | 33127 | \$20 | Ages 8-17

Candle Making

As the days grow shorter and nights longer, candles are perfect for your home or to give as a gift. Make your own poured candles in the snow or sand!

Broad Ripple Park | Nov 2 | 12:00 - 1:00 PM | 33163 | \$20 | Ages 18+

Flower Arranging

Learn the basics of flower arranging by practicing on your very own to take home! Containers, flowers, and tools will be provided. Arrangements are yours to keep, the tools will stay with me.

Broad Ripple Park
 • Sept 21 | 12:00 - 1:00 PM | 33160 | \$30 | Ages 18+
 • Nov 4 | 6:30 - 7:30 PM | 33128 | \$35 | Ages 8-17

Herbal Oils

We will be making Herbal Oils and Vinegars that can be used all year round for yummy treats in the kitchen.

Broad Ripple Park
 • Sept 9 | 6:30 - 7:30 PM | 33125 | \$20 | Ages 8-17
 • Oct 19 | 12:00 - 1:00 PM | 33162 | \$20 | Ages 18+

Natural Wreaths

Make a fall or holiday wreath using natural materials, ribbons, and ornaments, among other assorted items. These wreaths are perfect for holiday decorations, a front door or as a Thanksgiving table centerpiece. Wreaths can be made individually or as a group. Wreaths are approximately 12" in diameter.

Broad Ripple Park | Nov 7 | 6:00 - 7:00 PM | 32878 | \$20

Grapevine Wreath

Join us in decorating your very own Grapevine Wreath. Ribbon and other decorations will be provided, but feel free to bring special small items to make your wreath unique.

Broad Ripple Park | Nov 16 | 12:00 - 1:00 PM | 33164 | \$30 | Ages 18+

Wreaths

We will create a Fall Harvest and Winter Celebration Wreath to decorate your home.

Broad Ripple Park | Nov 18 | 6:30 - 7:30 PM | 33129 | \$40 | Ages 8-17

Yuletide Wreath

Just in time for the holidays we will be making festive Yuletide wreaths. Basic supplies will be provided, but you are welcome to bring additional bling and decorations to make your wreath unique to you! Gardening gloves are recommended as we will be working with fresh pine branches

Broad Ripple Park | Dec 6 | 12:00 - 1:00 PM | 33165 | \$30 | Ages 18+

Adult Crochet

Learn the basics of crochet stitches and how to read a pattern. This is a stand alone class, but you are welcome to come back with your own project to work on. Yarn and hook provided for the initial class. Ages 18+.

Broad Ripple Park | Wednesdays Sept 4 - Dec 18 (except Nov 27) | 6:00 - 7:00 PM | 33228 | \$11

Handmade Papermaking

Looking for a fun new craft to learn? Do you want to surprise your loved ones with personally handmade cards this holiday season? Come try out papermaking at Eagle Creek Park! From pulp to product, you will create your own unique sheets of paper. Please note that the paper needs to dry in place overnight and will not be ready to take home on the same day as the program. Participants can return to collect their finished paper sheets from the Earth Discovery Center on a later day. All materials will be provided but participants are also welcome to bring in their own additional recyclable paper, flower petals, and other decorations to use and add to their paper pulp if they wish. Park gate entry fee is included with the cost of the program.

Eagle Creek Park | Nov 9 | 1:00 - 4:00 PM | 33432 | \$10 | Ages 13+

Handmade Bookbinding

Have you ever wanted to make your own journal or notebook? Looking to surprise your loved ones with handmade gifts this holiday season? Come try out traditional bookbinding at Eagle Creek Park! In this program, participants will learn about the many different methods of crafting books and create two unique ones of their very own to take home. All materials will be provided but participants are also welcome to bring in their own additional decorative paper to use if they wish. Park gate entry fee is included with the cost of the program.

Eagle Creek Park | Nov 16 | 1:00 - 4:00 PM | 33433 | \$18 | Ages 13+

Tie-Dye T-Shirts

Join us at Indianapolis World Sports park picnic tables for a fun DIY tie-dye experience. We will provide all of the dyeing supplies all you need to bring is a white T-shirt, white long sleeve shirt or light weight sweatshirt! This activity will be a guided follow along craft for all ages. Dye can stain clothing so please prepare accordingly.

Indianapolis World Sports Park | Sept 13 | 3:00 - 4:00 PM | 33353 | \$5 | Ages 3+

Craftivism Club

This session is for all ages (7+) and will include mostly crochet projects including planned yarn bombing, creating small tokens to leave for others to find (Random Acts of Crochet), and painted rocks. Other suggestions for craftivism and random acts of kindness are welcome! Some supplies will be provided, but you are welcome to bring your own yarn to the monthly club meeting.

Broad Ripple Park | Sept 21, Oct 19, Nov 16 | 1:30 - 2:30 PM | 33235 | \$11

Adult Sewing Basics

Learn how to make your own clothing from cutting to completed construction. Machines are provided, but you are welcome to bring your own. Each class is a stand alone session to introduce the basics of sewing. After the initial introduction to using the machine, you are welcome to bring in your own project to work on.

Broad Ripple Park | 5:30 - 7:00 PM | \$20

- Sept 3 | 33197
- Sept 17 | 33199
- Sept 24 | 33200
- Oct 1 | 33201
- Oct 8 | 33202
- Oct 15 | 33203
- Oct 22 | 33204
- Oct 29 | 33205
- Nov 12 | 33206
- Nov 19 | 33207
- Dec 3 | 33208
- Dec 10 | 33209
- Dec 17 | 33210

Teen Sewing Basics

Learn how to make your own clothing from cutting to completed construction. This class is for 8-16 years old. Machines are provided, but you are welcome to bring your own.

Broad Ripple Park | 4:30 - 6:00 | \$20

- Sept 4 | 32917
- Sept 9 | 33130
- Sept 11 | 33141
- Sept 16 | 33131
- Sept 18 | 33142
- Sept 23 | 33132
- Sept 25 | 33144
- Sept 30 | 33133
- Oct 2 | 33145
- Oct 9 | 33146
- Oct 16 | 33147
- Oct 21 | 33134
- Oct 23 | 33148
- Oct 28 | 33135
- Oct 30 | 33149
- Nov 6 | 33150
- Nov 13 | 33152
- Nov 18 | 33136
- Nov 20 | 33153
- Nov 25 | 33137
- Dec 2 | 33138
- Dec 4 | 33154
- Dec 9 | 33139
- Dec 11 | 33155
- Dec 16 | 33140
- Dec 18 | 33156



Rock, Paper, Scissors

In this two-session class, each participant will learn the history behind paper making and how it has changed over time. We will use recycled materials and plant materials to make paper and then make a journal from the paper. Lots of water will be used for this project, so please dress for the mess. All materials will be provided

Broad Ripple Park | Sept 16 & 30 | 6:30 - 7:30 PM | 33158 | \$150 | Ages 8-18

Quilting Camp

Learn the basics of quilt construction in this three-part home-arts camp. All supplies are provided including machines. You are welcome to bring your own machine if you prefer. Construction will be done on the machine and final quilting will be done by hand.

Broad Ripple Park | Dec 2, 9, 16 | 6:30 - 8:00 PM | 33159 | \$150 | Ages 8-17

Arts & Crafts

Kids will enjoy many activities for art (including drawing and coloring) and also will participate in some outdoor activities.

Watkins Park | Saturdays through Nov 30 | 12:00 - 1:30 PM | 33442 | FREE | Ages 5-17 |

Heartland Presents: Inocente

Students will be introduced to the story of a girl whose life was altered by her ability to express herself through art. Students will engage in both self-reflection and collective conversation around the themes shared in this story and their impact on both the main character as well as the viewer. Finally, students will artistically express their own reaction to the story and the themes discussed through a medium of their choosing. The film and associated curriculum have been generously provided by Heartland Film Festival.

Garfield Park Arts Center | Sept 30 - Oct 4 | 5:00 - 6:00 PM | 33560 | FREE | Ages 13-19 |

Art History Chat

Join GPAC's staff Art Historian for a monthly informal talk on Art History and its role in contemporary society.

Garfield Park Arts Center | Starting Oct 16 | Third Wednesday of every month | 6:00 - 8:00 PM | 33403

Stained Glass Mosaic Birdhouse

This selection is a 2-day course. Please be sure that you're able to attend both Saturday, September 7th from 12pm-3pm and Saturday, September 14th from 12pm-2pm. Spend some time with us at the conservatory while learning how to make a stained glass mosaic using a wooden birdhouse as the substrate. By the second session, you'll be able to take your creation home! Session one (September 7th): In this first session, we'll gather all of our needed materials and begin brainstorming. By the time you leave, you'll have a birdhouse that is covered with beautiful stained glass and will be ready to grout. Session two (September 14th): This session will include the finishing touches, including grouting your birdhouse. You will take it home with you at the conclusion of this session.

Garfield Park Conservatory | Sept 7 12:00 - 3:00 PM, Sept 14 12:00 - 2:00 PM | 32884 | \$35 | Ages 12+



Images of Nature Photo Exhibit

We are pleased to be able to host the Images of Nature Photography Exhibit and Competition this year at Eagle Creek Earth Discovery Center! Images of Nature is presented by the Riviera Camera Club and hosted by the Earth Discovery Center. The exhibit takes place Saturday, October 5th-Sunday, October 20th and is free with park admission. Please note the Earth Discovery Center will be closed on Monday, October 14th and the exhibit will not be available for viewing on that day. The exhibit may be temporarily unavailable on some weekday mornings due to large field trip groups - please call the EDC at 317-327-7148 to check the schedule. To submit entries visit the Riviera Camera Club Website for more details and entry forms. Entry deadline and drop off dates September 14 & 15.

Eagle Creek Park | Oct 5 - 20 | 10:00 AM - 5:00 PM | 33427

Moments of Nature Opening Reception

Celebrate the artwork of Serena Boehmer during an opening reception that is free and open to the public. The art is displayed in the nature center's main corridors and wildlife viewing room. View the artwork during nature center hours, Monday through Saturday from 9am-5pm. 25% of art sales benefit the park. Opening Reception Saturday, Sept. 28-4 pm. Free, no registration required. Exhibit Open Saturday, Sept. 21 through Saturday, Oct. 26

Holliday Park | Sept 28 | 2:00 - 4:00 PM | 33313

IN Photographic Society Reception

Celebrate the artwork of the Indianapolis Photographic Society during an opening reception that is free and open to the public. The art is displayed in the nature center's main corridors and wildlife viewing room. View the artwork during nature center hours, Monday through Saturday from 9am-5pm. 25% of art sales benefit the park. Opening Reception Saturday, Nov. 22-4 pm. Free, no registration required. Exhibit Open Saturday, Nov. 2 through Jan. 18

Holliday Park | Nov 2 | 2:00 - 4:00 PM | 33314

Keepin' it Reel

Keepin' It Reel provides a space and opportunity for students and adults to view a wide range of films in a movie-theater-styled setting and to engage in discussion of those films in a casual environment. Films range from Hollywood blockbusters to cult classics to obscure independent gems. Facts about each film will be given before each viewing and a brief Q&A following the film. This is an ideal club for those interested in the film industry or those who simply like to talk about movies. Refreshments will be served.

Christian Park | Fridays, Sept 6 - Oct 25 | 6:00 - 8:00 PM | 33512 | FREE | Ages 12+

Writing Workshop: Peregrine Session

The Nature Writing Workshop is a new series for any creative looking to hone their craft and build community, all within Eagle Creek Park's lush and inspiring environment. Hosted at the Ornithology Center, attendees can expect to explore and discuss examples of nature writing including poetry, essays, and stories, as well as develop their own writing skills. Each workshop will give writers the opportunity to share, give, & receive constructive feedback from their peers if desired. This is a four-part course, meeting on consecutive Sundays at Eagle Creek Park Ornithology Center. Those signing up for the course should seek to attend every session, to get the most out of the experience.

Eagle Creek Park | Sept 29, Oct 6, Oct 13 & Oct 20 | 4:30 - 7:00 PM | 33428 | \$30 | Ages 18+



Arts for All

Arts for All is a FREE drop-in program where youth can engage in creative, engaging art activities. Participants will be able to take their project home the same day. All materials are provided. There will be a different project each month. All ages are welcome! Art projects will be geared towards ages 5-12 (unless otherwise noted below).

