

## **ABOUT INDY PARKS**

Indy Parks and Recreation provides parks, greenspaces, trails, and recreation opportunities for Marion County residents and visitors. The agency serves 8 million people annually and offers 218 parks, 11,608 acres of greenspace, 132 playgrounds, 155 sports fields, 153 miles of trails, 23 recreation and nature centers, 20 aquatic centers, 22 spray grounds, 13 golf courses, and four dog parks. Indy Parks also provides more than 2,400 sports, art, education, and recreation programs throughout the year.

## **MISSION**

To provide enriching experiences for all

## **VISION**

Healthier lives, inspiring experiences, and vibrant communities

## **VALUES**

- Inclusion
- Fun
- Collaboration
- Stewardship

## **CONNECT WITH US!**

















Indy Parks Customer Service: 1720 Burdsal Parkway Indianapolis, IN 46202 317-327-7275

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# HOW TO REGISTER FOR PROGRAMS

**Option 1:** Visit indyparks.org and type in the 5-digit code of the program you wish to register for.

Option 2: Call Indy Parks Customer Service at 317-327-7275 weekdays from 9 AM - 5 PM.



## **ACTIVE ADULTS 55+**

Fitness, wellness, enrichment, arts, and sports programs specifically targeted for active adults over the age of 55+ years old.

**Broad Ripple Park** 

Senior Strength & Toning with Theresa | Wednesdays, September 3 - October 8, 11:30 AM - 12:15 PM \$62 | #35834 This class is designed to increase physical strength through weight-bearing and resistance exercise. All major muscle groups are worked from head to toe. This class includes a cardio warm up.

#### Christian Park

Silver Aces | Thursdays, 10:00 AM – 1:00 PM | Free | #36420 The Silver Aces senior card club allows seniors in our local community to meet, socialize, and fellowship with one another as well as enjoy a game or two of Euchre!

Ellenberger Park

Cards & Coffee | Tuesdays through September 23, 4:00 - 5:30 PM | Free | #36605 Cards & Coffee is a drop-in program where adults can engage in a variety of card games and fellowship with a nice warm cup of Coffee. Participants will be able to make a single cup of coffee and enjoy games with our jumbo print playing cards.

## Frederick Douglass Park

Drop in Aerobics | Mondays - Thursdays, 10:00 - 11:00 AM | \$1 | #36660
This is an invigorating full body workout that gets your heart pumping. This class will have you stetching, twisting, kicking, and punching your way to your fitness goals.

Twice as Young | Free | #35639
Twice as young is a sequence of wisdom and comes together to Organization. This program aims to remind us that age is a source of wisdom and comes together to create transformation experiences that crace generation gaps. create transformation experiences that erase generation gaps.

October 3, 11:00 AM – 3:00 PM

November 7, 5:00 - 8:00 PM

## Garfield Park Burrello Family Center

Senior Sweat | Tuesdays, September 2 - December 30, 10:00 - 11:00 AM | \$3 | #36339 Our certified instructor Aaron will lead class through light/moderate exercises.

Chair Yoga | Fridays, September 5 – December 26, 10:00 – 11:00 AM | \$3 | #36341 These sessions are perfect for individuals of all ages and abilities, providing a gentle yet effective way to enhance flexibility, build strength, and find moments of tranquility

## Holliday Park

Senior Stroll with a Naturalist | 2nd Monday, September 8 – December 8, 9:30 – 10:15 AM | Free #36347

Follow along as a naturalist leads you on a leisurely walk through Holliday Park. On this stroll, dedicated to seasoned citizens 62 and older, you'll learn about the history of Holliday Park and find out more about the natural world.

#### Krannert Park

Senior Sweat | Wednesdays, September 3 - December 31, 10:00 - 11:00 AM | \$3 | #35611

Senior Fraud Prevention Event | September 10, 11:15 AM – 12:15 PM | All Ages | Free | #36672 Join us for a free Lunch & Learn designed to help seniors stay safe from fraud and scams. This informative session is hosted by Oak Street Health and an IMPD officer. It will cover the latest tactics used by scammers and how you can protect yourself, your identity, and your finances. Whether you've been targeted before or just want to stay informed, this event is for you! Lunch is provided

## **Municipal Gardens**

Chair Aerobics | Tuesdays, 10:00 – 10:45 AM, Thursdays, 10:00 AM – 1:00 PM through October 30 \$3 | #35754

This low-intensity workout combines cardio, strength, and flexibility, modified to a seated position. This is the ideal exercise class for seniors, those just starting an exercise routine, those with balance issues, those recovering from an injury or surgery, or anyone looking for a low intensity workout.

#### Pride Park

Chair Yoga | Tuesdays, September 2 - November 25, 1:00 - 2:00 PM | \$2 | #35355 For just a \$2 drop-in fee, this class provides an opportunity to engage in slow-paced movements, breathing exercises, and stretches - all while seated in a chair.

Stride with Pride | Wednesdays, September 17 - November 26, 5:30 - 6:30 PM | Free | #36264 Step into fun! Enjoy good company, fresh air, and a chance to move together.

#### Riverside Park

Day Trip: Newfields | September 12, 9:45 AM – 1:00 PM | \$8 | #36933 Our first stop will transport you to the other side of the world at THE LUME Indianapolis, featuring Connection: Land, Water, Sky – Art & Music from Indigenous Australians. This immersive experience showcases the work of 100 contemporary Indigenous Australian artists through visuals and music. After exploring THE LUME, we'll tour the Newfields museum, where you just might discover your next favorite masterpiece. You'll have time to explore various galleries at your own pace and take in several special exhibits—some of which are only in Indianapolis for a limited time.

Day Trip: Brown County | October 16, 8:45 AM – 4:45 PM | \$25 | #35229

Join Indy Parks for a fun-filled fall day in Nashville, Indiana! Immerse yourself in the vibrant colors of fall while exploring charming shops, indulging in delicious local cuisine, and marveling at the stunning landscape! Don't miss out on the fun, register today! Ticket cost includes motor coach bus transportation from Washington Park to Nashville, Indiana, and back.

## Washington Park

Day Trip: Newfields | September 12, 9:15 – 12:45 PM | \$8 | #36934 Our first stop will transport you to the other side of the world at THE LUME Indianapolis, featuring Connection: Land, Water, Sky – Art & Music from Indigenous Australians. This immersive experience showcases the work of 100 contemporary Indigenous Australian artists through visuals and music. After exploring THE LUME, we'll tour the Newfields museum, where you just might discover your next favorite masterpiece. You'll have time to explore various galleries at your own pace and take in several special exhibits—some of which are only in Indianapolis for a limited time.

Day Trip: Brown County | October 16, 8:30 – 4:30 PM | \$25 | #35230

Join Indy Parks for a fun filled fall day in Nashville Indiana! Immerse yourself in the vibrant colors of fall while exploring charming shops, indulging in delicious local cuisine and marveling at the stunning landscape! Don't miss out on the fun, register today! Ticket cost includes motor coach bus transportation from Washington Park to Nashville Indiana and back.

#### Watkins Park

Aerobics | Tuesdays & Thursdays, 11:30 AM – 12:30 PM | \$1 | #36452



## **ADAPTIVE & INCLUSIVE**

Fitness, wellness, enrichment, arts, and sports programs adapted to ensure that individuals with different abilities have equal access to programs and recreational activities.

**Eagle Creek Park** 

Urban Accessible Birding | Eagle's Crest | September 27, 8:00 – 9:00 AM | All Ages | \$5 for Indiana Audubon Members & \$10 for Non-Members | #36296 Indiana Audubon Society and Eagle Creek Park invite you to explore the tranquil west side of

Indianapolis' largest city park, where fall leaves and a past-bloom prairie host fall migrating birds. This out-and-back outing on the ADA Loop Trail is designed primarily for birders with limited mobility, and is expected to cover up to 0.3 miles at a slow pace. There will be ample opportunities to stop along the way, and our route will be mostly shaded.

#### Rhodius Park

Sensory Room | Mondays - Thursdays, 2:00 - 7:30 PM, Fridays, 2:00 - 6:30 PM, Saturdays, 10:00 AM - 1:00 PM | Ages 2 - 16 | \$3 | #36369

Come and enjoy our wonderful Sensory Room located inside the family center at Rhodius Park. Give your child a chance to play and relax safely with a rock wall, glow-in-the-dark fun, sensory swings, and a ball pit!

Party Time Dance | Ages 16+ | \$5 | #35643

Party Time Dance is a wonderful outlet for adults ages 16+ within the community who are currently in an assisted or supported living program or who are graduates of our Camp Gather on the Move. Meet new people and visit with old friends! Contests, limbo, and raffles, prizes are some of our favorite activities. Chips, snacks, and soda are always crowd pleasers.

• November 8, 6:00 – 8:00 PM | #35643

• December 13, 6:00 – 8:00 PM | #35644

#### Riverside Park

Party Time Dance | Ages 16+ | \$5
Party Time Dance are a wonderful outlet for adult's ages 16+ within the community who are currently in an assisted or supported living program or who are graduates of our Camp Gather on the Move. Meet new people and visit with old friends! Contests, limbo, and raffle, prizes are some of our favorite activities. Chips, snacks, and soda are always crowd pleasers.

• September 13, 6:00 – 8:00 PM | #35641

• October 11, 6:00 – 8:00 PM | #35642







## ADULT SPORTS

Competitive and recreational sports programs for adults 18 and older.