Broad Ripple Park | Wednesdays, Sept 4 - Dec 18 | 10:30 - 11:30 AM
Brookside Park | Mondays, Sept 9 - Dec 16 | 5:30 - 6:30 PM
Christian Park | Wednesdays, Sept 4 - Dec 18 | 5:30 - 6:30 PM
Ellenberger Park | Mondays, Sept 9 - Dec 23 | 4:30 - 5:30 PM
Frederick Douglass Park | Tuesdays, Sept 3 - Dec 3 | 5:30 - 6:30 PM
Garfield Park | Thursdays, Sept 5 - Dec 19 | 5:30 - 6:30 PM
Holliday Park | Wednesdays, Sept 4 - Jan 1 | 10:00 - 11:30 AM
Indy Island | Thursdays, Sept 5 - Dec 19 | 5:30 - 6:30 PM
Krannert Park | Wednesdays, Sept 4 - Dec 18 | 4:30 - 5:30 PM
Municipal Gardens | Wednesdays, Sept 4 - Jan 29 | 4:30 - 5:30 PM
Rhodus Park | Mondays, Sept 9 - Oct 28, Dec 2 - 16 | 4:30 - 5:30 PM | Ages 5-16
Riverside Park | Fridays, Sept 6 - Dec 20 | 5:30 - 6:30 PM
Thatcher Park | Tuesdays, Sept 6 - Dec 20 | 5:30 - 6:30 PM
Washington Park | Mondays, Sept 9 - Dec 30 | 6:00 - 8:00 PM
Watkins Park | Thursdays, Sept 5 - Dec 19 | 5:30 - 6:30 PM
Windsor Park | Wednesdays, Sept 11 - Dec 18 | 5:30 - 6:30 PM



AQUATICS

Fitness, recreation, competitive, and leisure activities taking place in a body of water.

Preschool Swim Lessons

Children who know how to swim not only can save themselves when in water but are far more equipped to recognize the dangers of water. Indy Parks Swim School Preschool swim lessons are designed for children 3 to 5 and will cover a broad range of core swimming skills helping students become comfortable in the water as well as basic water safety. The minimum 1:5 ratio allows students to move through each level at their own pace while still getting important attention. Children should be ready to get in the water and swim and be able to sit through a 30-minute class.

Indy Island Aquatic Center | \$34

- **September 3 - October 8** | Tuesdays | 5:15 - 5:45 PM | 33252
- **September 3 - October 8** | Tuesdays | 6:15 - 6:45 PM | 33253
- **October 22 - December 3** | Tuesdays | 5:15 - 5:45 PM | 33254
- **October 22 - December 3** | Tuesdays | 6:15 - 6:45 PM | 33255

Youth Swim Lessons

Children who know how to swim not only can save themselves when in water, but are far more equipped to recognize the dangers of water. Indy Parks Swim School Youth swim lessons are designed for children 5 and over and will cover a broad range of core swimming skills helping students become proficient in the four basic strokes of freestyle, backstroke, breaststroke and butterfly as well as basic water safety. The 1:6 ratio allows students to move through each level at their own pace while building endurance in the water and working on stroke perfection and technique. Children should be ready for stroke development and be able to sit through a 45 minute class.

Indy Island Aquatic Center | \$49

- **September 3 - October 8** | Tuesdays | 5:00 - 5:45 PM | 33247
- **September 3 - October 8** | Tuesdays | 6:00 - 6:45 PM | 33250
- **October 22 - December 3** | Tuesdays | 5:00 - 5:45 PM | 33248
- **October 22 - December 3** | Tuesdays | 6:00 - 6:45 PM | 33249

Lifeguard Train-Up

Begin your journey towards becoming a lifeguard with our comprehensive training program, specifically designed for teens who will be 16 years old on or before June 1st, 2025. This program will enhance your swimming skills and prepare you with the essential prerequisites needed to attend a lifeguard training course.

Upon successful completion, your contact information will be forwarded to one of the city's hiring managers to schedule an interview for a Summer 2025 lifeguard position. Start training now for a rewarding job as a lifeguard next summer!

Indy Island Aquatic Center | FREE

- **October 2 - 18** | Wednesdays and Fridays | 5:30 - 6:30 PM | 33393
- **November 6 - 22** | Wednesdays and Fridays | 5:30 - 6:30 PM | 33394
- **December 4 - 20** | Wednesdays and Fridays | 5:30 - 6:30 PM | 33395

Swim Team

Are you looking for a fun and dynamic way to introduce your child to the world of competitive swimming? Look no further than the City-Wide Swim program! This program is designed for swimmers between the ages of 6 to 18 who are interested in taking their swimming skills to the next level. With a commitment of just two practices a week, your child will receive expert instruction on the fundamentals of competitive swimming, including the rules and regulations, stroke development, and endurance training. And with judged competitions, your child can experience the excitement of competing against other swimmers while having fun in a supportive environment. To participate, swimmers must be able to swim one length of the pool unassisted. Sign your child up today and watch their swimming skills soar!

Indy Island Aquatic Center | Tuesdays & Thursdays, September 3 - December 10 | 7:00 - 8:00 PM | 33346 | \$60

Mermaid Experience

Dive into the enchanting world of swimming with our Magical Mermaid Swim Program, specially designed for young children aged 5-8. Guided by a friendly mermaid, this program will introduce your little ones to the joys of the water in a fun and safe environment. Discover the basics of kicking, splashing, and water movement. Participate in interactive lessons that combine swimming skills with imaginative play. Join us for a magical swimming adventure that your child will cherish forever!

Indy Island Aquatic Center | \$10

- **September 14** | 10:00 - 11:00 AM | 33396
- **October 12** | 10:00 - 11:00 AM | 33397
- **November 9** | 10:00 - 11:00 AM | 33398

Open Swim

Welcome to Indy Island, one of the city's best-kept secrets! Dive into a world of fun at our indoor pool, where every day feels like a tropical getaway. Experience the thrill of our spiral water slide, perfect for adventurous splashdowns, and enjoy the playful spray features that delight all ages. Whether you're seeking relaxation or excitement, Indy Island is your go-to destination for aquatic fun and unforgettable memories. Come discover the hidden gem that's making waves in the heart of the city!

Indy Island Aquatic Center | 33331

- **Sundays** | 1:00 - 5:00 PM
- **Wednesdays** | 5:00 - 8:00 PM
- **Fridays** | 5:00 - 8:00 PM
- **Saturdays** | 12:00 - 5:00 PM

Homeschool Swim

We warmly welcome homeschooling families to our special open swim session, designed to fulfill physical education requirements. Indy Island's pool provides a family-friendly environment with warm waters and fun items like pool noodles and life jackets. Our certified lifeguards are always on deck to ensure safety, and we kindly recommend that parents or caregivers stay nearby and/or swim to provide additional support.

Indy Island Aquatic Center | Sept 13 & 27, Oct 11 & 25, Nov 8 & 22, Dec 6 | 10:00 AM - 12:00 PM | 33355



ENRICHMENT

Programs, classes, and activities with an educational value-added component designed to support or enhance life skills and academic success.

After School Program

Frederick Douglass Park's structured and supervised afterschool program is designed for students to engage in activities after their school day ends. Our program is designed to support academic achievement, foster creativity, promote physical health, and encourage positive social interactions. Our program aims to provide a safe and enriching environment where children can continue to learn, socialize, and develop new skills. Activities will include homework help, sports, arts and crafts, STEM projects, and social emotional learning.

Frederick Douglass Park | Weekdays through Dec 6 | 3:00 - 6:00 PM | 33351 | FREE | Ages 6-13

Beautifully Broken

Are you feeling lost, broken, and without hope? This program will provide a safe and nurturing space for you to navigate the challenges of life and reclaim your inner beauty. Let us help you mend the wounds of brokenness, ignite your dreams, and embrace a future filled with renewed hope and purpose. You are not alone in this journey. Together, we will shine again! Join us and re-discover your resilience and strength!

Brookside Park | Thursdays through Oct 19 | 5:00 - 6:30 PM | 32912 | FREE

Card Club

Where like-minded people come together for a variety of games, from checkers, chess, gin, etc.

Municipal Gardens | Mondays & Thursdays | 12:00 - 4:00 PM | 33525 | FREE

Hear Me Workshop

In today's crisis teens are suffering like never before to communicate their thoughts, emotions, needs and wants. Current studies have determined that this has created an increase in suicide rate, and drug abuse amongst teens. Hear Me is a collection of five skill sets that are 100% teachable, measurable, and observable. This free 6-week program places a highlight on a culture of constructive conversation that creates a curiosity, honesty, and bravery.

Frederick Douglass Park | Tuesdays Sept 3 - Oct 8 | 5:00 - 6:15 PM | 33245 | FREE | Ages 9-19

Girl's View Social

"Girl's View" Social is a program designed for young ladies to hang out in a positive and enriching environment. Each week your daughter will have the opportunity to make social media videos, meet new friends, do creative journaling and much more.

Brookside Park | Tuesdays & Fridays through Jan 3 | 4:30 - 5:30 PM | 32767 | FREE | Ages 9-18

Girl Power

Girl Power is a program designed for young ladies to hang out in a positive and enriching environment. Each week your daughter will have the opportunity to make crafts, play games, meet new friends, do creative journaling and much more.

Brookside Park | Wednesdays through Jan 1 | 4:00 - 6:00 PM | 32768 | FREE | Ages 8-17

Trivia Beast

Do you have what it takes to be the ultimate TRIVIA BEAST? Then, gather your friends and join us for a weekly Quiz Night at Christian Park. This is your chance to show off your knowledge, learn a few facts, and have fun in a friendly competition. Prizes will be awarded to winning teams!!

Christian Park | Thursdays through Oct 24 | 6:00 - 7:00 PM | 33513 | FREE

Creative Conversations

Creative Conversations is our free monthly educational program in partnership with Purple Ribbon Minority Womens Organization. This program hosts workshops, seminars, and panel discussions on various topics ranging from business, health, financial literacy, and business development training.

Frederick Douglass Park | Thursdays, Fridays & Saturdays through Nov 9 | 1:00 - 1:30 PM | 33494 | FREE

Twice as Young

Twice as young is a senior program in partnership with Purple Ribbon Minority Womens Organization. Twice as Young aims to remind us that age is a source of wisdom and comes together to create transformation experiences that erase generation gaps. Our program will restore connection, spread joy, and foster understanding among generations, by providing meaningful events, workshops, and initiatives that bring young and old together.

Frederick Douglass Park | Thursdays through Dec 5 | 11:00 AM - 1:00 PM | 33493 | FREE

Social Entrepreneurship

This event in partnership with A Wombb Agency is designed to educate and support young entrepreneurs in getting started by connecting them to community resources, education on social enterprise, financial management, education, and opportunities to register for personal and professional training and licenses

Frederick Douglass Park | Sept 13 | 5:30 - 7:30 PM | 33475 | FREE

Gardening for our Health

Gardening is a phenomenal way to get connected with what we eat! Gardening can be a community experience that has you sharing your produce, gardening has lots of benefits! The connection with fresh produce can impact our health and wellbeing.

Brookside Park | Saturdays through Dec 21 | 10:00 - 4:00 PM | 33454 | FREE | Ages 10+

Skipping Stones

Art of Observation: We will be doing art projects with leaves. You are encouraged to bring some from your family walks, but I will bring extras. Snacks and water provided. This is a class for a guardian and a child.

Broad Ripple Park | Sept 20 | 6:00 - 7:30 PM | 33121 | \$20

Pumpkin Time: This will be a messy craft! Decorate a pumpkin together with paint and glued on accessories. One small pumpkin will be provided per pair. Snacks and water provided. This is a class for a guardian and a child.

Broad Ripple Park | Oct 18 | 6:00 - 7:30 PM | 33122 | \$20

Creative Cooking: Creative Cooking If you can stand up to the counter (even if on a stool), you are old enough to learn basic food preparation. Just in time for helping with Thanksgiving, you will be working with your little to prepare simple snacks and relish plate items. Snacks and water provided. This is a class for a guardian and a child.

Broad Ripple Park | Nov 15 | 6:00 - 7:30 PM | 33123 | \$20

Potpourri: Create decorations and wrapping paper to make your holiday celebration special with your little. This is a class for a guardian and a child.

Broad Ripple Park | Dec 13 | 6:00 - 7:30 PM | 33124 | \$20

AutoKNOWImmune

AutoKNOWImmune is a program in partnership with Purple Ribbon Minority Womens Organization. This program offers educational workshops, support groups, and social activities, raising community awareness, and addressing health disparities for individuals living with autoimmune conditions.

Frederick Douglass Park | Saturdays Oct 5 - Nov 9 | 2:00 - 3:00 PM | 33495 | FREE

Power of Plant Based Eating

What is plant-based eating and why should you try it? It does not mean that you must avoid eating animal products all together, rather there is an emphasis on including more plant foods. Studies show that eating plant-based can help improve your blood pressure, heart health and can reduce your risk for certain chronic diseases. Join us this month to learn more about plant-based eating and small steps you can take to shift to a more plant forward focused eating pattern.

Municipal Gardens | Nov 19 | 12:30 - 1:30 PM | 33532 | FREE

Dip-IN: What's Up with Whole Grains?

The Dietary Guidelines for Americans recommend that half of all the grains you eat should be whole grains, and most of us aren't meeting that recommendation. Eating more whole grains means more than just choosing whole grain bread. Join us this month to learn about the benefits of eating more whole grains and how you can begin to incorporate them into your meals. Presented by the Marion County Health Department as part of the Dip-In initiative.