#### **Brookside Park**

Basketball Open Gym | Saturdays, 2:00 - 4:00 PM | Ages 18+ | \$3 | #36468

#### Christian Park

Futsal Open Gym | Thursdays, 6:00 - 8:00 PM | Ages 16+ | \$3 | #36423

Pickleball Open Gym | Tuesdays, 10:00 AM - 12:00 PM | Ages 18+ | \$3 | #36421

Basketball Open Gym | Weekdays, 12:00 – 7:30 PM & Saturdays, 10:00 AM – 3:00 PM | Ages 18+ \$3 | #36413

Intro to Fencing | Ages 18+ | \$80 En Garde! Have you ever wanted to try your hand with a sword? This "Introduction to Fencing" class will teach you the basics of fencing footwork, blocks, and attacks in a fun and safe environment!

- Tuesdays, September 2 23, 6:50 7:50 PM | #36244
   Tuesdays, October 7 28, 6:50 7:50 PM | #36247

## Frederick Douglass Park

Open Futsal | Fridays, 6:00 - 7:45 PM | Ages 16+ | \$3 | #34846

## Garfield Burrello Family Center

Open Futsal | Mondays, September 1 - November 24, 6:00 - 7:45 PM | Ages 16+ | \$3 | #36593 Futsal is similar to soccer but designed to take place on a basketball court. This makes for a fast-paced game that can be played year-round!

Pickleball | Mondays, Tuesdays, Thursdays & Fridays, 11:00 – 2:00 PM, Wednesdays, 7:45 PM, Saturdays, 10:00 AM – 12:30 PM | Ages 18+ | \$3 | #36338 Calling pickleballers of ALL levels! We have a variety of times offered to play pickleball indoors. Pickleball is a paddleball sport that combines elements of badminton, table tennis, and tennis. If you plan to play often, we have a \$15 monthly pickleball pass available! 3:30

#### Krannert Park

Intro to Archery | Wednesdays, September 3 – 24, 6:00 – 6:45 PM | Ages 18+ | \$35 | #35551 Krannert is now offering archery! Join our certified instructors and learn the fundamentals of archery in a safe and spacious indoor environment.

Archery Practice | Wednesdays, September 3 – 24, 6:45 – 7:15 PM | Ages 10+ | \$15 | #35553 Krannert is now offering archery practice for archers who have completed our introductory course! Join our certified instructors and practice the fundamentals of archery in a safe and spacious indoor environment.

Basketball Open Gym | Mondays - Wednesdays, 9:00 AM - 1:00 PM, Wednesdays & Thursdays, 5:30 - 7:30 PM, Saturdays, 9:00 AM - 12:00 PM | Ages 18+ | \$3 | #36268

Pickleball Open Gym | Weekdays, 1:00 - 3:00 PM | Ages 18+ | \$3 | #36271

Intro to Pickleball | Tuesdays, 10:00 - 10:45 AM | Ages 18+ | \$15 | #36315 This class will cover the terminology, basics, tips, and tricks of Pickleball.

#### **Rhodius Park**

Adult Archery | Tuesdays, September 2 - December 30, 5:30 - 6:30 PM | Ages 18+ | Free

Learn how to use a bow and arrow in this fun and informative hands-on class! All skill levels welcomed.

Basketball Open Gym | Wednesdays, 6:00 - 8:00 PM | \$3 | #36371

#### **Thatcher Park**

Intro to Archery | Ages 18+ | \$35
Thatcher is now offering archery! Join our certified instructors and learn the fundamentals of archery in a safe and spacious indoor environment.

• Tuesdays, September 2 - 23, 6:00 - 7:00 PM | #35711

• Tuesdays, September 30 - October 28, 6:00 - 7:00 PM | #35712

• Tuesdays, December 2 - 30, 6:00 - 7:00 PM | #35714

Pickleball Tourney | Ages 16+ | Free for Members, \$3 for Drop-In
Thatcher Park is hosting a COED Pickleball Tourney for all skill levels! The format of the tourney is
dependent upon the number of participants. To sign up for the tourney, please call the Thatcher
Park Family Center at 317-327-7390 with your and your partner's name.
• September 6, 11:00 AM - 3:00 PM | #35702
• November 15, 11:00 AM - 3:00 PM | #35703

Futsal Open Gym | Thursdays, 5:30 - 7:30 PM | Ages 16+ | \$3 | #35708

Basketball Open Gym | Mondays, Tuesdays, Wednesdays & Fridays, 12:00 – 3:00 PM | Ages 18+ \$3 | #35706 |

Pickleball | Weekdays, 9:00 AM - 12:00 PM, Wednesdays, 3:00 - 6:00 PM, Saturdays, 11:00 AM - 1:30 PM | Ages 12+ | \$3 | #35707

#### Watkins Park

Basketball Open Gym | Mondays & Wednesdays, 2:00 - 4:00 PM | \$3 | #36446

## Windsor Village Park

Basketball Open Gym | Mondays, Tuesdays, Wednesdays & Fridays, 1:00 - 3:30 PM | Ages 18+ \$3 | #36571

Pickleball | Mondays, Wednesdays & Fridays, 10:00 AM - 1:00 PM | All Ages | \$3 | #36576









Art programs and classes in various mediums including performing arts, painting, sculpture, printmaking, drawing and photography.

## **Broad Ripple Park**

Quilting Camp | Mondays, September 8 - 22, 6:30 - 7:30 PM | Ages 8-16 | \$125 | #34353 Learn the basics of quilt construction in this three-part home-arts camp. All supplies are provided, including machines. You are welcome to bring your own machine if you prefer. Construction will be done on the machine, and final quilting will be done by hand.

Adult Arts & Crafts | Ages 18+

• Crochet | September 2, 9, 16, 23, 30, October 14, 21, 28, November 18, 25, December 2, 9, 16, 7:00 - 8:00 PM | \$11/class

 Learn the basics of crochet stitches and how to read a pattern. This is a stand-alone class, but you are welcome to come back with your own project to work on. Yarn and hook provided for the initial class.

Adult Sewing Basics | September 2, 16, 23, 30, October 14, 21, 28, November 18, 25, December 2, 9, 16, 5:30 – 7:00 PM | \$20/class
Learn how to make your own clothing from cutting to completed construction. Machines are provided, but you are welcome to bring your own.
Candle Making | November 1, 12:00 – 1:00 PM | \$20 | #34064
As the days grow shorter and nights longer, candles are perfect for your home or to give as a gift. Make your own poured candles in the snow or sand!
Flower Arranging | November 15, 12:00 – 1:00 PM | \$30 | #34065
Learn the basics of flower arranging by practicing on your very own to take home! Containers, flowers, and tools will be provided.

Teen Arts & Crafts | Ages 8 - 17

• Teen Sewing Basics | September 8, 15, 22, 29, October 6, 20, 27, November 10, 17, 24, December 1, 8, 15, 4:30 - 6:00 PM | \$20/class

• Learn how to make your own clothing from cutting to completed construction. Machines are provided, but you are welcome to bring your own. Each class is a stand-alone session to introduce the basics of sewing. After the initial introduction to using the machine, you are welcome to bring in your own project to work on

are welcome to bring in your own project to work on.
Wreaths | November 17, 6:30 - 8:00 PM | \$40 | #34558
We will create a Fall Harvest and Winter Celebration Wreath to decorate your home.

Little Gardeners | Ages 3 - 6
Grapevine Wreath | September 20, 10:00 - 11:00 AM | #34120
Join us in decorating your very own Grapevine Wreath. Ribbon and other decorations will be provided, but feel free to bring special small items to make your wreath unique.
Apple Crafts | October 4, 10:00 - 11:00 AM | #34121
Our apple crafts will range from making Apple Chips to making Apple Prints.
Herbal Oils | October 18, 10:00 - 11:00 AM | #34122
We will be making Herbal Oils and Vinegars that can be used all year round for yummy treats in the kitchen

treats in the kitchen.
Candle Making | November 1, 10:00 - 11:00 AM | #34123
As the days grow shorter and nights longer, candles are perfect for your home or to give as a gift. Make your own poured candles in the snow or sand.
Potpourri | December 6, 10:00 - 11:00 AM | #34124
We will be making homemade potpourri this week. Also work on hand printed wrapping

paper and cinnamon ornaments.

ShooBeeLoo | Saturdays, October 18 - November 22 | Ages 1.5 - 4 | \$60 | Meow, meow, our mittens we have found" sing the happy cats. We will be exploring emotions in this feline focused musical meow fest; You and your preschooler can curl up in a little ball of fur or chase mice around the room. Just wait until they get their itty, bitty, kitty paws on the drums, xylophones and other percussion instruments provided by singer/guitarist Michelle Marti in this age-appropriate music class for young children attending with a parent or caregiver.

• 9:30 - 10:15 AM | #36277

• 10:30 - 11:15 AM | #36301

Skipping Stones | All Ages | \$20
These classes are for a child and a guardian.

• Art of Observation | September 26, 7:00 - 8:00 PM | #34326

• Pumpkin Time | October 24, 7:00 - 8:00 PM | #34327

• Creative Cooking | November 21, 7:00 - 8:00 PM | #34328

• Potpourri | December 19, 7:00 - 8:00 PM | #34329

#### **Brookside Park**

Girl Power Arts | Wednesdays, September 3 - December 3, 4:30 - 5:30 PM | Ages 12 - 15 | Free

Discover your creative potential and join us for GIRL POWER! This club is a space for young ladies to connect with others who share a passion for creating content for social media, crafting, photography, poetry, and art!

Eastside Anime Club | Wednesdays, 6:00 - 7:30 PM | Ages 18+ | Free | #36475 Welcome to Eastside Anime Club, your ultimate destination for all things anime! Whether you're a seasoned otaku or just starting your journey into the vibrant world of Japanese animation, our club is the perfect place to connect with fellow enthusiasts who share your passion.

#### Christian Park

Eastside Anime Club | Wednesdays through December 17, 6:30 - 7:30 PM | Ages 18+ | Free

Welcome to Eastside Anime Club, your ultimate destination for all things anime! Whether you're a seasoned otaku or just starting your journey into the vibrant world of Japanese animation, our club is the perfect place to connect with fellow enthusiasts who share your passion.