- **Municipal Gardens** | Sept 17 | 12:30 - 1:30 PM | 32824 | FREE
- **Riverside Park** | Sept 18 | 12:00 - 12:45 PM | 32826 | FREE
- **Washington Park** | Sept 18 | 12:00 - 1:00 PM | 32825 | FREE

Emotional Wellness

The "Experience Emotional Wellness in Inspiring New Ways" workshop aims to inspire, engage, and empower individuals to achieve a state of positive mental well-being, rise above emotional challenges, and cultivate hope. The motivation mindset theme for Municipal Gardens is "Just Be You". This program is for adults only.

- **Municipal Gardens** | Nov 13 | 12:00 - 1:30 PM | 33713 | FREE | Ages 62+
- **Windsor Village** | Sept 18 | 12:00 - 1:30 PM | 33704 | FREE | Ages 62+



Game Night

Get ready for an exhilarating evening of family bonding! Join us for a night packed with thrilling board games, exciting, themed activities, and non-stop fun. Mark your calendars because Game Night will be the first Friday of every month. Don't miss out on the ultimate family experience!

Indy Island | Oct 4, Nov 1, Dec 6 | 5:00 - 8:00 PM | 31860 | \$4

Youth Chess Club

The game of chess has many proven benefits such as raising intelligent quotient (IQ), exercising logic, helping youth make decisions both visually and analytically, and it's just an overall fun and engaging game to learn and play. Chess club offers youth an opportunity to learn the game and/or compete against other players with an instructor periodically on site to give pointers and encourage youth to think.

Municipal Gardens | Wednesdays through Dec 18 | 6:00 - 8:00 PM | 33103 | FREE

Simba/Simsa

Youth ages 8-17 will experience the thrill of a lifetime, this program teaches self-discipline, and positive socialization, so that youth can reach their potential in life. The program meets the 2nd and 4th Fridays each month at 6pm.

Riverside Park | 2nd & 4th Friday of each month through Nov 22 | 5:30 - 7:00 PM | 33067 | FREE
Ages 8-18



ENVIRONMENTAL EDUCATION

Programs and activities that aim to teach those of all ages more about their environment, develop environmental stewardship, and learn how to appreciate the natural world around them.

Gardening for Birds: Seed Saving

Join us to learn how to prepare native plant seeds in the fall for germination over the winter, to support wildlife, especially birds! Join for a brief presentation followed by a garden tour, then practice separating pre-collected seeds & build two germination containers, one for the center and one for you to take home! Participants are encouraged to bring a clean plastic container (think plastic milk jug, gallon or half or 2L soda bottle) to utilize in the workshop.

Eagle Creek Park | Oct 8 | 5:30 - 7:00 PM | 33357 | Ages 12+

Fall Planters

Join our naturalist in the Children's Garden this fall to create and take home your very own fall planter. We'll provide the beautiful fall plants, planter, decorations and soil- you provide the creativity! Visit with us and learn the tricks of the trade when it comes to arranging your planter!

Garfield Park Conservatory | Oct 12 | 12:00 - 1:00 PM | 32885 | \$10

Herbal Soap Workshop

Join the Herb Society of Central Indiana for an opportunity to learn more about soap making. Program will include recipes, handouts and a hands-on workshop. Registration is required.

Garfield Park Conservatory | Oct 19 | 10:00 - 11:30 AM | 32874

Herbal Gifts

The Annual Central Indiana Herb Society Holiday Workshop, where you can make and take herbal gifts. Handouts and recipes will be available. Take home items / gifts will be a surprise. We try to do different gifts each year.

Garfield Park Conservatory | Nov 9 | 10:00 - 11:30 AM | 32879 | Ages 16+ | \$10

Central IN Beekeepers Association

The Central Indiana Beekeepers Association (CIBA) communicates and shares beekeeping knowledge and trends in Marion and Hamilton counties. Learn more at www.indyurbanbeekeeping.org.

Holliday Park | Mondays, Sept 16 - Nov 18 | 6:30 - 8:30 PM | 32850 | Ages 16+ | FREE

Hoosier Herpetological Society

The Hoosier Herpetological Society is a nonprofit organization dedicated to the education of its members and the conservation of all reptiles and amphibians. All programs are open to the public, families are welcome. Visit www.hoosierherpsoc.org for more information.

Holliday Park | Sept 18, Oct 16 & Nov 20 | 7:00 - 9:00 PM | 32853

Natural History Book Club

Countless nature-related books present a variety of pressing environmental concerns. This monthly program offers adults a chance to learn about nature and environmental issues through the words of different nature authors.

Holliday Park | Fridays, Sept 13 - Dec 13 | 10:00 - 11:30 AM | 32854 | Ages 18+

Thoreau Study Group

Take part in examining the deeper aspects of Henry David Thoreau's Walden and explore its significance for today's rapidly changing world. Written over 150 years ago, this powerful statement about the environment, society, and the spiritual world still continues to challenge us today. Tom Potter, immediate past-president of the International Thoreau Society, will be guiding our review of this and more of Thoreau's works.

Holliday Park | Oct 8 & 22, Nov 12 & 26, Dec 10 | 10:00 - 11:30 AM | 32854 | Ages 18+

Coffee & Conservation

Join us as we discover the history of coffee and gain a greater appreciation for one of our favorite beverages. Learn more about how coffee can be grown in harmony with the rainforest and protect Indiana native migratory birds. Registration required. We will also be decorating plain white ceramic coffee mugs to take home. Those are included in the program fee.

Garfield Park Conservatory | Nov 14 | 6:00 - 7:00 PM | 32882 | Ages 16+

Trail Troopers

Love the trails at Holliday Park? Join a group of dedicated volunteers, the Trail Troopers, for a morning of cleanup, trash removal, and weed wrangling. Prepare to roll up your sleeves and get to work by dressing for the weather and don't forget your gloves! Meet in the Nature Center auditorium and we'll head out on the trails. To register, visit www.hollidaypark.org/volunteer. Saturdays: Sept. 7, Oct. 5, Nov. 2, and Dec. 7 10am-12 pm

Garfield Park Conservatory | Sept 7, Oct 5, Nov 2 & Dec 7 | 10:00 AM - 12:00 PM | 33307 | Ages 16+

Stewardship Volunteer Days

Join the Southeastway Park Invasive Strike Force Team and help us eradicate invasive plants! Fall is prime-time to remove woody invasive plants, so gear up! We will be focusing primarily on honeysuckle, but may remove other invasives. No prior experience or knowledge of plants necessary; we will go over the basics. We will be using loppers, saws, and pruning shears (all provided). Wear gloves if you prefer and bring a water bottle. We will work as long as people are willing. All Fall volunteer dates: Sept 7 and 16 | Oct 12 and 21 | Nov 9 and 18 For questions, email caitlin.stahl@indy.gov

Southeastway Park | 10:00 AM - 12:00 PM | Ages 18+

- **Sept 7 & 12** | 33346
- **Oct 12 & 21** | 33349
- **Nov 9 & 18** | 33346

Volunteer Naturalist Training

If you are looking for an environmental volunteer opportunity and enjoy sharing the outdoors with others, then this is the place for you. Monthly trainings prepare volunteers to lead groups of children during environmental field trip programs at the nature center. Visit www.hollidaypark.org/volunteer.

Holliday Park | Sept 10, Oct 8, Nov 12 & Dec 10 | 10:00 - 11:30 AM | 32871 | 18+

Box Turtle Recess

Stop by during this hour-long program to see the box turtles out of their enclosure and exploring a new area. Depending on the number of visitors in attendance, you may have the opportunity to touch the box turtles during this program. Free with park admission. There is no need to register but all children must have an adult stay with them during the program. This program will be held outside the Earth Discovery Center as long as the weather is safe for the animals to be outside.

Eagle Creek Park | October 20 | 2:00 - 3:00 PM | 33424

Falcon Fridays

Meet* one of our falcon ambassadors and learn all about their story and natural history. FREE with park admission! Most programs will be outside, weather permitting. If the program is moved indoors, it will be limited to the first 5 people. Please call ahead if you plan on bringing a larger group! 317-327-BIRD

*The bird's trainer will bring them out of their enclosure but NO touching or handling of the birds by the public is permitted.

Eagle Creek Park | Fridays through Dec 27 | 2:00 - 2:20 PM | 33336

Feeding Time

Worms? Thawed mice? Fruits and veggies? Crickets? What's on the menu for the animals living in the Earth Discovery Center? This is your opportunity to find out! Throughout feeding time, you will watch the turtles, fish, snakes, toads, frogs, and salamanders that live on the upper level of the nature center get fed. Have you visited the nature center and wondered where the salamanders are? We take them out of their enclosures and feed them in clear containers so you get to see them! You'll learn a little about each animal throughout the program. Getting a chance to see each animal eat is not guaranteed. Free with park admission.

Eagle Creek Park | 3:00 - 3:45 PM

- Oct 10 | 32755
- Oct 17 | 32754
- Oct 24 | 32753

Meet a Raptor

Join a naturalist at the Ornithology Center to discover the world of raptors! You will meet* one of our Raptor Ambassadors and see a special training demonstration. FREE with park admission! These Sunday programs usually feature Freyja the Peregrine Falcon. Most programs will be outside, weather permitting. If the program is moved indoors, it will be limited to the first 5 people. Please call ahead if you plan to bring a large group: 317-327-BIRD.

*No touching or holding of the birds allowed.

Eagle Creek Park | Sundays through Dec 29 | 2:30 - 3:00 PM | 33338

Raptor Feeding Time

Join a naturalist at the Ornithology Center to watch us feed one or more of our Raptor Ambassadors. Feeding will only take a few minutes so make sure not to be late! FREE with park admission! These Saturday programs usually feature Matilda the Turkey Vulture! Outside, rain or shine. Please call ahead if you plan to bring a large group: 317-327-BIRD.

*No touching or holding of the birds allowed.

Eagle Creek Park | Saturdays through Dec 28 | 2:30 - 2:45 PM | 33339

Herbal Teas

Our naturalist will lead you through a very brief presentation on herbs to grow or buy for making herbal tea and what health benefits they might provide. Participants will get to make their own herbal tea sample from herbs in the garden.

Garfield Park Conservatory | Sept 21 | 12:00 - 1:00 PM | 32818

Garden & Grow Workshop

Join a team of volunteers who help maintain and improve the gardens of Holliday Park alongside horticulturalists Chris Turner and Kelly Frank. A relevant garden topic is presented once a month. Refreshments provided. Meets in nature center parking lot.

Holliday Park | Fridays Sept 6 - Nov 1 | 9:00 - 11:00 AM | 32861 | Ages 16+

Little Green Thumbs

Bring your little gardener to get their hands dirty in the Children's Garden. Participants will have the opportunity to plant, care for, and harvest crops in the Garden.

Garfield Park Conservatory | Sept 25 | 10:00 - 11:00 AM | 32817 | Ages 2-9

Homeschool Ornithology Hike

Join Eagle Creek Ornithology Center naturalists on a birding hike around the bird sanctuary in search of winter bird species within the park! We will target a variety of waterfowl, sparrows, finches and more! This is a great opportunity for beginner birders to get hands on identification experience in the field with a skilled naturalist and experienced birder! The majority of the program will be hiking so dress accordingly for the colder weather. Drop off is encouraged, guardians and siblings can hang out in the Ornithology Center during the hike.

Eagle Creek Park | Nov 19 | 10:30 AM - 12:30 PM | 33213 | Ages 10-15 | \$10

Homeschool Bark & Birds

Join a naturalist for a bark ID lesson, designed for homeschoolers and a guardian, along with a guided outing into the forest to get an introduction to identifying trees by their bark. In the wintertime, trees without their leaves can be very intimidating for identification. Knowing trees by their bark is an excellent way to refine your identification skills and develop a greater sense of place in nature. During our lesson, we will learn tips & tricks for tree ID and we will focus on color, texture, and characteristic pattern differences that will help you learn your trees in their dormant state.

Eagle Creek Park | Dec 19 | 12:00 AM - 2:00 PM | 33213 | Ages 10+ | \$10

Raptor Care Assistant

Have you ever wondered what it would be like to work at a nature center, all about birds? As a Raptor Care Assistant, you will get to experience a bit of what goes on behind the scenes at the Ornithology Center to take care of the raptor ambassadors. Caring for these animals includes preparing their diets, providing enrichment opportunities, and training skills necessary for life as an ambassador. No birds will be held or touched during this program, and all engagement with the birds & participants will happen from the outside of their enclosures.

Eagle Creek Park | 12:30 - 2:30 PM | Ages 3-16 | \$20

- Sept 11 | 33345
- Nov 13 | 33347

Mondays Stink

Everyone, all together now, what is the worst day of the week? Mondays! Stinkerbell is a rescued skunk that was deemed nonreleasable by her wildlife rehabilitators and now lives at the Earth Discovery Center. This program is free with park admission and there is no need to register. Stinkerbell will be out with a naturalist right by the front doors and you can drop in any time during the 30 minute program.