Keepin' it Reel | Fridays, September 5 - October 24, 6:00 - 8:00 PM | Ages 12+ | Free | #36424 | Keepin' It Reel provides a space and opportunity for students and adults to view a wide range of films in a movie-theater-styled setting and to engage in discussion of those films in a casual environment. Films range from Hollywood blockbusters to cult classics to obscure independent gems. Facts about each film will be given before each viewing and a brief Q&A following the film.

## Eagle Creek Park

INFiber Spirit & Place Exhibit | Earth Discovery Center | November 9 – 30 during normal opening hours | All Ages | Free with park admission | #36589 | INfiber is a gathering of fiber artists who meet monthly to share, educate, and inspire each other. Enjoy nature-themed fiber art by INFiber, on exhibit at the Eagle Creek Earth Discovery Center. Art sales support the park through the Eagle Creek Park Foundation.









#### Garfield Park Arts Center

Book Club: Tuesdays with Morrie | Tuesdays, September 2 - October 7, 5:30 - 6:30 PM #36756

Led by Emily Gaus and hosted in our cozy library, Join us for a 6-week journey through Tuesdays with Morrie. First session we'll get to know one another and we will begin reading for the following week. Bring your own book or access it free online. Author Mitch Albom explores poses some of life's greatest questions and explores the importance of living a meaningful life, centered around love, relationships, and finding purpose, even in the face of mortality.

Queer Community Art Night | September 3, 5:00 – 7:00 PM | All Ages | Free | #36494 Free program but must sign up to reserve your spot! Bring the projects you're working on or use our supplies and create community in the open studio!

Artist Anonymous | Thursdays, September 4 - December 18, 6:00 - 7:00 PM | Ages 18+ | Free #34609

Every Thursday, we gather in the second floor dance studio to share work, give and receive feedback, and learn from our peers in a respectful, positive environment, in a way to continue growing and learning outside of an academic environment.

Sunday Open Studio | Sundays, September 7 - December 21, 1:00 - 7:00 PM | Ages 13+ | \$5 #34606

We provide basic art supplies, and you can place orders for additional materials to have available for purchase in the future. Whether you're an experienced artist or a curious beginner, this is the perfect space to explore, create, and connect with others. Let your imagination flourish in our welcoming community of artists!

Thursday Open Studio | Thursdays, September 11 – December 18, 2:00 – 8:00 PM | Ages 13+ \$5 | #34613

We provide basic art supplies, and you can place orders for additional materials to have available for purchase in the future. Whether you're an experienced artist or a curious beginner, this is the perfect space to explore, create, and connect with others. Let your imagination flourish in our welcoming community of artists!

Stitch 'Em, Fix 'em, Demin | September 13, 3:00 - 5:00 PM | Ages 15+ | \$15 | #35576 This workshop will focus on mending heavy-duty items made of sturdy fabrics like denim and canvas. Participants will use needles, thread, and fabric scraps to reinforce their worn garments.

VA Writing Class | Ages 18+ | \$5

Join us for a relaxed and inspiring writing class exclusively for veterans, developed in partnership with the VA. Each month, participants will explore a different form of self-expression, from poetry to world-building, fiction, non-fiction, and journaling. This informal one-hour session provides a welcoming space to share your voice, connect with others, and unleash September 11, 1:00 - 2:00 PM | #34652
October 9, 1:00 - 2:00 PM | #34653
November 13, 1:00 - 2:00 PM | #34654
December 11, 1:00 - 2:00 PM | #34655

BARTer & Trade Market | September 20, 3:00 - 5:00 PM | All Ages | Free | #36492 We've all got cool art and talents, let's share! Join us for the no money market. This event is for artists of all mediums to barter and trade their arts and arts services. Maybe you're a ceramic artist looking to get some pants hemmed up, or a portrait artist looking for a new necklace/earring set and vice versa!

Intro to Wheel Throwing | September 16, 3:00 - 5:00 PM | Ages 13+ | \$15 | #36289 Sign up for this fun, one-night class to try your hand at wheel throwing! Led by Ceramics professional, Rina Nguyen.

• September 16, 3:00 - 5:00 PM | #36289

• October 14, 3:00 - 5:00 PM | #36290

• November 11, 3:00 - 5:00 PM | #36293

• December 9, 3:00 - 5:00 PM | #36294

Beyond Your Closet | October 25, 3:00 - 5:00 PM | Ages 15+ | \$15 | #35577
This workshop will focus on mending non-clothing items. Participants will use needles, thread, and scrap fabric to bring new life to well-loved things and stuff. Items to bring: tea towels, dog toys, fabric bags.

Grassy Creek Environmental Community Center

Plein Art Painting | October 4, 11:30 AM – 1:45 PM | Ages 18+ | \$10 | #36528 Immerse yourself in the tranquility of nature and learn the art of capturing its beauty on canvas! This Plein Air workshop is designed to unlock your inner artist and inspire you to paint captivating landscapes directly from natural landscapes found at Grassy Creek.

Holliday Park

Coffee & Crafts | October 18, 10:00 AM – 12:00 PM | Ages 18+ | \$10 | #36503
Grab a snack and get creative this fall by using natural materials to make one-of-a-kind botanical inspired prints using gel plates. During this hands-on workshop, you'll get instruction on creating textures and layering colors to produce a variety of prints on paper. No prior printmaking experience is required, materials are provided, and be prepared to get a little messy.

## Indianapolis World Sports Park

Tie-Dye T-Shirt Day | September 12, 6:00 – 7:00 PM | Ages 3+ | \$5 | #36562 We will provide all of the dying supplies all you need to bring is a white T-shirt in your size! This activity will be a guided follow along craft for all ages.

Indy Island Aquatic Center
Intro to Comics | Ages 7 - 13 | \$20

Are you interested in a six-week program where your child can explore various techniques and styles of art alongside like-minded peers? Indy Island is excited to offer our youth art class, designed to provide an introduction to the world of comic art

provide an introduction to the world of comic art.

• September 6 – October 11, 10:00 – 11:00 AM | #36537

• November 8 – December 13, 10:00 – 11:00 AM | #36539

Ballet for Beginners | Tuesdays, September 23 - December 9, 5:00 - 5:45 PM | Ages 5 - 8 | Free #36542

A beginner ballet class for children ages 5-8 focuses on introducing basic ballet movements, developing coordination, and fostering a love for dance in a fun, supportive environment.

#### Juan Solomon Park

Adult Sewing Basics | Ages 18+ | \$20 Learn how to make your own clothing from cutting to completed construction. Machines are provided, but you are welcome to bring your own. Each class is a stand-alone session to introduce the basics of sewing.

September 3, 6:00 – 7:30 PM | #35394
September 17, 6:00 – 7:30 PM | #35396
October 8, 6:00 – 7:30 PM | #35405
October 22, 6:00 – 7:30 PM | #35407

Teen Sewing Basics | Ages 8 - 17 | Free Learn how to make your own clothing from cutting to completed construction. This class is for 8-17 years old. Machines are provided, but you are welcome to bring your own. Each class is a stand-alone session to introduce the basics of sewing.

• September 3, 4:30 – 6:00 PM | #35410

• September 17, 4:30 – 6:00 PM | #35412

• October 8, 4:30 – 6:00 PM | #35415

• October 22, 4:30 – 6:00 PM | #35417

#### Krannert Park

Square Dance Lessons | Tuesdays, September 16 - December 30, 6:00 - 8:00 PM | Ages 8+ | Free Come join the fun! If you can walk, you can square dance! Couples, singles, children, everyone is welcome!

Crochet Club | Tuesdays, 4:00 – 5:00 PM | Ages 9+ | Free | #35603 Krannert Park Crochet Club is a community-based group where individuals of all skill levels come together to learn, share, and create beautiful crochet projects. Whether you're a complete beginner or an experienced crocheter, the club provides a friendly, welcoming environment to practice and develop your skills while having fun and socializing with others.

Pop-Up Painting Session | October 3, 5:30 - 6:30 PM | Ages 2.5 + | \$10 | #36333

Join us for a creative, colorful painting session that's perfect for the whole family! Whether you're a budding artist or just looking for a fun activity, this drop-in event is open to all ages and skill levels. All materials are provided — just bring your imagination and be ready to get messy! We recommend wearing clothes that you don't mind getting a little paint on.

• September 20, 12:00 - 1:00 PM | #35791

• October 3, 5:30 - 6:30 PM | #36333

• November 22, 12:00 - 1:00 PM | #36334

• December 20, 12:00 - 1:00 PM | #36335

Washington Park

Rock, Paper, Scissors | Fridays, September 5 – 19, 1:00 – 2:00 PM | Ages 12+ | \$45 | #36368 In this three-session class, each participant will learn the history behind paper making and how it's changed over time. We will use recycled materials and plant materials to make paper and then make a journal from the paper. Lots of water will be used for this project, so please dress for the mess.

Arts & Crafts | Ages 8+ | \$20

• Painting | September 4, 5:30 - 6:30 PM | #36316

• Paper-Mache | September 5, 5:00 - 6:00 PM | #36318

• Drawing | September 5, 3:00 - 4:00 PM | #36317

• Mixed Media | September 11, 5:30 - 6:30 PM | #36319

• Ribbon Embroidery | September 12, 3:00 - 4:00 PM | #36320

• Ribbon Embroidery | September 19, 3:00 - 4:00 PM | #36321

• Grapevine Wreath | September 20, 2:00 - 3:00 PM | #36322

• Arts Show | September 26, 6:00 - 8:00 PM | Free | #36323

• Herbal Oils & Vinegars | October 18, 12:00 - 2:00 PM | #36324

#### Arts for All

Arts for All | Free | Geared towards ages 5-11

Arts for All is a drop-in program where youth can engage in creative, engaging art activities. Participants will be able to take their project home the same day. All materials are provided. There will be a different project each month.

• Ellenberger Park | Mondays, 5:30 - 6:30 PM | #36604

• Krannert Park | Wednesdays, 5:30 - 6:30 PM | #35616

• Pride Park | Fridays, 5:00 - 6:00 PM | #35446

• Thatcher Park | Tuesdays, 5:30 - 6:30 PM | #35710







## **AQUATICS**

Fitness, recreation, competitive, and leisure activities taking place in a body of water.

Indy Island Aquatic Center

Preschool Swim Lessons | Ages 3 - 5 | \$34

Children who know how to swim not only can save themselves when in water, but are far more equipped to recognize the dangers of water. Indy Parks Swim School Preschool swim lessons are designed for children 3 to 5 and will cover a broad range of core swimming skills helping students become comfortable in the water as well as basic water safety.

• Tuesdays, October 7 – November 18, 5:30 – 6:00 PM | #36523

• Tuesdays, October 7 – November 18, 6:30 – 7:00 PM | #36522

Youth Swim Lessons | Ages 5 – 14 | \$49 Children who know how to swim not only can save themselves when in water, but are far more equipped to recognize the dangers of water. Indy Parks Swim School Youth swim lessons are designed for children 5 and over and will cover a broad range of core swimming skills helping students become proficient in the four basic strokes of freestyle, backstroke, breaststroke and butterfly as well as basic water safety.

• Tuesdays, October 7 – November 18, 5:15 – 6:00 PM | #36511

• Tuesdays, October 7 – November 18, 6:15 – 7:00 PM | #36520

#### Krannert Park

Preschool Swim Lessons | Ages 3 - 6 | \$34
The students concentrate on becoming comfortable in the water and strengthening students' Tuesdays & Thursdays, September 16 - October 2, 6:30 - 7:00 PM | #35647
Tuesdays & Thursdays, October 7 - 23, 6:30 - 7:00 PM | #36567
Tuesdays & Thursdays, October 28 - November 13, 6:30 - 7:00 PM | #36568
Tuesdays & Thursdays, November 18 - December 4, 6:30 - 7:00 PM | #36569
Tuesdays & Thursdays, December 9 - 30, 6:30 - 7:00 PM | #36570

Youth Swim Lessons | Ages 6 - 11 | \$49
The students concentrate on becoming comfortable in the water and strengthening students' ability to perform skills independently.

Tuesdays & Thursdays, September 16 - October 2, 6:30 - 7:15 PM | #36554
Tuesdays & Thursdays, October 7 - 23, 6:30 - 7:15 | #36556
Tuesdays & Thursdays, October 28 - November 13, 6:30 - 7:15 | #36557
Tuesdays & Thursdays, November 18 - December 4, 6:30 - 7:15 | #36558
Tuesdays & Thursdays, December 9 - 30, 6:30 - 7:15 | #36566

Gillian's Water Aerobics | Mondays - Wednesdays, 6:30 - 7:30 PM | Ages 16+ | \$5 | #36405 This is a high-energy class geared towards participants who want a great workout and want to increase their heart rate.

Lap Swim | Mondays, Wednesdays & Fridays, 11:00 AM – 1:00 PM | Ages 14+ | \$4 for adults, \$3 for youth & seniors, and 2 and under is free | #36401 Lap swim provides designated lanes for individuals to swim laps at their own pace for fitness or training.

Sheila's Aqua Arthritis | Mondays, Wednesdays & Fridays, 9:30 – 10:30 AM | Ages 16+ | \$5 #36404

This water aerobics class is a moderate energy class geared toward those who want a lower impact class. This is a great fit for patrons with injuries, rehabilitation problems, or muscle soreness.

Family Splash | Tuesdays & Thursdays, 11:00 AM – 1:00 PM | Ages 6 months + | \$4 for adults, \$3 for youth & seniors, and 2 and under is free | #36402 Come and enjoy some early swim time! The zero-depth pool will be open to a capacity of 30 people.

Open Swim | Mondays - Thursdays, 4:15 - 6:15 PM, Fridays, 4:15 - 7:15 PM & Saturdays, 12:00 - 3:30 PM | Ages 1+ | \$4 for adults, \$3 for youth & seniors, and 2 and under is free #36400

Open swim offers unstructured pool time for individuals of all ages to swim, exercise, or relax at their own pace. Those under the age of 9 need to have an adult within arm's reach of them, and those who are 13 and under need an adult in the room with them.

Sensory Swim | Tuesdays & Thursdays, 9:30 - 10:30 AM | Ages 6 months + | \$4 for adults, \$3 for youth & seniors, and 2 and under is free | #36403 | Sensory swim offers a calm, low-stimulation pool environment designed for individuals with sensory sensitivities to enjoy the water comfortably.

#### **Thatcher Park**

Tina's Water Aerobics | Tuesdays & Thursdays, 6:30 – 7:15 PM | Ages 16+ | \$5 | #36552 This water aerobics class is a high energy class geared toward those who want a full body workout. This is a great fit for patrons with who are looking to strengthen their muscles.

Open Swim | Weekdays, 4:00 - 5:45 PM, Tuesdays - Thursdays, 11:00 AM - 1:00 PM, Saturdays, 12:00 - 3:00 PM | #36550

Power Hour Swim | Tuesdays - Thursdays, 9:30 - 11:00 AM | Ages 9+ | #36551

Preschool Swim Lessons | Tuesdays & Fridays, 6:00 – 6:30 PM | Ages 3 – 6 | \$34 | #36807 The Indy Parks Swim School Preschool swim lessons are designed for children 3 years to 6 years and will concentrate on becoming more comfortable in the water and strengthen students' ability to perform skills independently. Skills taught at this level will include proper front and back floating, kicking, gliding, treading water and successfully performing front crawl.

Youth Swim Lessons | Tuesdays & Fridays, 6:45 – 7:30 PM | Ages 5 – 14 | \$49 | #36808 Indy Parks Swim School Youth swim lessons are designed for children 5 and over and will cover a broad range of core swimming skills helping students become proficient in the four basic strokes of freestyle, backstroke, breaststroke and butterfly as well as basic water safety.









## **ENRICHMENT**

Programs, classes, and activities with an educational value-added component designed to support or enhance life skills and academic success.

#### **Brookside Park**

Professional Development - Resume Workshop | Mondays, 6:00 - 7:30 PM | Ages 15+ Free | #36489

Join us at beautiful Brookside Park for a hands-on Resume Boosting Workshop designed to help job seekers of all levels craft polished, professional resumes that stand out. Whether you're entering the workforce, changing careers, or looking to upgrade your current resume, this workshop will equip you with the tools, tips, and feedback you need to present your experience with confidence.

Toddler & Me Fun Time | 2nd Friday of each month through December 12 | Ages 3 – 5 | Free During this time the children and parents will enjoy socializing with peers. We will exercise, sing and dance. This year we will have sporting activities, arts and crafts as well. Guardians

are expected to participate.
• 12:00 - 1:00 PM | #36477
• 6:00 - 7:00 PM | #36476

Gardening for our Health | 1st and 3rd Thursday of every month, 4:30 - 5:30 PM | \$5

Gardening is a phenomenal way to get connected with what we eat! Gardening can be a community experience that has you sharing your produce, gardening has lots of benefits! The connection with fresh produce can impact our health and wellbeing.

#### **Christian Park**

Trivia Beast | Thursdays, September 4 - October 30, 6:00 - 7:00 PM | Ages 12+ | Free #36419

Do you have what it takes to be the ultimate TRIVIA BEAST? Gather your friends and join us for a weekly quiz night. This is your chance to show off your knowledge, learn a few facts, and have fun in a friendly competition. Prizes will be awarded to winning teams!!

Ellenberger Park

Pre-K Open Play | Thursdays, September 4 - 25, 1:00 - 2:00 PM | Ages 1 - 5 | \$3 | #36655 Looking for an open space to let you little one burn off some energy? Join Ellenberger Park on Thursday afternoons!

## Frederick Douglass Park

Book It: Reading Literacy | Mondays, September 8 – December 29, 4:00 – 5:30 PM | All Ages

In partnership with Booking It Inc., we will be putting books in the hands of young people in our area, helping promote literacy and a love of reading. Meet us on the grand staircase, and let's build comprehension, critical thinking, problem-solving skills, and open up your imagines. By providing access to books, we can help bridge the gap and give children a hand up.





## Indianapolis World Sports Park

Book It: Reading Literacy | Mondays, September 8 – December 29, 4:00 – 5:30 PM | All Ages Free | #36680 |
In partnership with Booking It Inc. we will be putting books in the hands of young people in our area, helping promote literacy and a love of reading. Meet us on the grand staircase and let's build comprehension, critical thinking, problem-solving skills, and open up your imagination. By providing access to books, we can help bridge the gap and give children a hand up.

## Indy Island

Dungeon Master's Academy: Intro to D&D | Fridays, September 26 - October 24, 6:00 - 7:00 PM | Ages 13 - 17 | \$10 | #36536 Step into a world of magic, monsters, and storytelling with this beginner-friendly introduction to the legendary world of Dungeons & Dragons! Whether your brand new to tabletop roleplaying games or just need a refresher, this five-week adventure will equip you with the tools and knowledge you need to start your first quest.

#### Krannert Park

Self Defense | Fridays, September 26 - November 7, 6:00 - 7:00 PM | Ages 14+ | \$25 #35864

Krannert's six-week self-defense class is dedicated to teaching those 14 and up critical skills to help defend oneself.

#### Pride Park

Chess Club | Fridays, September 5 - November 28, 6:00 - 8:00 PM | Ages 3+ | Free #35353

Chess club provides a welcoming space for players of all skill levels to learn and improve their chess skills. With instructor, Colin Hargreaves present to teach beginners and assist more experienced players, members enjoy the mental benefits of chess, such as improved memory, concentration, and strategic thinking. Beyond the game, Chess Club helps build a sense of community, fostering friendships and offering a fun, social environment for all players to connect and engage.