Eagle Creek Park | Sept 16 | 9:30 - 10:00 AM | 33050

Snake Recess

Have you seen a snake climb a tree? Have you seen a snake slither through the grass? Come to the Earth Discovery Center when we will have the black rat snake out for recess! Recess provides the opportunity for our nature center animals to have some healthy enrichment.

Eagle Creek Park | Sept 15 | 2:00 - 3:00 PM | 33422

Beastly Brunch

Get an up-close look at a selection of our animal ambassadors and experience a live feeding at Beastly Brunch. Activity is designed for children ages 2+, but the whole family is welcome. Adult supervision is required.

Holliday Park | Sept 11, Oct 9, Nov 13, Dec 11 | 11:30 - 12:00 PM | 32856 | FREE

Critter Tales

Come for a story time and an opportunity for a close-up experience with one of the nature center's animal ambassadors.

Holliday Park | Sept 5, Oct 3, Nov 7, Dec 5 | 10:00 - 10:30 AM | 32857 | FREE

Nocturnal Migrants

Attention birders! Have you ever wanted the opportunity to observe migrating birds at night? Look no further than the Eagle Creek Ornithology Center's nocturnal migrant program! Each fall, hundreds of species of songbirds make the perilous journey from their Canadian breeding grounds, to the jungles of South America. Join a naturalist where he will go through how to properly ID many of these migrating songbird species at night, by listening to flight calls given by each species. He will also go into depth on how to best view these migrating songbirds under the stars! \$10/adult, \$5/child (ages 12-17). Park admission included!

Eagle Creek Park | Sept 18 | 7:00 - 8:30 PM | 33423

Shorebird ID Workshop

Attention birders! Have you ever wanted the opportunity to improve your shorebird identification skills? With over 34 regularly occurring shorebird species found in Indiana annually, shorebirds can be a fun yet challenging group of species to confidently identify! Cost for adults is \$10 and youth participants is \$5 (ages 12-17). Park admission included!

Eagle Creek Park | Sept 24 | 5:30 - 7:30 PM | 33425

Owls of Indiana with Pellet Dissection

How many owls can you find in Indiana? Which owls could you find in your backyard? Are any of our owls endangered? Find the answers to these questions and dissect an owl pellet at this fun and informational event!

Garfield Park Conservatory | Oct 19 | 2:00 - 3:00 PM | 32889 | \$6 | Ages 6+

Creepy Creatures

Put on your Halloween costume and come learn about some creepy and not-so-creepy creatures. Have fun meeting live critters and doing a craft. Registration required.

Garfield Park Conservatory | Oct 30 | 10:00 - 11:00 AM | 32877 | \$6 | Ages 2-8

Garden Storytime - Bilingue

"Hora de cuentos en el Jardín" or "Garden Storytime" Join us for a very special storytime, where we share a story en español y ingles! Afterwards, there will be take-home (or you can work on them in the gardens) worksheets that will help you learn a little more Spanish, so you can connect with more of your friends and neighbors! Join us in Blake's Children's Garden as we learn about nature through a story reading. After the reading children are encouraged to stay and explore the garden. This program is free and open to anyone wishing to attend. The target age range is 2-8 years old. Program will be moved into the classroom in case of inclement weather.

Únete a nosotras por un tiempo de historia muy especial, donde compartimos una historia en español e inglés. Después, habrá hojas de trabajo para llevar a casa o para trabajar en el jardín, que te ayudarán a aprender un poco más de español, ¡para que puedas conectarte con más amigos y vecinos! Unase a nosotros en Blake's Children's Garden mientras aprendemos sobre la naturaleza a través de la lectura de un cuento. Después de la lectura, se anima a los niños a quedarse y explorar el jardín. Este programa es gratuito y está abierto a cualquiera que desee asistir. El rango de edad objetivo es de 2 a 8 años. El programa se trasladará al salón de clases en caso de mal tiempo.

Garfield Park Conservatory | Sept 20 | 10:00 - 10:30 AM | 32816 | Ages 2-8

Garden Story Time

Join us in Blake's Children's Garden as we learn about nature through a story reading. After the reading children are encouraged to stay and explore the garden. This program is free and open to anyone wishing to attend.

Garfield Park Conservatory | Oct 18 | 10:00 AM - 10:30 AM | 32873 | Ages 2-8

Jungle Tales

Bring your preschooler to this program with a focus on the natural world. Join us for a different nature-related story, activity and craft each month. Registration required.

Garfield Park Conservatory | 10:00 - 11:00 AM | Ages 2-6

- Sept 10 | 32650
- Oct 8 | 32838
- Nov 12 | 32839

Little Gardeners

Join us for a series of fun nature crafts for little ones!

Broad Ripple Park | Ages 3-7 | \$11 each session

- **Birdhouses and Feeders**
 - Sept 7 | 6:00 - 7:00 PM | 33108
 - Sept 13 | 10:00 - 11:00 AM | 33109
- **Tucking on our Gardens**
 - Sept 21 | 10:00 - 11:00 AM | 33111
 - Sept 27 | 6:00 - 7:00 PM | 33110
- **Apple Crafts**
 - Oct 5 | 10:00 - 11:00 AM | 33112
 - Oct 11 | 6:00 - 7:00 PM | 33113
- **Herbal Oils**
 - Oct 19 | 10:00 - 11:00 AM | 33114
 - Oct 25 | 6:00 - 7:00 PM | 33115
- **Grapevine Wreath**
 - Nov 2 | 10:00 - 11:00 AM | 33116
 - Nov 8 | 6:00 - 7:00 PM | 33117
- **Candle Making**
 - Nov 16 | 10:00 - 11:00 AM | 33118
 - Dec 6 | 6:00 - 7:00 PM | 33119
- **Potpourri**
 - Dec 20 | 6:00 - 7:00 PM | 33120

Story Time on the Reservoir

After reading a nature-themed story, participants will be able to visit stations at their own pace. The stations will vary from week to week but may include puppets, coloring pages, art, games or active play, animal visits, and more about the week's topic. This program will meet at the EDC shelter behind the Go Ape Cabin. If there is severe weather the day of the program, we will meet in the nature center. This program is best suited for preschool and kindergarten participants, but early elementary students are welcome to join us.

Eagle Creek Park | 10:00 - 11:00 AM

- Sept 11 | 32741
- Sept 25 | 32742
- Oct 11 | 32744
- Oct 25 | 32743
- Nov 7 | 32745
- Nov 21 | 32746
- Dec 3 | 32747
- Dec 17 | 32748

Trail Tales

Explore and discover the world outside with your little ones during this 60-minute, staff led program. Each month introduces a new topic through story time, exploration in nature, and hands-on activities. Sessions are designed for children and a grown up. Ages 3-5.

Holliday Park | 10:00 - 11:00 AM | 32856 | \$5/Child | Ages 3-5

- **Mighty Migrators** | Sept 17 | 33304
- **Wicked Webs** | Oct 15 | 33305
- **Autumn Adventure** | Nov 19 | 33306
- **Let it Snow** | Dec 17 | 33308

Critter Chat

Drop by Blake's Garden to meet one of our resident critters. No registration needed. Program will be held in classroom if weather is inclement.

Garfield Park Conservatory | 11:00 AM - 12:00 PM | FREE | Ages 2+

- Sept 28 | 32815
- Oct 26 | 32876

Friday Night Campfire

Join us for a fun family Friday night around the campfire. Enjoy a sweet treat by the fire, learn about something new, and experience night hiking! Roasting sticks and s'mores provided, bring your own hot dogs and make a meal of it! Registration required.

Holliday Park | 6:30 - 8:00 PM | \$7 | Ages 3+

- Sept 27 | 32859
- Nov 22 | 32860

Homeschool Explorers

Nature is the perfect teacher for your homeschool children. A new topic will be covered each month. The program will include hands-on activities and a hike, so dress for the weather.

Holliday Park | 1:00 - 2:30 PM | \$5 | Ages 5-12

- Sept 19 | 32863
- Oct 17 | 32864
- Nov 21 | 32865
- Dec 19 | 32866

Nature Nuts

Calling all Nature Nuts! This program is designed to help toddlers explore the world of nature right here in Christian Park. Your little ones will get the opportunity to go on nature walks, get creative while doing nature themed crafts, enjoy group games such as barnyard tag and much more!

Christian Park | Tuesdays Sept 3 - Oct 8 | 1:00 - 2:00 PM | 33508 | FREE | Ages 2+

Books & Boots

Grab your hiking boots and head to Eagle Creek Park for Books and Boots! The book for fall will be "Fungus is Among Us!" by Joy Keller and illustrated by Erica Salcedo. We will read the book at the EDC shelter and then hit the trails to search for mushrooms, fungi, and lichens. There is no need to register. This program is free with park admission.

Eagle Creek Park | 10:00 - 11:30 AM | Ages 5-10

- Oct 8 | 32886
- Oct 16 | 32887

Fishing Club

Want to go fishing, but don't know how? Enjoy fishing and want to learn more? Join Clint Kowalik of Go Fishin with Clint to gain fishing knowledge and new fishing skills, so you can be confident at the water's edge. No fishing experience and no fishing license required. Parent supervision is required. The club meets once a week for 8 weeks - please sign up even if you don't think you can make all 8.

Krannert Park | Tuesdays Sept 5 - Oct 29 | 5:00 - 6:30 PM | 33515 | FREE | Ages 11-17



HEALTH & WELLNESS

Classes and programs focusing on strengthening participants' physical, emotional, spiritual, and social health.

Step Dancing

Come learn Chicago Style Stepping. All experience levels welcome from beginner to advanced. Put on your dancing shoes and join in.

Washington Park | Tuesdays through Dec 17 | 6:30 - 8:00 PM | 33498 | FREE | 18+

Trap N' Step

Frederick Douglass Park | Saturdays, Sept 14 - Dec 7 | 3:30 - 4:30 PM | 33431 | FREE

Youth Rhythm N' Motion

Come dance and express your individuality at Rhythm N' Motion dance class. The Community youth will be able to learn different ways to move and groove to the music as well make new friends in the process. They will also be able to show off their talent at the 3rd Rhodius Park Talent Show for their Family and Friends.

Rhodius Park | Mondays Sept 9 - Jan 13 | 5:30 - 6:30 PM | 33273 | \$5 | Ages 6-12

Chicago 8 Count Stepping

Chicago-Style Stepping, (also known as Steppin') is an urban dance that originated in Chicago and continues to evolve while defining its unique style and culture within the context of mainstream swing dance.

Municipal Gardens | Mondays through Jan 27 | 6:00 - 7:30 PM | 33526 | FREE | 18+

Urban Line Dance

Come learn the latest and greatest dance steps set in formation and choreographed to urban dance music. Venture out to performances within the community to showcase what you have accomplished! Come fellowship and build community relationships while exercising, dancing and having fun.

Windsor Park | Mondays through Jan 27 | 6:30 - 8:00 PM | 33407 | FREE | 18+

Line Dance

Indianapolis World Sports Park | Mondays & Fridays through Jan 3 | 10:30 AM - 12:00 PM | 33476 | \$6 | 16+

Clogging

Let's Move! Wanna get fit and have fun at the same time? Join us for a little Slide and Cha Cha!

Indianapolis World Sports Park | Tuesdays (12:30 - 3:00) & Thursdays (6:00 - 7:00 PM) through Jan 2 | 33477 | \$6 | 16+

LaBlast Dance Fitness

LaBlast® Fitness is a partner-free dance fitness workout created by world-renowned dancer and fitness expert Louis van Amstel (as seen on Dancing with the Stars). It's accessible for all levels? from the absolute beginner to the experienced dancer. LaBlast® takes you through a diverse mix of famous ballroom dances and fitness moves, some with hand weights - set to fun motivational music, everything from pop and rock to hip-hop and country. Experience the full array of dance styles from Salsa to Foxtrot and Viennese Waltz to Rumba and the Paso Doble. LaBlast® is partner-free and enables participants to learn at their own pace? No dance experience needed! Whether you want to tone your body, maintain a healthy lifestyle, learn to dance, or just have a great time, LaBlast® offers something for everyone.

Broad Ripple Park | Tuesdays Oct 8 - Nov 19 | 6:45 - 7:45 PM | 33371 | \$60 | Ages 18+

Xtreme Hip Hop with Kaira

Xtreme Hip Hop is a hip-hop aerobics class. We use aerobic steps, and hip hop moves to create a fun way of getting active. We will apply our beginner steps to songs and slowly intensify. This is beginner friendly and no previous experience is needed.