#### **Rhodius Park**

Books for Burgers | Weekdays 4:00 – 5:00 PM | Ages 9 – 17 | Free | #36375
Book topics will be provided to the Community Youth weekly. They'll have an opportunity to read books, then do an interactive book report for the youth and staff in the game room during the required time & date. Youth who participate will also have an opportunity to get a coupon per interactive book report to go into a jar for a monthly giveaway.

Skills and Life Goals Workshop | Thursdays, September 4 – 25, 4:15 – 5:15 PM 6 – 12 | Free | #36971

Indy Parks is partnering with Eron Gordon and his foundation to provide a free program for the youth, Dream Big Lab. The program will help the youth involved to discover goals and passions, empower their belief in themselves, teách applicable skills, and unleash their imagination.

#### Riverside Park

Be the Change | Saturdays, September 13 - October 4 | Ages 15 - 18 | Free | #35921
Be the Change engages, educates, and empowers youth to stop the #1 unintentional killer of young people - car cashes! Create safer streets for everyone - cars, bikes, pedestrians, & more. Build Real-World Skills to boost your job & college applications. Get Creative & make an impact thru art, social media, and powerful activities.

## **ENVIRONMENTAL EDUCATION**

Programs and activities that aim to teach those of all ages more about their environment, develop environmental stewardship, and learn how to appreciate the natural world around them.

**Eagle Creek Park** 

Vulture Visit | Ornithology Center | All Ages | Free with Park Admission
Did you know that the Ornithology Center is home to two non-releasable vultures? Come meet
Matilda the Turkey Vulture and, new resident, Beaker the Black Vulture! You will be watching a
feeding demonstration and learning why vultures are so important to our environment.
• September 2, 2:00 – 2:30 PM | #36432
• October 2, 4:00 – 4:30 PM | #36433

Nocturnal Migrants | Ornithology Center | September 3, 7:30 – 9:00 PM | All Ages Youth are Free, Adults \$10 | #36538 |
Attention birders! Have you ever wanted the opportunity to observe migrating birds at night? Each fall, hundreds of species of songbirds make the perilous journey from their Canadian are under the perilous of species of sp breeding grounds to the jungles of South America. The first half of the class will be inside in the classroom, and the second half will be held in the field to listen for any migrating songbirds, as well as see if we can view them flying past the moon using a scope and binoculars. Binoculars provided for participants.

Medicinal Plants Hike | Ornithology Center | September 9, 2:00 – 3:30 PM | All Ages | Free with Park Admission | #36601

Uncover the fascinating world of medicinal plants right here at the Eagle Creek Ornithology Center! Join us for our Medicinal Plants Hike: Nature's Apothecary, a unique program designed to explore the historical and traditional uses of local flora.

Story Time on the Reservoir | Earth Discovery Center | Ages 2 - 6 | Free with Park Admission

After reading a nature-themed story, participants will be able to visit stations at their own pace. The stations will vary from week to week but may include puppets, coloring pages, art, games or active play, animal visits, and more about the week's topic.

• Turtle Splash! Countdown at the Pond | September 12, 10:00 - 11:00 AM | #36577

• A Spoonful of Frogs | October 22, 10:00 - 11:00 AM | #36578

• Heads and Tails | November 14, 10:00 - 11:00 AM | #36579

• Goodbye Autumn, Hello Winter | December 17, 10:00 - 11:00 AM

Raptor Feeding Time | Ornithology Center | Saturdays, 2:30 – 2:45 PM | All Ages with Park Admission | #36431 | Join a naturalist at the Ornithology Center to watch us feed one or more of our Raptor Ambassadors. Feeding will only take a few minutes so make sure not to be late! Free

Meet a Raptor | Ornithology Center | Sundays, 2:30 – 3:00 PM | All Ages Free with Park Admission | #36429
You will meet\* one of our Raptor Ambassadors and see a special training demonstration.

\*No touching or holding of the birds allowed.

ΑII

Falcon Fridays | Ornithology Center | Fridays through December 26, 2:00 - 2:20 PM Ages | Fee with Park Admission | #36428 Meet\* one of our falcon ambassadors and learn all about their story and natural history. \*The birds trainer will bring them out of their enclosure but NO touching or handling of the birds by the public is permitted.

ABAS Sunday Bird Walk | Meet at Ornithology Center | Sundays through December 28, 9:00 - 11:00 AM | All Ages | Free with Park Admission | #36427

Join a group of new and experienced birders for a brisk morning bird walk! Meets every Sunday morning 9:00 am outside the Eagle Creek Ornithology Center, rain or shine. Led by the local Amos Butler Audubon Society. Bring your own binoculars if you have them!

Bark & Birds | Ornithology Center | September 26, 12:30 - 2:00 PM | All Ages Free with Park Admission | #36592 | Join a naturalist on a guided outing into the woods to get an introduction to identifying trees

by their bark. Knowing trees by their bark is an excellent way to refine your identification skills. On this guided excursion, we will focus on color, texture, and characteristic pattern differences that will help you learn your trees.

Turtle Recess | Earth Discovery Center | All Ages | Free with Park Admission

Visit with our educational turtle ambassadors as they enjoy some enrichment and time out of their enclosures and learn about the native turtles of Indiana. If weather conditions are right, we'll have them outside for some beneficial natural sunlight as well.
September 28, 2:00 - 2:30 PM | #36585
November 16, 2:00 - 2:30 PM | #36590

Homeschool Ornithology Hike | Ornithology Center | Ages 10 – 14 | \$10

Join naturalists on a birding hike to the north end in search of shorebird species within the park! We will target a variety of shorebirds, warblers, thrushes, and more! This is a great opportunity for beginner birders to get hands on identification experience in the field with a skilled naturalist and experienced birder. The majority of the program will be hiking so dress accordingly for the weather.

October 1, 10:30 AM – 12:30 PM | #33469

November 19, 10:30 AM – 12:30 PM | #36540

Breakfast with Bats | Earth Discovery Center | October 5 & 26, November 11, December 21, 2:00 - 3:00 PM | All Ages | Free with Park Admission | #36587

In the afternoon our resident educational bats at the Earth Discovery Center are still supposed to be sleeping, but we'll be waking them up for an early breakfast of delicious crunchy insects and a health check-up. Learn about the native bats that live in Indiana and how we care for our nonreleasable education ambassadors! Please note, no human food will be provided.

Ranger School: The Shadow Blight | Ornithology Center | October 14 & 28, November 11 & 25, 10:00 AM - 12:00 PM | Ages 9 - 13 | \$50 | #36602

A shadow has fallen over the forests of Eagle Creek. A mysterious "Shadow Blight" is spreading, and we need a new generation of heroes to protect the wild! In this 4-part, immersive, Lord of the Rings-inspired adventure series, your child will become a Ranger of Fangorn, tasked with investigating the Blight and learning the skills needed to heal the land. This program is a unique blend of nature education, conservation skills, and live-action role-playing (LARP). Participants will work together, solve mysteries, and develop a deep appreciation for the natural world, all while being the heroes of an epic story.

Snake Recess | Earth Discovery Center | October 19, 2:00 – 2:30 PM | All Ages Free with Park Admission | #36591

Visit with our educational black rat snake ambassador as she enjoys some enrichment and time out of her enclosure and learn about the native snakes of Indiana.

Pigeons & Peregrines | Ornithology Center | All Ages | Free with Park Admission Come learn about our two urban Avian Ambassadors, Albert the Pigeon and Freyja the Peregrine Falcon, who are usually behind the scenes here at the Ornithology Center. You will get to meet both birds separately and then enjoy some urban bird-themed crafts.

November 5, 3:00 - 4:00 PM | #36435

December 3, 3:00 - 4:00 PM | #36436

## Garfield Park Conservatory

Dollar Menu | Ages 2+ | \$1/person eating Remember the dollar menu days? We're bringing it back in the children's garden! Drop by to harvest, prepare, and share a simple garden meal in good company. The menu will vary week

by week, based on the garden's abundance.
September 3, 5:30 – 6:30 PM | #35692
September 17, 5:30 – 6:30 PM | #35693

Fermentation Series | Ages 10+

Come explore the kitchen alchemy of fermentation!

• Hot Sauce | September 6, 12:00 – 1:00 PM | \$15 | #36443 | A good hot sauce has fire and culture! Join us to delve into the history of the mighty pepper and create a hot sauce blend

tailored to your palate.

Kimchi | October 18, 12:00 - 1:00 PM | \$10 | #36408 | Learn how to take cabbage, daikon and carrot from harvest through preparation and lactic acid fermentation, resulting in

delicious, spicy kimchi!

Lemons | November 15, 11:00 AM - 12:00 PM | \$15 | #36407 | Fortify yourself against winter's dark with this sunny staple of Mediterranean cuisine! Preserved lemons add a unique, citrus-sour-salt lift to all kinds of dishes—as well as making excellent holiday gifts for the foodies you love.

Kombucha | November 22, 11:00 - 12:00 PM | \$15 | #36460 | For the price of a few bottles kombucha, why not learn how to brew your own? We'll meet the enigmatic SCOBY, cover both parts of the fermentation process, and share winning flavor tips and combinations!

both parts of the fermentation process, and share winning flavor tips and combinations!

Jungle Tales | Ages 2 - 5 | \$6
Bring your preschooler to this program with a focus on the natural world. Join us for a

different nature-related story, activity, and craft each month.

• September 9, 10:00 - 11:00 AM | #36362

• November 13, 10:00 - 11:00 AM | #36757

Little Green Thumbs | September 17, 10:00 - 11:00 AM | Ages 2 - 5 | \$6 | #35185 Bring your little gardener to get their hands dirty in the Children's Garden. Participants will have the opportunity to plant, care for, and harvest crops in the Garden.

## Garfield Park Conservatory

Garden Storytime | Ages 2 - 8 | Free
Join us in Blake's Children's Garden as we learn about nature through a story reading. After the reading children are encouraged to stay and explore the garden. This program is free and open to anyone wishing to attend.

• September 19, 10:00 – 10:30 AM | #36366

• October 17, 10:00 – 10:30 AM | #36389

## Apples and Johnny Appleseed | September 20, 11:00 AM – 12:00 PM | Ages 2+ | Free #36397

Come learn about this legendary Indiana historical figure and see how cider is made on a small-scale cider press. Then sample some cider while exploring the rest of the Children's Garden and see what other fall favorites might be close to harvest!

Flow Painting | September 24, 6:00 – 7:00 PM | Ages 18+ | \$20 | #36564 Let your creativity flow! Join artist Barb Holzer in this fun and colorful class where participants will explore the exciting technique of flow painting. Artists will learn how to create vibrant, abstract masterpieces using paint pouring methods.

Critter Chat | October 4, 11:00 AM – 12:00 PM | Ages 2+ | Free | #36387 Drop by Blake's Garden to meet one of our resident critters. No registration needed.

Dandelion Magic | October 11, 2:00 - 3:00 PM | Ages 10+ | \$10 | #36409 Come learn how to turn this ubiquitous weed into a pain-relieving salve or bath soak!

Herbal Gifts | November 8, 10:00 – 11:30 AM | Ages 16+ | \$6 | #36393 The Annual Central Indiana Herb Society Holiday Workshop, where you can make and take herbal gifts. Handouts and recipes will be available. Take-home items/gifts will be a surprise.

Fair-Trade Fun! | October 18, 2:00 - 3:00 PM | Ages 14+ | \$20 | #36399 During this program we are going to spend a brief time discussing the importance of fair-trade, while sipping on fair-trade coffee with snacks. Then, we are going to finish up by making a piece of jewelry out of plant seed beads, much like fair-trade artisans do in many countries.

Herbal Soap Workshop | October 25, 10:00 - 11:30 AM | Ages 16+ | #36391 Join the Herb Society of Central Indiana for an opportunity to learn more about soap making. Program will include recipes, handouts and a hands-on workshop.

## Grassy Creek Environmental Community Center

Naturalist Walk | 1st Tuesday of Every Month, 10:00 - 11:00 AM | All Ages | Free | #36527 Join our naturalist as we explore our nature trail and wetlands, as we learn about our native species that call Grassy Creek home.

Animal Highlights | 2nd Wednesday of Every Month through December, 3:00 – 4:00 PM | All Ages Free | #36524

Take part in an animal talk and activity with our naturalist as we learn about some of the various animals that call Indiana home.

Homeschool | Ages 6 - 12 | \$10

Discover and explore your world during a two-hour session of engaging hands-on activities designed to inspire interest in our environment, science, technology, engineering, art, history, and culture. Adults will join their youth for a family learning experience.

• Ornithology | September 16, 10:00 AM - 12:00 PM | #36507

• Entomology | October 21, 10:00 AM - 12:00 PM | #36506

• Native American Archeology | November 18, 10:00 AM - 12:00 PM | #36505

• Human Body | December 16, 10:00 AM - 12:00 PM | #36504

Tiny Explorers | Ages 1.5 - 4 | \$5
A learning space for our smallest community members. Enjoy a story circle and station explorations as you explore and play. Your toddlers will develop their fine and gross motor skills while also diving into problem-solving, social-emotional and communication skills.

• Bubbles | September 9, 10:00 - 11:00 AM | #36676

• Fall Fun | October 14, 10:00 - 11:00 AM | #36444

• Shapes, Lines & Colors | November 11, 10:00 - 11:00 AM | #36493

## Holliday Park

Morning Bird Hikes | All Ages | Free | #36136

Join Amos Butler Audubon Society members and Holliday Park Staff on a monthly morning bird hike. Hikes are open to the public. Beginning birders welcome! Bring a pair of binoculars if you have them.

September 16, 8:00 - 9:30 AM

October 21, November 18 & December 16, 8:30 - 10:00 AM

Critter Tales | 1st Thursday Every Month, September 4 - December 4, 10:00 - 10:30 AM Ages 2+ | Free | #36126

Join us for a delightful hour of fun and learning at this free story time program held inside the nature center! Perfect for toddlers and preschoolers, this engaging program features captivating stories, lively songs, and a special live critter to help spark curiosity and wonder of the natural world.

Garden & Grow Workshop | Fridays, September 5 – October 31, 9:00 – 11:00 AM | Ages 16+ Free | #36130

Join a team of volunteers who help maintain and improve the gardens of Holliday Park alongside horticulturalists Chris Turner and Kelly Frank. A relevant garden topic is presented once a month.

Trail Troopers | 1st Saturday, September 6 - December 6, 10:00 AM - 12:00 PM | Ages 18+ Free | #36141

Love the trails at Holliday Park? Join a group of dedicated volunteers, the Trail Troopers, for a morning of cleanup, trash removal, and weed wrangling. Prepare to roll up your sleeves and get to work by dressing for the weather and don't forget your gloves!

Amos Butler Audubon Society | 2nd Tuesday, September 9 – December 9, 7:30 – 9:30 PM Ages 8+ | Free | #36031

Named after one of Indiana's greatest Naturalists, the Amos Butler chapter of the National Audubon Society is an organization that promotes the enjoyment and stewardship of birds in central Indiana. For more information, visit <a href="https://www.amosbutleraudubon.org">www.amosbutleraudubon.org</a>

Nature Journaling Club | 2nd Wednesday, September 10 - December 10, 10:00 AM - 1:00 PM Ages 15+ | Free | #36751

During this monthly club, you'll spend time outside observing with a group of like-minded nature enthusiasts as you take a closer look at your surroundings and practice mindfulness together. All abilities welcome, and participants must bring their own art supplies and journals.

Natural History Book Club | September 12, October 10, November 14 & December 12, 10:00 - 11:30 AM | Ages 18+ | Free | #36036

There are countless nature-related books that present a variety of pressing environmental concerns. This monthly program offers adults a chance to learn about nature and environmental issues through the words of different nature authors.

Central Indiana Beekeepers Association | September 15, October 20 & November 17, 6:30 - 8:30 PM | Ages 18+ | #36117
The Central Indiana Beekeepers Association (CIBA) communicates and shares beekeeping

knowledge and trends in Marion and Hamilton counties. Learn more at www.indyurbanbeekeeping.org.

Playdate at the Park | 1st Tuesday, September 16 - December 16, 10:00 - 11:00 AM Ages 2 - 6 | Free | #36325
Grown-ups and littles can meet new friends during this designated unstructured nature play in the park. During this kid-led exploration, plan to get your hands, clothes, and shoes dirty as we experience the habitats, plants, and animals of Holliday Park.

Hoosier Herpetplogical Society | September 17, October 15 & November 19, 7:00 - 9:00 PM Ages 2+ | Free | #36120

The Hoosier Herpetological Society is a nonprofit organization dedicated to the education of its members and the conservation of all reptiles and amphibians. All programs are open to the public, families are welcome. Visit www.hoosierherpsoc.org for more information.

Friday Night Campfire | 6:30 - 8:00 PM | Ages 3+ | \$7
Enjoy a sweet treat by the fire, learn about something new, and experience night hiking!
Roasting sticks and s'mores provided, bring your own hot dogs and make a meal of it!

• Monarch Butterflies | September 26 | #36128

• Cranes of Indiana | November 21 | #36129

Family Creek Exploration | September 27, 1:30 - 2:30 PM | Ages 3+ | \$5 | #36127 Holliday Park has ponds and creeks teeming with wildlife. Participants will have loads of fun getting wet and muddy exploring the creatures that live in these wet places. A naturalist will help you identify what you find. Nets and collecting tubs provided. Wear old shoes and clothes that can get dirty.

## Holliday Park

Thoreau Study Group | 1st and 3rd Tuesdays, October 7 – December 16, 10:00 – 11:30 AM Ages 18+ | Free | #36122

Take part in examining the deeper aspects of Henry David Thoreau's Walden and explore its significance for today's rapidly changing world. Written over 150 years ago, this powerful statement about the environment, society, and the spiritual world still continues to challenge us today. Tom Potter, immediate past-president of the International Thoreau Society, will be guiding our review of this and more of Thoreau's works.

Central Indiana Wilderness Club | October 8 & November 12, 6:30 - 8:30 PM | Ages 18+ Free | #36118

Founded in 1982, Central Indiana Wilderness Club is a nonprofit volunteer-run club organized for the purpose of providing education and affordable wilderness adventures. Visit <a href="https://www.ciwclub.org">www.ciwclub.org</a> for more information.

Foraging 101 | October 11, 10:30 AM – 12:00 PM | Ages 18+ | Free | #36332 Foraging is a way to connect to feel more connected to our environment, as well as where we get our food. The forests of Indiana provide plenty of nutritious and tasty options! Join a naturalist at the Holliday Park Nature Center to learn about autumn's edible plants, where to find them, and any look alike plants. We will also learn how to forage safely, ethically, and sustainably. All participants will receive a booklet with recipes using edible plants that are commonly found in Indiana! Learn about Nature's bounty and begin to forage with confidence!

Fall Bird Migration Hike | October 18, 10:00 – 11:00 AM | Ages 3+ | Free | #36346 As temperatures fall and leaves cool in central Indiana, Holliday Park becomes a vital stopover for warblers, thrushes, sparrows, and other migratory species. This guided hike is perfect for birders of all levels—wear good shoes and bring your binoculars to enjoy the beauty of autumn and avian life in motion.