Broad Ripple Park | Thursdays, Sept 5-26 | 6:00 - 7:00 PM | 32916 | \$40 | Ages 18+

Fat Chance Belly Dancing 1

Whether you've belly danced in any style or are completely new to dance, this class will teach you the basic dance vocabulary of FCBD Style/ATS, a style developed in the 1980s by the Bay Area troupe Fat Chance Belly Dance. Once you've learned the movement vocabulary, you can jam with any other Fat Chance style dancer out there! Gentle on the body, the moves are inspired by Middle Eastern dance, Indian dance, and flamenco. This dance form is suitable for everyone, regardless of age, gender, size, and so on.

Broad Ripple Park | Wednesdays Sept 4 - Oct 9 | 6:00 - 7:00 PM | 33412 | \$55 | Ages 18+

Fat Chance Belly Dancing 1.5

If you have some belly dance background, this class will teach you the basic and intermediate dance vocabulary of FCBD Style/ATS, a style developed in the 1980s by the Bay Area troupe Fat Chance Belly Dance. Once you've learned the movement vocabulary, you can jam with any other Fat Chance style dancer out there! Gentle on the body, the moves are inspired by Middle Eastern dance, Indian dance, and flamenco. This dance form is suitable for everyone, regardless of age, gender, size, and so on.

Broad Ripple Park | Wednesdays Sept 4 - Oct 9 | 7:00 - 8:00 PM | 33413 | \$55 | Ages 18+

Zumba®/Poundfit

Come and join the FUN! Boot Camp Indy Parks Municipal Gardens Park partnering with Xcellence Fitness Academy (XFA), and diPIN (Diabetes Impact Project Indianapolis Neighborhoods).

Municipal Gardens | Wednesdays Sept 11 - Jan 22 | 6:00 - 7:15 PM | 33527 | FREE | Ages 18+

Zumba

Krannert Park | Thursdays, Sept 5 - Jan 2 | 6:00 - 7:00 PM | 32900 | \$3

Pilates with Theresa

Pilates is a mind, body exercise. Benefits include better posture, better coordination and balance, increased lung capacity, improved concentration and focus, increased body awareness, increased strength, stress management, and injury prevention. Mat work is a great choice for everyone from Pilates beginners to advanced students because the exercises not only can build in difficulty, but every exercise can be modified to decrease or increase the level of challenge. Practicing Mat Pilates helps build a strong, balanced body and increases flexibility. As you progress in your practice you will notice improvements in breathing, focus, stress management, and body awareness. Mat Pilates is perfect for beginners because you only need your own body, a mat, and some floor space to start. No class 10/1.

Broad Ripple Park | \$62 | 18+

- Tuesdays through Oct 8 | 12:00 - 12:45 PM
- Wednesdays Oct 9 - Nov 20 | 12:30 - 1:15 PM

PiYo

Come learn Chicago Style Stepping. All experience levels welcome from beginner to advanced. Put on your dancing shoes and join in.

Indy Island | Wednesdays through Dec 18 | 6:00 - 7:00 PM | 33333 | \$3 | 18+

Self Defense Class

Krannert's new four-week self-defense class is dedicated to teaching those 14 and up critical skills to help defend one's self in dangerous situations. Preregistration is required.

Krannert Park | Fridays Sept 27 - Oct 18 | 6:00 - 7:00 PM | 33333 | \$20 | 14+

Strengthening & Toning with Theresa

This class is designed to increase physical strength through weight-bearing and resistance exercise. All major muscle groups are worked from head to toe. This class includes a cardio warm up. Class includes weights and band training, bodyweight exercises, and finishes with core and balance training then a full body stretch for a complete workout. No class 10/1.

Broad Ripple Park | Tuesdays | 11:00 - 11:45 AM | \$62 | Ages 18+

- Aug 27 - Oct 8 | 33276
- Oct 22 - Dec 3 | 33277

Aerobics

Aerobics with KYT Fitness. Beginners to intermediate standing aerobic class to work on strength, flexibility, and stability through movement and good music. Every day we get better and better!

Watkins Park | Mondays through Dec 30 | 6:00 - 7:00 PM | 33447 | FREE | 18+

Walk It Out for Health

Frederick Douglass Park in partnership with Walk It Out America will be providing free weekly informational sessions for adults in regard to heart health, nutrition, and preserving your digestive system. Participants will also have the opportunity to take a fitness assessment and utilize the walking track on Saturdays. In Partnership with Walk It Out America, please join us for a free lunch and health class. Lunches are every Tuesday from 11-Noon!

Frederick Douglass Park | Tuesdays & Saturdays through Dec 24 | 11:00 AM - 12:00 PM | 33285 | FREE | 18+

Tai Chi Chaun

Come join Sifu Barbara Kazanjian for gentle movement, soft self-defense and meditation in movement known as Tai Chi Chuan. Come meet other people and become part of a community.

Broad Ripple Park | Mondays | 6:30 - 7:30 PM | \$57 | Ages 18+

- Sept 16 - Oct 21 | 33440
- Nov 4 - Dec 9 | 33441

Fitness Bootcamp

Let's get it! Youth ages 14 - 18 can come and join this challenging fitness Bootcamp style workout, that will improve their overall fitness and strength.

Riverside Park | Wednesdays through Nov 13 | 6:00 - 7:00 PM | 33458 | FREE

Indy In Motion

This free class features a total body health and fitness program through the Marion County Health Department and the National Institute for Fitness and Sport. A NIFS instructor will lead this class. Class instruction may vary from location and instructor. Class is free with no pre-registration required.

- **Garfield Park** | Tuesdays & Thursdays through Jan 2 | 5:30 - 6:30 PM | 33229 | FREE | Ages 18+
- **Riverside Park** | Mondays - Thursdays through Dec 31 | 5:30 - 6:30 PM | 32804 | FREE | Ages 18+
- **Washington Park** | Mondays - Thursdays through Jan 2 | 5:30 - 6:30 PM | 33244 | FREE | Ages 18+

Community Yoga

Want to get you mind, body and soul in sync? Come check out our FREE yoga program! This program is for all levels. We are asking participants to bring their own yoga mat but have extras if needed. This class will be held within the Multi-Purpose Room in the Burrello Family Center. Once weather allows, class will take place at the Corporate Shelter located near the Arts Center.

Garfield Park | Mondays through Dec 30 | 6:30 - 7:30 PM | 33516 | FREE | Ages 16+

Jami's Yoga

Join us as we embark on a relaxed yet comfortably challenging yoga class featuring traditional poses to celebrate developing flexibility. Taught by an instructor with several years of experience in the art of yoga, this class is geared towards students of all levels. Please bring a mat for class. This is a drop-in program!

Indy Island | Fridays through Dec 20 | 10:00 - 11:00 AM | 33337 | \$3 | Ages 16+

Chair Yoga

Join us every Friday morning for a rejuvenating session of Chair Yoga designed to promote physical well-being and mental relaxation. These sessions are perfect for individuals of all ages and abilities, providing a gentle yet effective way to enhance flexibility, build strength, and find moments of tranquility.

Garfield Park | Fridays through Jan 3 | 10:00 AM - 11:00 AM | 33230 | FREE | 18+

Chair Yoga

Benefits of Chair Yoga: Increased flexibility, improves muscle strength, helps with balance and coordination, reduces stress, reduces pain and better pain management skills, promotes better sleep, helps boost confidence and alleviates depression and anxiety. No class 10/14.

Broad Ripple Park | Mondays, Sept 9 - Oct 14 | 9:30 - 10:30 AM | 32241 | \$75 | Ages 18+

Prenatal Yoga

The class is designed to emphasize confidence and empowerment, while creating space in your uterus and pelvic floor as you navigate your baby into this world. Prenatal Yoga will keep you loose and hydrated throughout your body while pregnant and gives you more insight into what your body needs throughout your labor. You want to be present. You want to know that all the decisions that you make are well informed.

Broad Ripple Park | Mondays, Sept 9 - Oct 21 | 6:15 - 7:30 PM | 32243 | \$100 | Ages 18+

Restorative Yoga

A slow-paced class featuring more seated and supported postures. Class moves through a series of gentle movements connecting your breath to your body, improving relaxation, flexibility and recovery. Especially well-suited for those with pain, trouble sleeping, anxiety or high levels of stress. Please bring a small pillow and blanket to class.

Broad Ripple Park | Wednesdays, Sept 11 - Oct 16 | 6:30 - 7:30 PM | 32245 | \$100 | Ages 18+

Yoga

Free, friendly evening yoga and meditation at Canterbury Park. Come as you are. Wear comfortable clothes. No special knowledge or experience needed. A few mats are available for you to borrow, but please bring your own if you have one, or enjoy practicing directly on the cool grass.

Canterbury Park | Tuesdays through Oct 1 | 6:00 - 7:00 PM | 32844 | FREE | 16+

Yoga in the Gallery

Join instructor Leah Foster for a relaxing yoga session in the main gallery at the Garfield Park Arts Center. Bring your mat and accessories, or borrow some of ours. The class is donation-based and open to the public!

Garfield Park Arts Center | Wednesdays through Oct 9 | 6:30 - 7:30 PM | 33290 | FREE | 8+

Yoga - Indy In Motion

This FREE class features a total body health and fitness program through the Marion County Health Department and the National Institute for Fitness and Sport. A NIFS instructor will lead this class. Class instruction may vary from location and instructor. Class is free with no pre-registration required.

Indianapolis World Sports Park | Mondays & Wednesdays through Jan 1 | 3:15 - 4:15 PM | 33474
FREE | 16+

Meditation

Embark on a journey of self-discovery in our guided meditation program led by the insightful instructor, Jasmine. Each week unveils a unique theme, from art mindfulness to chakra meditation. Whether you're a beginner or seasoned practitioner, Jasmine's accessible teachings and diverse sessions offer tools for daily life. Join us for an enriching experience that leaves you centered, balanced, and equipped with newfound serenity. Classes held every Saturday at 1 PM. Cushions or chairs can be provided, but feel free to bring whatever makes you most comfortable. No registration required. Drop-in for \$3 and let the transformative journey begin!

Garfield Park | Saturdays through Jan 4 | 1:00 - 2:00 PM | 33232 | \$3 | Ages 16+

Sunrise Yoga

Free, beginner-friendly, feel-good movements from a variety of practice modalities that strengthen the body and improve joint mobility, followed by meditation at beautiful Tarkington Park!

Tarkington Park | Fridays through Oct 25 | 8:00 - 9:00 AM | 32880 | FREE | Ages 16+

Sunset Yoga

Free, beginner-friendly, feel-good movement, breathing and meditation practice at Washington Park! No special knowledge, experience or physical ability needed.

Washington Park | Fridays through Oct 25 | 6:30 - 7:30 PM | 32881 | FREE | Ages 16+

Qi Gong Yoga & Meditation

Qi Gong is a traditional form of gentle movement and breathing practice that originated in China and Vietnam. Participants will have an opportunity to loosen, stretch, and find ease in the body through a series of eight flowing movements set to music.

AI E. Polin Park | Thursdays through Oct 24 | 5:30 - 6:30 PM | 33045 | FREE | Ages 16+



Tiny Tots Gym Time

During this time the children will enjoy socializing with peers. This drop-in program helps children explore free play with adult supervision, in a large space filled with child-friendly gym equipment, games, and toys. We guarantee a fun time for all!

Christian Park | Tuesdays through May 6, 2025 | 10:00 AM - 12:00 PM | 33503 | \$2 | Ages 2-6

Toddler Fun Time

During this time the children will enjoy socializing with peers. We will exercise, sing and dance. This will be a fun time for all!

Brookside Park | Fridays Sept 13 - Dec 13 | 6:00 - 7:00 PM | 32771 | FREE | Ages 3-6

Girls on the Run

Girls on the Run inspires girls of all abilities to recognize their individual strengths while building a sense of connection in a team setting. Volunteer coaches facilitate lessons that blend physical activity with life skill development to enable girls to adapt to whatever comes their way. At the end of the season, the team completes a 5K together, which provides a tangible sense of accomplishment and sets a confident mindset into motion. Programming designed for girls 3rd-5th grade.

- **Broad Ripple Park** | Tuesdays & Thursdays, Sept 10 - Nov 14 | 4:30 - 5:45 PM | 33157 | FREE
- **Frederick Douglass Park** | Tuesdays & Thursdays, Sept 10 - Nov 14 | 5:00 - 6:30 PM | 33613 | FREE
- **Garfield Park** | Tuesdays (5:30 - 7:00 PM) & Saturdays (1:00 - 2:30 PM), Sept 10 - Nov 16 | 33611 | FREE

Chair Yoga

Join us every Friday morning for a rejuvenating session of Chair Yoga designed to promote physical well-being and mental relaxation. These sessions are perfect for individuals of all ages and abilities, providing a gentle yet effective way to enhance flexibility, build strength, and find moments of tranquility.

Garfield Park | Fridays through Jan 3 | 10:00 AM - 11:00 AM | 33230 | FREE | 18+

Chair Yoga

Benefits of Chair Yoga: Increased flexibility, improves muscle strength, helps with balance and coordination, reduces stress, reduces pain and better pain management skills, promotes better sleep, helps boost confidence and alleviates depression and anxiety. No class 10/14.