Nature & Ritual | November 8, 1:00 - 3:30 PM | Ages 18+ | Free | #36512

Nature & Ritual: Celebrating the Natural World while Grieving Ecological Losses. Many of us feel alone in our ecological grief. Let's take a guided, multi-sensory forest therapy walk, culminating in a community art ritual that celebrates the natural world while also acknowledging the ongoing loss of its landscapes and species. A partnership among author Dheepa R. Maturi, forest therapy practitioner Paula Goldberg, and Holliday Park.

Fall Creek Garden Club | November 10, 1:00 – 3:00 PM | Ages 18+ | Free | #36119
The Fall Creek Garden Club (FCGC) promotes knowledge and love of gardening. It was originally established in 1941 by women from Fall Creek, but now includes members citywide. Members are great resources for native plants, landscape design, invasive plant management, conservation and floral arrangements.

Nature Journaling Club | November 13, 10:00 AM – 1:00 PM | Ages 15+ | Free | #36752 During this three-hour workshop, an instructor will lead exercises to using words, pictures, and numbers to record and collect your observations, thoughts, and experiences in nature onto a page of your journal. All abilities welcome and participants must bring their own art supplies and journals.

#### Pride Park

Wild with Pride | Mondays, September 29 - November 24, 4:30 - 5:30 PM | Ages 5 - 13 | Free #37100

Get ready to go Wild with Pride! Kids will explore the outdoors, learn about local wildlife and plants, play nature-themed games, and meet some new critter friends along the way.

## Washington Park

What's in the Pond? | September 11, 6:00 – 7:00 PM | Ages 8 – 12 | Free | #36837 Ever wonder what lives in the pond at Washington Park? Join our pond expert to search and discover what lurks below. We will find and identify various aquatic critters. There is a chance we will get messy so please wear appropriate clothing.

Bug Hunt | September 17, 6:00 - 7:00 PM | Ages 8 - 12 | Free | #36838
What's the Buzz? You see them crawl, you see them fly, but what are those bugs? Be a bug scientist today. Join our staff as we venture out into Washington Park's meadow to use nets to catch, identify and desument the innerteend are physical that live in the park. identify, and document the insects and arachnids that live in the park.

Intro to Camping | September 27, 11:00 AM - 12:30 PM | All Ages | Free | #36840 Fall is a great time to camp. Want to know more? Join us to discover what equipment you'll need, how to use it, and great locations for camping. This activity is for families so, bring the kids too.

Guided Nature Hikes | Saturdays, October 11 – 18, 8:00 – 9:00 AM | Ages 6+ | Free | #36851 Join us on a guided walk though Washington Park. Discover the names of your favorite birds, trees, plants, and wildlife. This will be a walk with frequent stops. Please wear comfortable shoes.

## **HEALTH & WELLNESS**

Classes and programs focusing on strengthening participants' physical, emotional, spiritual, and social health.

## **Broad Ripple Park**

Healthy Bones with Theresa | Wednesdays, September 3 – October 8, 12:30 – 1:15 PM | Ages 18+ \$62 | #35837

Theresa will guide you through a combination of cardiovascular exercises for healthy hearts and strengthening exercises for strong bones, and stretching techniques for flexibility. In this class, we will provide the use of weights, bands and balls, and mats.

Fat Chance Belly Dance 1.5 | Wednesdays, September 3 – October 8, 7:00 – 8:00 PM | Ages 18+ \$65 | #36349

If you have some belly dance background, this class will teach you the basic and intermediate dance vocabulary of FCBD Style/ATS, a style developed in the 1980s by the Bay Area troupe Fat Chance Belly Dance. Once you've learned the movement vocabulary, you can jam with any other Fat Chance style dancer out there! Gentle on the body, the moves are inspired by Middle Eastern dance, Indian dánce, and flamenco.

Family Xtreme Hip Hop with Kaira | Thursdays, September 11 – 25, 6:30 – 7:30 PM | Ages 10+ \$30 | #35911 Xtreme Hip Hop for Families is a hip hop aerobics class. We use aerobic steps and hip hop moves to create a fun way of getting active. We will apply our beginner steps to songs and slowly intensify. This is beginner-friendly, and no previous experience is needed.

Pilates with Theresa | Tuesdays, September 16 – November 4, 12:00 – 12:45 PM | Ages 18+ | \$62 | #35831

Pilates is a mind-body exercise. Benefits include better posture, better coordination and balance, increased lung capacity, improved concentration and focus, increased body awareness, increased strength, stress management, and injury prevention. Mat work is a great choice for everyone from Pilates beginners to advanced students because the exercises not only can build in difficulty, but every exercise can be modified to decrease or increase the level of challenge.

Strengthening & Toning with Theresa | Tuesdays, September 16 – November 4, 11:00 – 11:45 AM | Ages 18+ | \$62 | #35828

This class is designed to increase physical strength through weight-bearing and resistance exercise. All major muscle groups are worked from head to toe. This class includes a cardio warm up. Class includes weights and band training, bodyweight exercises, and finishes with core and balance training then a full body stretch for a complete workout.

Tai Chi Chaun | Ages 18+ | \$57
Come join Sifu Barbara Kazanjian for gentle movement, soft self-defense, and meditation in movement known as Tai Chi Chuan. Come meet other people and become part of a community.

• Mondays, September 29 – November 10, 6:30 – 7:30 PM | #34569

• Mondays, November 24 – December 29, 6:30 – 7:30 PM | #34570

#### Christian Park

Taekwondo | Mondays & Wednesdays, 6:00 - 8:00 PM, Saturdays, 10:00 AM - 12:00 PM | Ages 6+ \$55/month | #36417 Learn self-defense, discipline, concentration, and flexibility all while getting fit. Classes are taught by a 7th degree ATA Certified black belt, Mondays and Wednesdays, and Saturday's.

## Indy in Motion

Indy in Motion | Ages 18+ | Free

Start a new fitness routine or continue an existing plan while making new friends. This free class provides a great workout for all ages, levels, and interests. Workout styles vary by instructor.

• Broad Ripple Park | Tuesdays & Thursdays, 7:00 - 8:00 PM | #36679

• Garfield Park Burrello Family Center | Tuesdays & Thursdays, 5:30 - 6:30 PM | #36340

• Krannert Park: Aerobic Step | Mondays, 5:30 - 6:30 PM | #35606

• Krannert Park: Yoga | Tuesdays, 6:00 - 7:00 PM | #35608

• Krannert Park: Strength & Cardio | Wednesdays, 5:30 - 6:30 PM | #35607

• Rhodius Park: Zumba | Mondays & Wednesdays, 5:30 - 6:30 PM | #35664

• Washington Park | Mondays - Thursdays, 5:30 - 6:30 PM | #36759

## Frederick Douglass Park

Food Labels | October 11, 11:00 AM – 12:00 PM | Ages 18+ | Free | #36687

Ever feel overwhelmed by the numbers and ingredients on food packages? You are not alone. Learn how to decode food labels with confidence, spot hidden sugars, unhealthy fats, and other sneaky additives that may be sabotaging your health. With the right tools and tips, you'll be able to shop smarter and make more informed decisions. This class is taught by the Marion County Public Health Department.

Shop Smarter, Eat Better | October 16, 11:00 AM – 12:00 PM | Ages 18+ | Free | #36690 Grocery shopping doesn't have to be stressful or confusing. Discover how to choose healthy, budget-friendly foods and steer clear of common mistakes that can add up over time. With practical tips and simple strategies, you'll learn how to navigate the aisles with confidence and make every shopping trip a win for your health and your wallet. This class is taught by the Marion County Public Health Department.

Fiber for Health | November 13, 11:00 AM - 12:00 PM | Ages 18+ | Free | #36684 Fiber does more than keep you full-- it supports healthy digestion, balances blood sugar, and can even help with weight management. Discover easy and delicious ways to add more fiber to your daily meals. This class is taught by the Marion County Public Health Department.

Portion Control | December 11, 11:00 AM – 12:00 PM | Ages 18+ | Free | #36694 Eating the right amount can have a powerful impact on our weight, energy, and blood sugar. discover simple, practical ways to manage portions without feeling deprived. With easy tips and real lie strategies, healthy eating can feel natural, satisfying and stress free. This class is taught by the Marion County Public Health Department.

#### Garfield Park Arts Center

Yoga in the Gallery | All Ages | Free Experience the serenity of yoga surrounded by inspiring art! Join Leah Foster every other week for Yoga in The Gallery, a free class held in the beautiful third-floor main art gallery at GPAC. Thanks to a generous grant from Heartland Mindfulness Collective, this session is open to all skill levels and a generous grant from Heartland Mindfulness (free to the public.

• September 13, 10:00 - 11:00 AM | #34953

• September 27, 10:00 - 11:00 AM | #34954

• October 11, 10:00 - 11:00 AM | #34955

• October 25, 10:00 - 11:00 AM | #34956

• November 8, 10:00 - 11:00 AM | #34957

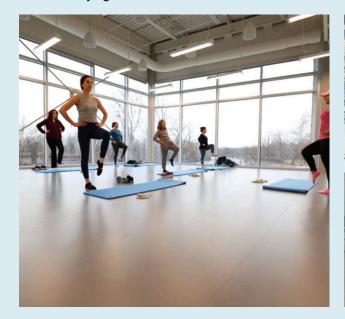
• November 22, 10:00 - 11:00 AM | #34958

• December 6, 10:00 - 11:00 AM | #34959

• December 20, 10:00 - 11:00 AM | #34960

## Garfield Park Burrello Family Center

Community Yoga | 2nd Monday of Every Month starting November 10, 6:30 - 7:30 | Ages 16+ Free | #36535 | Want to get your mind, body and soul in sync? Come check out our FREE yoga program on the second Monday of every month! This program is for all levels. We are asking participants to bring their own yoga mat but have extras if needed.