Broad Ripple Park | Mondays, Sept 9 - Oct 14 | 9:30 - 10:30 AM | 32241 | \$75 | Ages 18+

Prenatal Yoga

The class is designed to emphasize confidence and empowerment, while creating space in your uterus and pelvic floor as you navigate your baby into this world. Prenatal Yoga will keep you loose and hydrated throughout your body while pregnant and gives you more insight into what your body needs throughout your labor. You want to be present. You want to know that all the decisions that you make are well informed.

Broad Ripple Park | Mondays, Sept 9 - Oct 21 | 6:15 - 7:30 PM | 32243 | \$100 | Ages 18+

Restorative Yoga

A slow-paced class featuring more seated and supported postures. Class moves through a series of gentle movements connecting your breath to your body, improving relaxation, flexibility and recovery. Especially well-suited for those with pain, trouble sleeping, anxiety or high levels of stress. Please bring a small pillow and blanket to class.

Broad Ripple Park | Wednesdays, Sept 11 - Oct 16 | 6:30 - 7:30 PM | 32245 | \$100 | Ages 18+

OUTDOOR ADVENTURE

Outdoor activities, usually encouraging physical challenge. Outdoor activities may take place on land, in water, and in the air, some may be winter focused.

ABAS Sunday Bird Walk

Join a group of new and experienced birders for a brisk morning bird walk! Meets every Sunday morning 9:00 am outside the Eagle Creek Ornithology Center, rain or shine. Led by the local Amos Butler Audubon Society. Bring your own binoculars if you have them! FREE with park admission. The walk is not geared specifically toward children, but they are welcome to attend!

Eagle Creek Park | Sundays through Dec 29 | 9:00 - 11:00 AM | 33335

Fall Adventure Camp: Ranger School

Get connected with nature through hands-on activities and thrilling quests in an immersive Lord of the Rings-inspired adventure camp for youth ages 9-13! On this epic 4-day journey in the enchanted Fangorn Forest at Eagle Creek Park Ornithology Center, rangers-in-training will practice wilderness skills, from archery to tracking, whilst working together to protect the magical realm from invading Orcs. Designed for youth age 9-13, \$150 per participant. Park admission included. Before or after care NOT provided. Call 317-327-2473 if you have any questions!

Eagle Creek Park | Oct 15-18 | 10:00 AM - 3:00 PM | 33490 | \$150 | Ages 9-13

Forest Bathing Walk

Forest Bathing, also known as Forest Therapy, is a nature-based wellness practice. This experience can be described as a sensory, immersive, and slow walk. During a walk, we will use our senses to bathe in our surroundings, using eyes, ears, hands, nose, body, and heart to experience the world around us. This practice will be facilitated by Certified Association of Nature & Forest Therapy (ANFT) Guide & Ornithology Center Assistant Manager, Donna Riner. During the walk, your guide will facilitate invitations, or prompts, to support sensory connection to nature and provide opportunities for sharing between invitations.

Eagle Creek Park | Sept 17 | 5:30 - 8:00 PM | 33360 | \$15 | Ages 18+

First Sunday Hike

Join the naturalist for a 1-mile easy guided hike through the forest and start the New Year on an active foot! Meet at the Activity Center.

Southeastway Park | Jan 4 | 10:00 - 11:00 AM | 33486 | FREE

Guided Nature Hike Series

Join the naturalist for a guided hike every 2nd Wednesday of the month. Learn about the changes that are happening in nature and enjoy the serenity the forest has to offer. Registration required.

Southeastway Park | Sept 11, Oct 9, Nov 6, Dec 7 | 6:00 - 7:00 PM | 33421 | FREE

Hike with a Naturalist

Take a hike through Holliday Park with a staff naturalist. You never know what you'll find, but you'll always find beauty and hopefully learn something new about your local environment! Wear good shoes and bring binoculars if you have them! Meet in the Nature Center lobby and we'll head out on the trails.

Holliday Park | Sept 14, Nov 9, Dec 14 | 10:00 - 11:00 AM | 32862 | FREE | Ages 3+

Morning Bird Hikes

Join Amos Butler Audubon Society members and Holliday Park Staff on a monthly morning bird hike. Hikes are open to the public. Beginning birders welcome! Bring a pair of binoculars if you have them. Dress for the weather! No registration required.

Holliday Park | Oct 15, Nov 12, Dec 17 | 8:30 - 10:00 AM | 32867 | FREE

Mindful Nature Walk

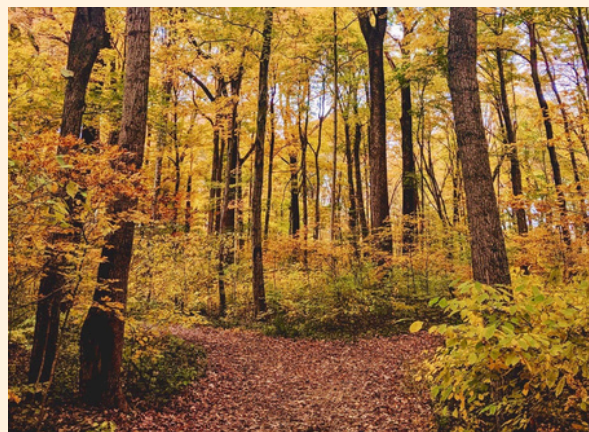
You are invited to join Indy Community Yoga for a quiet walking and mindfulness practice in a small group setting. Every body is welcome! These Mindful Nature Walks include periods of quiet walking with stops where the practice leaders offer mindfulness prompts and activities to help participants come into contact with the sensations around them, and their feelings. The practice is a gentle way to return to ease in the body, ease in breathing as we feel our reactions and relationships to the world we are a part of. This practice is suitable for most ages and abilities.

- **Broad Ripple Park** | Nov 24 | 2:00 - 3:30 PM | 33266 | FREE
- **Eagle Creek Park** | Oct 27 | 2:00 - 4:00 PM | 33264 | FREE
- **Garfield Park** | Dec 15 | 2:00 - 3:30 PM | 33267 | FREE
- **Washington Park** | 2:00 - 3:30 PM | FREE
 - Sept 29 | 33263
 - Oct 27 | 33265
 - Dec 22 | 33268

Family Creek Exploration

Holliday Park has ponds and creeks teeming with wildlife. Participants will have loads of fun getting wet and muddy exploring the creatures that live in these wet places. A naturalist will help you identify what you find. Nets and collecting tubs provided. Wear old shoes and clothes that can get dirty. Pre-registration required

Holliday Park | Sept 28 | 1:30 - 2:30 PM | 32858 | \$5



SEASONAL / SPECIAL EVENTS

One time or short-term recreation, leisure, social or cultural events celebrating a specific occasion.

Group Hayrides

Group fall hayrides are back at Southeastway Park! Each package includes use of a shelter from 5 - 10pm, a 25-minute hayride that fits 20-25 people, and a campfire with enough wood to keep the fire going throughout the evening.

Cost: \$160 (shelter), \$400 (Activity Center; price includes the \$100 refundable deposit)
Additional wagons: \$80.

Please call **317-327-4834** to reserve or get more info.

Southeastway Park | Fridays, Saturdays & Sundays Sept 21 - Nov 2 | 5:30 - 7:30 PM | 33343

Group Hayrides

All hayrides begin and end at the Eagle Creek Beach concession stand located at 7602 Eagle Beach Drive inside Eagle Creek Park. Enjoy a 40-minute trip around the fields, forest, and roadways of the park on a wagon ride. Bring your own blankets.

This program reserves an entire hayride wagon for 12 people. Multiple wagons will be pulled by one tractor. This reservation reserves one 12-person wagon for you and your group. We strongly advise that you limit your group to 12 members, as we will not have any extra space on the ride for anyone who does not fit in the wagon. Call **317-327-7110** if you have any questions.

Eagle Creek Park | Oct 4, 5, 11, 12, 18 & 19 | Start Times: 6:00, 7:00 or 8:00 PM | \$120

Public Hayrides

All hayrides begin and end at the Eagle Creek Beach concession stand located at 7602 Eagle Beach Drive inside Eagle Creek Park. Enjoy a 40-minute trip around the fields, forest, and roadways of the park on a wagon ride. Bring your own blankets.

This program is for reserving space in a public wagon ride. You will share your wagon with other members of the public. Call **317-327-7110** if you have any questions.

Eagle Creek Park | Oct 4, 5, 11, 12, 18 & 19 | Start Times: 6:00, 7:00 or 8:00 PM | \$12/person

Scary Hayride

This program reserves one seat in a public wagon ride on a shared public wagon. For Haunted Hayrides you can only purchase single seats in a wagon. Group wagons are not available. Wagon rides are typically a great way to enjoy the scenery of Eagle Creek Park, however, this weekend the sights will be much scarier. Please join Eagle Creek Park on its Hunted Hayride Weekend. You must register as an individual for this program. Bring your own blankets - there are no official seats.

Eagle Creek Park | Oct 25 & 26 | Start Times: 6:00, 7:00 or 8:00 PM | \$15/person | Ages 5+

Painting Pumpkins

Decorate a pumpkin before the trick-or-treaters arrive! Pumpkins and paint/ accessories will be provided if you have any extra craft supplies you would like to use they are also welcome! Children must be accompanied by an adult. This is an easy way to be able to make your individual creations together!

Indianapolis World Sports Park | Oct 4 | 6:00 - 7:00 PM | 33354 | \$3

Haunted Gingerbread

Create your own Fall Gingerbread House. Whether you make it spooky for Halloween or look more like a harvest for the fall season, everything will be provided. The houses will be made out of graham crackers for easier handling and decorating. Every participant should be accompanied by an adult. This class will fill up fast, so sign up as soon as possible!

Broad Ripple Park | Ages 2-14 | \$11

- Oct 5 | 10:00 - 11:15 AM | 33375
- Oct 5 | 2:00 - 3:15 PM | 33376

Fall Break: Backyard Birds

Stop by the Activity Center to participate in self-guided bird activities! Drop in to make a craft, use our binoculars and ID guide or handout to ID the birds you can see at our birdfeeders, and make and take a treat to feed the birds at your house.

Southeastway Park | Oct 7-10 | 1:00 - 5:00 PM | 33492

Bubbling Cauldron

Add a fun creative craft to your Halloween decor! In this trending DIY project, we will create "bubbling" cauldrons! This is an easy-to-follow step by step tutorial that you will enjoy creating. All supplies and materials are included in the activity fee just bring your creativity

Indianapolis World Sports Park | Oct 12 | 12:00 - 1:00 PM | 33356 | Ages 16+ | \$20

Fall Break Family Fun Day

Stop by anytime between 10 am - 1 pm for this open house program that's a fun and educational outdoor adventure for the whole family. Using hands-on learning, your family will explore the park, make crafts, play games, and even see animals up-close! Dress for outdoor exploration. Pre-registration required for each family member ages 3+

Holliday Park | Oct 12 | 10:00 AM - 1:00 PM | 33430 | \$5/person

Fall Break Frolic for the Fam

Bring the whole fam for some wholesome fun in the park! Participants will go on a guided nature hike and learn about the changes happening in nature, do a craft, learn about owls and dissect a pellet, and end with some cider by a fire. Hike is stroller friendly. Pre-registration required.

Southeastway Park | Oct 16 | 10:00 AM - 12:00 PM | \$6/person

Spooky Party Time Collage

The spooky season is upon us. Come to this fun paper collage art class to dress up your wildest characters in spooky fashion! You will be learning how to make simple paper collage art with local artist/illustrator Shelley Hanmo. You will be using magazines, paper bags, and other repurposed paper materials to design a fun artwork featuring some fa-boo-lous characters ready for a party! The instructor will also share some of her favorite techniques to add details and colors to the artwork.

Garfield Park Arts Center | 1:00 - 3:00 PM | Ages 13+ | \$25

- Oct 19 | 32430
- Oct 25 | 32431

Fall Harvest Festival

Celebrate autumn during our Fall Festival! Join us between 5:30pm-7:30pm for music, fun fall activities & Guest partnership with Family Time Entertainment. No registration required. Come join the FUN!

Rhodium Park | Oct 25 | 5:30 - 7:30 PM | 33064 | FREE

Hauntless Halloween

Join Holliday Park staff and actors from Booth Tarkington Civic Theater for an enchantingly fun evening! Families hike along candlelit trails and interact with different forest creatures who can magically speak for the night, then return to the nature center for a campfire, refreshments and activities. New characters debut this fall! Pre-registration required; Registrants sign up for a specific timeslot. Hikes start every 10 minutes. REGISTER EARLY - hike timeslots fill quickly!

Holliday Park | Oct 24, 25, 26 & 28 | Timeslots start every 10 mins from 5:00 - 8:00 PM | \$10

Halloween Festival

Need a fun safe place for your little goblins and ghouls to have some spooky fun during this ghostly season? Join us at Christian Park October 25th as we re-animate our classic Halloween Festival! There will be lots of table games, prizes, face painting, contest, food, candy, and so much more. It's going to be a SCREAM!

Christian Park | Oct 25 | 6:00 - 7:30 PM | 33514

Halloween at Riverside

Need a fun safe place for your little ones to trick or treat! Join us at Riverside Park for a Boo-tastic time!

Riverside Park | Oct 25 | 6:30 - 8:30 PM | 33069 | FREE

Haunted Moonlight Egg Hunt

Dare to venture out into the moonlight for a monster egg hunt (search for plastic eggs with candy and prizes inside), games, crafts, refreshments, and a howling great time! Be sure you bring a flashlight and dress appropriately as part of this event will be outside. If you wear a costume, you get an extra special prize! Limited spaces available, so sign up now! Pre-registration required.

Broad Ripple Park | Oct 25 | 7:00 - 8:30 PM | 33069 | \$11 | Ages 4-14

Howl-o-ween Dog Egg Hunt

Dress up your pooch for our Halloween Dog Egg Hunt and win a special prize!! Why should our furry 4-legged friends miss out on the Halloween fun? Come have your dog search for eggs filled with Three Dog Bakery treats and prizes. Event is planned for outdoors so please dress weather appropriate. Egg hunt will begin at 2:15pm. Pre-registration is required.

Broad Ripple Park | Oct 26 | 2:00 - 3:00 PM | 33378 | \$7

Spooky Skate

Come join us at the rink for a special adaptive/sensory-friendly Halloween skate just for you! We turn down the lighting, soften the music, and tone back the 'scary' for a ghoulishly good time! Wheelchairs permitted, skate walkers available, and we'll even have the ice sleds on hand for those with special ambulatory needs. Volunteers from the Sycamore Ice Skating Club and our other skating groups will be on the ice to provide assistance and instruction. BOO-K your time today!

Perry Park | Oct 26 | 3:30 - 5:00 PM & 6:00 - 9:00 PM | 31906

Haunted House

Visit Indy Island Aquatic Center for an evening of SPOOKTACULAR fun at the scariest haunted house in Indy Parks! Lights off from 5pm to 9pm for those who can handle a good fright. Dare to enter our haunted house filled with spine-chilling screams, dark corridors, and lurking shadows. Beware of the ghouls and ghosts that haunt the halls, waiting to give you the fright of your life. Only the bravest souls will make it through to the end, where treats await those who survive the terror. Will you escape, or will you become part of the haunted legend?

Indy Island | Oct 26 | 5:00 - 9:00 PM | 33352 | \$5 | Ages 5+

Trick or Treating

Join us on Friday night, October 30th, for a spooktacular evening of Trick or Treating at The Burrello Family Center! Enjoy a variety of Halloween-themed tables, fun games, and lively music throughout the night. Don't miss out on the festive fun!

Garfield Park Burrello Family Center | Oct 30 | 5:30 - 8:00 PM | 33239 | FREE

Haunted Conservatory

5:30 - 7:00 PM | Less Haunted Conservatory. Bring the little ones in their costumes for Halloween fun during our less scary daylight hours of the Haunted Conservatory. There will be no scarers. Just tropical plants all decked out for Halloween.

7:00 - 9:00 PM | Get spooked as you walk through the Haunted Conservatory, complete with scary music, decoration and ghouls! (Recommended for ages 8+)

Garfield Park Conservatory | Oct 23 & 24 | 5:30 - 9:00 PM | 32875

October Owl Festival

Save the date for the 9th annual October Owl Festival at the Eagle Creek Park Ornithology Center, October 26th and 27th. This event is free with park admission, fun for the whole family, and guaranteed to be an Owl-tastic time! Check back soon for the full schedule of events & activities.

Eagle Creek Park | Oct 26 & 27 | 10:00 AM - 5:00 PM | 33391

Freestyle Ice Skating

Open to figure skaters of all ages and abilities, this public program is the perfect opportunity for figure skaters to practice their skills and routines. Club affiliation not required. \$5 - children / \$7 - adults

Perry Park | Mondays & Fridays through Dec 30 | 2:50 - 5:20 PM | 33284

Indy Steel Sled Hockey

Hockey is for EVERYONE! Indy Parks is proud to support the Indy Steel Sled Hockey program in partnership with Indiana Disabled Hockey. Sled hockey is an adaptation of ice hockey for players who have a physical disability. The sport was invented in the early 1960s at a rehabilitation center in Stockholm, Sweden, and played under similar rules to standard ice hockey. Players are seated on sleds and use special hockey sticks with metal "teeth" on the tips of their handles to navigate the ice. For more information, visit Indiana Disabled Hockey at www.indysledhockey.org

Perry Park | Sundays through Dec 15 | 2:45 - 4:00 PM | 33429

Stick & Puck Hockey

Looking for ice time to practice your hockey skills? Perry Park offers Stick & Puck sessions throughout the fall and winter for all ages and abilities. Full equipment is required for youth; helmets, gloves, and shin guards for adults. No pick-up games. No private coaching permitted during stick & puck.

Perry Park | Tuesdays & Thursdays through Dec 19 | 2:30 - 4:45 PM | 33401

Try Hockey for Free

On Saturday, November 2nd, USA Hockey and over 350 local youth hockey associations across the country will host Try Hockey for Free Day! Participating locations encourage kids, ages 4 to 9, to come try youth hockey at no charge. All required equipment provided. Representatives will be on hand from local organizations to provide information about available programs and opportunities.

Perry Park | Nov 2 | 2:30 - 4:00 PM | 32814 | Ages 4-12

Holiday Jewelry Gift Making

Are you looking for a handmade and unique gift for a loved one? Join us for this creative event and take home a piece of jewelry made by you, with love! Take your pick in creating a pair of earrings, a necklace, or a keychain comprised of pressed flowers and other flora encased in resin. You'll take a completed piece home with you at the end of the workshop!

Garfield Park Conservatory | Nov 2 | 12:00 - 2:00 PM | 32888 | \$15 | Ages 12+

Conservatory Crossing

Come enjoy our winter wonderland! See the Conservatory decked out in its holiday best with a brilliant display of poinsettias, model trains and village, and thousands of twinkling lights. Admission during this event: \$6 per person or \$14 per family (2 adults max for the family rate). An adult is anyone 18 and over. 2 and under are always free! *Sundays: 1:00 - 5:00 PM, CLOSED Mondays.

Garfield Park Conservatory | Nov 29 - Dec 29 | *10:00 AM - 5:00 PM | 32888 | \$15 | Ages 12+

Family Holiday Gingerbread

Make your very own delicious gingerbread house from scratch to enjoy throughout the holiday season. Your house will be decorated with all kinds of sweets that we provide. All houses will be made with graham crackers for easier handling and decorating. Children 5 and under must be accompanied by an adult. This event fills up fast, so sign up as soon as possible! This event is open to all ages! Pre-registration is required.

- **Broad Ripple Park** | Dec 6 | 6:00 - 7:15 PM | 33435 | \$11
- **Thatcher Park** | 12:00 - 1:15 PM | \$11
 - Dec 7 | 33554
 - Dec 14 | 33555

Holiday Gingerbread

Make your very own delicious gingerbread house from scratch to enjoy throughout the holiday season. Your house will be decorated with all kinds of sweets that we provide. All houses will be made with graham crackers for easier handling and decorating. Children 5 and under must be accompanied by an adult. This event fills up fast, so sign up as soon as possible! Pre-registration is required.

Broad Ripple Park | Dec 7 | 10:00 - 11:15 AM | 33379 | \$11 | Ages 2-17

Jungle Tales: Train Tales

Join us for a holiday train-themed program. Little ones will listen to a story, do a craft and enjoy Conservatory Crossing with a scavenger hunt. Registration is required.

Garfield Park Conservatory | 10:00 - 11:00 AM | Ages 2-6

- Dec 10 | 32840
- Dec 11 | 32841

Christmas Express

Ho, Ho, Ho, Happy Holidays! Come and join our Christmas Express. Receive a gift, take pictures with Santa, participate in games and activities, and receive a Santa bag of treats. Please register for a time. And come enjoy some holiday cheer!

Brookside Park | Dec 14 | FREE

- 1:00 - 1:30 PM | 32763
- 1:45 - 2:15 PM | 32764
- 2:30 - 3:00 PM | 32765
- 3:15 - 3:45 PM | 32766

Pop-Up Holiday Cards

What can be more special than creating your own POP-UP holiday greeting cards for your loved ones this holiday season? Come and make some hand-cut collage art greeting cards with local paper artist/illustrator Shelley Hanmo. The instructor will show you several greeting card designs that are fun and easy to make. So come and enjoy a creative and festival time making something special for your friends and families. You will be learning how to cut out shapes from paper using mostly repurposed paper materials such as magazines, paper bags, mailing catalogs, and more. Ages 13

Garfield Park Arts Center | 1:00 - 3:00 PM | Ages 13+

- Dec 7 | 32432
- Dec 14 | 32433

Skate with Santa

Santa Claus is comin' to Perry! Join us on Saturday, December 9th from 3:30-5:00pm for this special Sensory-Friendly session with the Jolly Ol' Elf himself! The session is free with registration (includes skate rental and skate helpers) and wheelchairs are permitted on the ice. Family members are welcome - and encouraged - to attend as well.

Perry Park | Dec 14

- 3:30 - 5:00 PM | 31909
- 6:00 - 9:00 PM | 31908

Gather's Holiday Event

Celebrate the holidays with fun activities, such as games, arts & crafts, decorating sugar cone houses, and pictures with Santa plus one small gift per person! Please call Customer Service to register at (317) 327-7275. Get the early scoop on Gather's Summer Camp 2025!

Rhodium Park | Dec 14 | 1:00 - 3:00 PM | 31909 | \$5 | Ages 6-18

Santa at the Conservatory

Come to the Conservatory to meet Santa Claus and tell him what you'd like for Christmas. This is a free event and a chance to visit during Conservatory Crossing. No registration required.

Garfield Park Conservatory | Dec 14 | 10:00 AM - 1:00 PM | 33470 | FREE

Santa at the Conservatory

Come to the Conservatory to meet Santa Claus and tell him what you'd like for Christmas. This is a free event and a chance to visit during Conservatory Crossing. No registration required.

Garfield Park Conservatory | Dec 14 | 10:00 AM - 1:00 PM | 33470 | FREE

Santa's Workshop

Get ready for a super fun day at our Winter Jubilation! It's like stepping into Santa's very own workshop, all planned by our awesome elf, Jazzy Frostchester! You can paint cool ornaments and make the yummiest cookie decorations ever! Plus, guess what? Santa's here to take super cool photos with, plus we are having a huge snowball fight!

Indy Island | Dec 21 | \$5 | Ages 5-12

- 12:00 - 12:45 PM | 33388
- 1:00 - 1:45 PM | 33389
- 2:00 - 2:45 PM | 33390

Lilly Lake Lantern Walk

This program has two parts. One involves getting creative at home and building a lantern with stuff you have around the house and the other involves getting outside for an evening walk around Lilly Lake. This walk will be a one-way track around Lilly Lake and will begin at 5:00pm. You can make as many laps around the lake as you want in the allotted time.

Eagle Creek Park | Dec 15 | 5:00 - 7:00 PM | 32740

YOUTH SPORTS

Competitive and recreational sports programs for youth ages 17 and under.

Amazing Athletes Tots

Amazing Tots is a guided, discovery-based program helping children 18 months to 6 years engage in structured physical activities tailored specifically to toddlers. Each 20-25 min program uses music, color recognition games and motor development to help your child grow in their skills and explore ball sports such as soccer, football and basketball.

Krannert Park | Tuesdays through Dec 10 | 10:00 - 10:50 AM | 32388 | FREE | Ages 1-6

Tot Time

Tot Time is a great way for young ones to let out energy and interact with other children. This activity does not have an instructor but has several fun and engaging equipment like, tumbling mats, soft climbing stairs, and much more!

Krannert Park | Tuesdays and Fridays through Jan 3 | 32898 | \$1 | Ages 1-5

Jump Bunch Amazing Athletes

The Jump Bunch Amazing Athletes program gets children moving through an unmatched variety of different sports, activities and fitness-based games in a fun, non-competitive learning environment. Each week - students will learn and practice gross motor skills which are needed for all active movement. Each week will also feature an intentional nutrition and muscle awareness component. We want each child to learn to enjoy physical activity and develop advanced motor control so they can excel in any activity they decide to pursue in the future. A great way to try different active sports, work on balance and coordination, or just run off some extra energy at the end of the day!

Frederick Douglass Park | Wednesdays through Dec 4 | 4:30 - 5:15 PM | 32220 | \$66 | Ages 6-13

Jump Bunch

Ready to be active, play games with friends and learn about some unique sports this season? Join our Jump Bunch Coaches for some Fitness and FUN each week as we explore obstacle courses, different sports such as hockey, golf or basketball as well as work on body movement, self-confidence and progressive sport building skills.

Broad Ripple Park | 5:30 - 6:00 PM | Ages 2-6

- Thursdays Sept 5 - Oct 24 | 33292 | \$66
- Thursdays Nov 7 - Dec 19 | 33293 | \$66

Dance/Fitness/FUN!

Interested in cheerleading? Want to work on your somersault? Love to play dance/ fitness games? Well our sports discovery program is for you! Learn introductory moves and fundamentals to cheer/ tumbling and dance as you explore weekly games and activities including rhythmic dance, cardio fitness and side-line cheers/ jumps.

Broad Ripple Park | Thursdays Sept 5 - Oct 24 | 6:00 - 6:30 PM | 33211 | \$88 | Ages 4-7

Badminton Open Gym

Are you looking for a fun and interactive way to get some exercise? Then come join us for our badminton open gym. This is a great opportunity for people of all skill levels to come together and play badminton. There are 3 courts available.

Broad Ripple Park | Mondays through Dec 16 | 5:00 - 7:45 PM | 33374 | \$3 | Ages 5+

Flag Football

Are we ready for some flag football? Riverside Park is hosting a Flag Football league with the aid of NFL to provide the equipment and uniforms where we can rep our favorite NFL teams on the field. The program is a 7-week program where the youth learn to play the game of football and enhance their skills athletically and socially.

Riverside Park | Saturdays Sept 14 - Oct 26 | 8:30 - 11:30 AM | 32429 | FREE | Ages 7-9

Beginners Tumbling

Join us for this movement program designed for your toddler! Basic tumbling skills will be taught along with hand-eye coordination activities and lots more! Parents are heavily encouraged to sit in and participate.

Krannert Park | Tuesdays Oct 8 - Dec 3 | 5:30 - 8:00 PM | 33274 | \$40 | Ages 5-8

Archery

Learn how to use a bow and arrow in this fun and informative hands-on class! All skills levels welcomed.

Watkins Park | Tuesdays Sept 10 - Oct 15 | 5:00 - 6:00 PM | 33448 | FREE | Ages 10-18

Intro to Archery

Krannert is now offering archery! Join our certified instructors and learn the fundamentals of archery in a safe and spacious indoor environment.

Krannert Park | Wednesdays Sept 11 - Oct 9 | 5:00 - 5:45 PM | \$50 | Ages 8-17

Intro to Archery

Are you interested in getting started in archery? Thatcher Park has the opportunity for your child to get some exposure.

Thatcher Park | Wednesdays Oct 23 - Nov 20 | 6:00 - 7:00 PM | 33518 | \$50 | Ages 8-17

Skills Academy

Skills Academy is for youth in grades 2nd through 9th looking to take their basketball IQ and talents to the next level.

Frederick Douglass Park | Fridays through Dec 6 | 6:00 - 7:30 PM | 33097 | Ages 7-15

Building Better Hoopers Camp

Youth will learn basic basketball skills, fundamentals and conditioning.

Brookside Park | Mondays and Saturdays through Oct 7 | 6:00 - 7:45 PM | 32770 | FREE | Ages 12-18

Basketball League

Kids ages 1st -3rd grade will participate in a 6-week league with games held on Saturday and practices on Tuesday. There will be qualified coaches to work on player development.

Riverside Park | Tuesdays and Saturdays Oct 19 - Nov 23 | 10:30 - 1:30 PM | 33068 | \$10 | Ages 6-8

Basketball League

Garfield Park Youth Basketball is gearing up for our return to the court. Looking for a fun, safe, and educational atmosphere for your child to learn and play the game of basketball? Then come join us, by registering them today! The league will consist of 8 regular season games, 1 playoff game, and the BIG Championship game to round up the season. Each team will get one practice per week starting October 22, 2024. Practices will be held either on a Tuesday, Thursday, or Friday. Games will be played on Saturdays starting November 16, 2024. We will have an evaluation day on October 12, 2024, for coaches to see where each players skill level is at, with the coach's draft following. Once teams are filled, coaches will be emailing each parent to let them know your teams practice schedule. To ensure we all have a good understanding of expectations, we will have a parent and coaches meeting October 19, 2024, to go over rules and regulations. Thank you all for your time and we are looking forward to a great season starting this fall. Register Today!

- Garfield Park** | schedules to be emailed | 10:00 - 10:50 AM | \$40
- Ages 3-5 | 33328
 - Ages 6-8 | 33324
 - Ages 9-11 | 33326
 - Ages 12 - 14 | 33327

Basketball Open Gym

- **Frederick Douglass Park** | Weekdays Oct 11 - Dec 2 | 4:00 - 6:00 PM | 33093 | Teens
- **Thatcher Park** | Daily except Sundays through Dec 31 | 3:00 - 5:00 PM | 33552 | Ages 3-18
- **Municipal Gardens** | Mondays - Thursdays through Jan 30 | 3:00 - 5:00 PM | 33524 | Ages 8-17
- **Rhodius Park** | Mondays, Tuesdays, Thursdays & Fridays through Jan 31 | 4:30 - 7:00 PM | 33270 | Ages 9-17
- **Watkins Park** | Wednesdays & Fridays through Nov 29 | 4:00 - 6:00 PM | 33444 | Ages 6-18

Tang Soo Do

Tang Soo Do will teach you to defend yourself, build your stamina and overall improve yourself as a person. Through gradual progression and attainment of these skills, your personal goals, confidence, self-belief, and self-discipline will increase.

- Krannert Park** | Saturdays through Oct 5 | 9:30 - 11:30 AM | 33364 | Ages 5+

Intermediate Burmese Bando

Bando is a defensive unarmed martial art, that teaches discipline. This class will share tips on keeping and living a good healthy lifestyle.

- Municipal Gardens** | Tuesdays & Wednesdays through Jan 29 | 6:00 - 7:30 PM | 33528 | Ages 10+

Taekwondo

Learn self-defense, discipline, concentration, and flexibility all while getting fit. Tuesday and Thursday classes have a fee of \$5 that is paid to the instructor. The class is open to youth and adults.

- **Riverside Park** | Tuesdays & Thursdays through Jan 23 | 6:00 - 7:30 PM | 32808 | Ages 6+
- **Christian Park** | Mondays & Wednesdays from 6:00 - 8:00 PM, Saturdays from 10:00 AM - 12:00 PM | 33507 | Ages 6+

Beginners Taekwondo

A great introduction to martial arts for 7-12-year-olds. Participants will be active and have fun learning basic Tae Kwon Do kicks and techniques. Preregistration is required.

- Krannert Park** | Thursdays through Oct 31 | 6:00 - 7:00 PM | 33362 | \$20 | Ages 7-12

Sanchin Ryu Karate

Learn a wide range of self-defense options to a variety of physical movements. These classes are great for the entire family at a very low price. A fee of \$36 per person, or a family fee of \$69 for any family with two or more participants. Instructor provided by Sanchin Systems. (Parents must stay for students 8 years old).

Broad Ripple Park | Thursdays Oct 24 - Dec 5 | 6:00 - 7:00 PM | 33365 | Ages 8+

SuperNinja Training

To be a super ninja means having strength, agility, balance, and speed. With a focus on learning superninja training skills, participants will explore fun games and activities such as jumping over hot lava, dodging fireballs, lightsaber training, scooter flying, ghostbuster tag, and so many more! Being a super ninja also means having compassion for society, a kind heart, and a willingness to do good and help others. These are qualities we discuss and talk about with our participants at every class.

Broad Ripple Park | Thursdays Nov 7 - Dec 19 | 6:00 - 6:30 PM | 33214 | \$66 | Ages 4-7

Family Drop-In Volleyball

Bump, Set, Spike! Come join us for some family volleyball at Washington park Family Center. Ages 6 and up.

Washington Park | Wednesdays through Dec 18 | 6:00 - 8:00 PM | 33418 | Ages 6+

Volleyball Club

Brookside Park | Wednesdays through Oct 9 | 5:30 - 6:30 PM | 32769 | Ages 9-15

Starlings Volleyball Club

Girls receive volleyball instruction and skills to compete at school level. For registration and more information, please call Michelle Watts at 317-201-6422.

Riverside Park | Mondays & Thursdays Nov 14 - Dec 26 | 6:00 - 8:00 PM | 33072 | Ages 10-17



AFTER-SCHOOL MEAL PROGRAM

*Times are subject to change, please visit parks.indy.gov for the most up to date schedule, or call 317-327-7275

After School Meal Service

Presented by Indy Parks



- Open to all children 18 and under!
- Available Monday-Friday
- Mobile units available Monday-Thursday
- No registration necessary and completely free!



Meal Serving Sites

Christian Park
4:30 - 5:30 p.m.
4200 E. English Ave.
Saturday 11:30-12:30 p.m.

Pride Park
3:30 - 5:30 p.m.
1129 Vandeman St.

Douglass Park
3:30 - 5:00 p.m.
1616 E. 25 St.
Saturday 11:00-1:00 p.m.

Riverside Park
4:30 - 5:30 p.m.
2420 E. Riverside Dr.

Municipal Gardens
3:30 - 5:30 p.m.
1831 Lafayette Rd.

Windsor Village Park
5:00 - 6:00 p.m.
6510 E. 25th St.

Watkins Park
4:00 - 5:00 pm
2360 Dr. Martin L. King Jr. St

Mobile Serving Sites

MOBILE UNIT 1

- 3:00 - 3:30 p.m. -- East 38th St. Library, 5420 E. 38th St.
- 4:00 - 4:30 p.m. -- Brightwood Library, 2434 N. Sherman Dr.
- 5:00 - 5:30 p.m. -- Haughville Library, 2121 W. Michigan St.



Times are subject to change. Please call Indy Parks Customer Service Center for more information at: 317-327-PARK, or go online at parks.indy.gov.

This institution is an equal opportunity provider.

Current as of: 8/22/24

Servicio de comidas después de la escuela



Presentado por Indy Parks



- ¡Abierto a todos los niños menores de 18 años!
- ¡Disponible lunes-viernes!
- Unidades móviles disponibles de lunes-jueves
- No es necesario registrarse, ¡y completamente GRATIS!

Sitios de Servicio de Comidas

Christian Park
4:30 - 5:30 p.m.
4200 E. English Ave.
Sábado 11:30-12:30 p.m.

Pride Park
3:30 - 5:30 p.m.
1129 Vandeman St.

Douglass Park
3:30 - 5:00 p.m.
1616 E. 25 St.
Sábado 11:00-1:00 p.m.

Riverside Park
4:30 - 5:30 p.m.
2420 E. Riverside Dr.

Municipal Gardens
3:30 - 5:30 p.m.
1831 Lafayette Rd.

Windsor Village Park
5:00 - 6:00 p.m.
6510 E. 25th St.

Watkins Park
4:00 - 5:00 pm
2360 Dr. Martin L. King Jr. St

Sitios de Servicio de Movil

MOBILE UNIT 1

- 3:00 - 3:30 p.m. -- East 38th St. Library, 5420 E. 38th St.
- 4:00 - 4:30 p.m. -- Brightwood Library, 2434 N. Sherman Dr.
- 5:00 - 5:30 p.m. -- Haughville Library, 2121 W. Michigan St.



Los horarios están sujetos a cambios. Llame al Centro de Atención al Cliente de Indy Parks para obtener más información al (317) 327-PARK, o ingrese en línea en parks.indy.gov

Esta institución es un proveedor de igualdad de oportunidades.

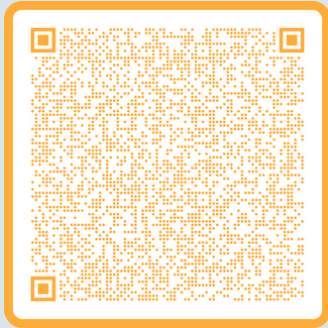
Actual a partir de: 8/22/24

GET INVOLVED

Visit parks.indy.gov for more information.

Job Opportunities

Now hiring for full-time, part-time and seasonal positions.



Scan the QR code to learn more and apply!

Indy Parks Americorps Program

As a member of the Indy Parks AmeriCorps program, you'll be a part of a team of individuals who want to make a difference in our community by supporting greenspace stewardship and narrowing the Nature Gap within Marion County. These racial and economic disparities affect the well-being of communities of color by limiting access to public greenspaces.

Further areas members will support include:

- Park beautification projects
- Support community/corporate volunteer projects
- Support trail maintenance
- Invasive species mapping and removal
- Environmental educational programs for all ages
- Support park programming initiatives

By working alongside Indy Park staff, members will benefit from gaining essential field experience, serve in diverse communities, and experience in municipal government. Join us to make a lasting impact!



LEARN MORE AT [PARKS.INDY.GOV](https://parks.indy.gov)

2024 Fall / Winter

I N D Y
P A R K
& R E C R E A T I O N



parks.indy.gov