#### Krannert Park

Tykes Tae Kwon Do | Mondays, September 1 – December 22, 6:15 – 6:45 PM | Ages 4 – 6 | \$25 #35862

A great introduction to martial arts for 4-6 year olds. Kids will be active and have fun learning basic Tae Kwon Do kicks and techniques.

Line Dancing | Wednesdays, September 3 - December 31, 6:30 - 7:30 PM, Saturdays, September 6 - January 3, 1:00 - 3:00 PM | Ages 18+ | \$3 | #35609 Step into the rhythm and join us for Line Dancing, where dance meets exercise in a lively, social

atmosphere! This class is perfect for beginners and seasoned dancers alike, offering a great way to improve your coordination, fitness, and confidence on the dance floor.

Beginners Tae Kwon Do | Thursdays, September 4 – December 18, 6:00 – 7:00 PM | Ages 7 – 12 \$20 | #36285

Welcome to our Beginner Tae Kwon Do class, where we introduce you to the exciting world of this dynamic Korean martial art. Tae Kwon Do focuses on powerful kicks, precise strikes, and effective self-defense techniques, all while promoting fitness, discipline, and self-confidence.

Seasoned Beginners Tae Kwon Do | Thursdays, September 4 – December 18, 6:00 – 7:00 PM Ages 7 – 12 | \$20 | #36287

Welcome to our Beginner Tae Kwon Do class, where we introduce you to the exciting world of this dynamic Korean martial art. Tae Kwon Do focuses on powerful kicks, precise strikes, and effective self-defense techniques, all while promoting fitness, discipline, and self-confidence.

Intermediate Tae Kwon Do | Mondays & Thursdays, September 1 - December 18, 7:00 - 8:00 PM Ages 14+ | \$20 | #36288 Welcome to our Intermediate Tae Kwon Do class, where we introduce you to the exciting world of this dynamic Korean martial art. Tae Kwon Do focuses on powerful kicks, precise strikes, and effective self-defense techniques, all while promoting fitness, discipline, and self-confidence.

Xtreme Hip Hop Step | Tuesdays, September 2 - December 30, 6:00 - 7:00 PM | All Ages | \$3 #35613

Instead of listening to music, you become the music in this exhilarating full-body workout that combines cardio, conditioning, and strength training with yoga and Pilates-inspired movements.

Tang Soo Do | Ages 5+ | \$30 | #36291

Tang Soo Do Will teach you to defend yourself, build your stamina, and overall improve yourself as a person. Through gradual progression and attainment of these skills, your personal goals, confidence, self-belief, and self-discipline will increase.

• Saturdays, September 6 – October 25, 9:30 – 11:30 AM | #36291

• Saturdays, November 1 – December 20, 9:30 – 11:30 AM | #36292

Zumba | Thursdays, September 4 - January 1, 6:00 - 7:00 PM | All Ages | \$3 | #35614
This dance-based workout blends Latin and international rhythms with easy-to-follow choreography to create a fun and effective exercise experience. Whether you're a seasoned dancer or a total beginner, our Zumba class is designed for everyone.

## **Municipal Gardens**

Food Labels | September 16, 1:00 – 2:00 PM | Ages 18+ | Free | #36683 Ever feel overwhelmed by the numbers and ingredients on food packages? You are not alone. Learn how to decode food labels with confidence, spot hidden sugars, unhealthy fats, and other sneaky additives that maybe sabotaging your health. With the right tools and tips, you'll be able to shop smarter and make more informed decisions.

Shop Smarter, Eat Better | October 21, 1:00 - 2:00 PM | Ages 18+ | Free | #36686 Grocery shopping doesn't have to be stressful or confusing. Discover how to choose healthy, budget friendly foods and steer clear of common mistakes that can add up over time. With practical tips and simple strategies, you'll learn how to navigate the aisles with confidence and make every shopping trip a win for your health and your wallet.

Fiber for Health | November 18, 1:00 – 2:00 PM | Ages 18+ | Free | #36689
Fiber does more than keep you full-- it supports healthy digestion, balances blood sugar, and can even help with weight management. Discover easy and delicious ways to add more fiber to your daily meals.

Portion Control | December 16, 1:00 - 2:00 PM | Ages 18+ | Free | #36692 Eating the right amount can have a powerful impact on our weight, energy, and blood sugar. discover simple, practical ways to manage portions without feeling deprived. With easy tips and real lie strategies, healthy eating can feel natural, satisfying and stress free.

#### Pride Park

Line Dancing | Thursdays through December 18, 5:30 - 7:00 PM | Ages 18+ | Free | #37099 Line dancing is a lively way to enjoy music, stay active, and connect with others.

#### **Rhodius Park**

Rhythm N' Motion | Mondays, September 8 – November 17, 5:30 – 6:30 PM | Ages 6 – 11 | \$5

Come dance and express your individuality at Rhythm N' Motion dance class. The Community youth will be able to learn different ways to move and grove to the music as well as making new friends in

Sound Bath Meditation | November 3, 7:00 - 8:00 PM | Ages 12+ | Free | #36748 Are you wanting to relax and recharge? Give yourself some time to relax with a community Sound Bath Meditation from Tranquil Tones (Led by Lydia). This event is free and open to all ages. Bring your own blanket, yoga mat and/or pillow to get comfy!

#### Riverside Park

Food Labels | September 10, 1:30 – 2:30 PM | Ages 18+ | Free | #36685 Ever feel overwhelmed by the numbers and ingredients on food packages? You are not alone. Learn how to decode food labels with confidence, spot hidden sugars, unhealthy fats, and other sneaky additives that maybe sabotaging your health. With the right tools and tips, you'll be able to shop smarter and make more informed decisions.

Shop Smarter, Eat Better | October 15, 1:30 – 2:30 PM | Ages 18+ | Free | #36688 Grocery shopping doesn't have to be stressful or confusing. Discover how to choose healthy, budget friendly foods and steer clear of common mistakes that can add up over time. With practical tips and simple strategies, you'll learn how to navigate the aisles with confidence and make every shopping trip a win for your health and your wallet.

Fiber for Health | November 12, 1:30 – 2:30 PM | Ages 18+ | Free | #36691
Fiber does more than keep you full-- it supports healthy digestion, balances blood sugar, and can even help with weight management. Discover easy and delicious ways to add more fiber to your daily meals.

Portion Control | December 10, 1:30 – 2:30 PM | Ages 18+ | Free | #36693
Eating the right amount can have a powerful impact on our weight, energy, and blood sugar. discover simple, practical ways to manage portions without feeling deprived. With easy tips and real lie strategies, healthy eating can feel natural, satisfying and stress free.

SheStrength | Wednesdays & Fridays, 6:30 - 7:30 PM | Ages 18 - 50 | Free | #36211 Join Indy Parks and Recreation for a FREE women's only fitness class.

## **Washington Park**

Step Dancing | Tuesdays, 6:30 - 8:00 PM | Ages 18+ | Free | #36754 Come learn Chicago Style Stepping. All experience levels welcome from beginner to advanced. Put on your dancing shoes and step on in.

## Windsor Village

**Urban Line Dance | Mondays, 6:30 – 8:00 PM | Ages 18+ | Free | #36575**Come learn the latest and greatest dance steps set in formation and choreographed to urban dance music. Venture out to performances within the community to showcase what you have accomplished! Come fellowship and build community relationships while exercising, dancing and having fun.





## SEASONAL / SPECIAL EVENTS

One-time or short-term recreation, leisure, social or cultural events celebrating a specific occasion.

## **Broad Ripple Park**

Youth Pumpkin Decorating | October 25, 10:00 – 11:00 AM | Ages 3 – 7 | \$15 | #35358 This will be a messy craft! Decorate a pumpkin with paint and glued on accessories.

Teen Pumpkin Decorating | October 25, 12:00 - 2:00 PM | Ages 8 - 17 | \$15 | #34557

Adult Pumpkin Decorating | October 25, 3:00 - 5:00 PM | Ages 18+ | \$15 | #35880

Spoopy Little Trees | October 25, 6:00 – 8:00 PM | Ages 21+ | \$30 | #34063

Join us for a chance to channel your inner Bob Ross at this unique painting and costume competition event! Each ticket includes a costume Competition and painting supplies to create your own masterpiece to take home. Dress up as Indiana's own Bob Ross or your favorite artist and compete for the coveted Golden Pallet award at this first annual event.

#### Brookside Park

Pumpkin Paint and Play | October 24, 6:00 – 7:00 PM | Ages 6 – 12 | \$5 | #36480 Grab your favorite ghouls and goblins and join us for a SPOOKTACULAR night filled with treats, laughter and pumpkin painting! Each child that registers will receive one pumpkin to paint.

Christmas Express | December 13, various time slots | Ages 13 and under Come and join our Christmas Express. Receive a gift, take pictures with Santa, participate in games and activities, and receive a Santa bag of treats.

Pajama Jam | November 21, 5:00 - 8:00 PM | Ages 6-12 | \$5 | #36486 Looking for a quick break before the holiday chaos begins? Brookside Park Family Center is hosting a Pajama Jam for kids aged 6 to 12! While you unwind, your child will have the chance to explore arts and crafts, enjoy board games, meet new friends, play video games, shoot hoops, and enjoy some yummy treats! And the best part of all they can wear their favorite pajamas.

#### Christian Park

Halloween Festival | October 24, 6:00 – 7:30 PM | All Ages | Free with optional purchases available | #36418 | Need a fun safe place for your little goblins and ghouls to have some spooky fun during this ghostly season? There will be lots of table games, prizes, face painting, contest, food, candy, and so much





## **Eagle Creek Park**

Vulture Awareness Day | Ornithology Center | September 6, 10:00 AM – 4:00 PM | All Ages Free with Park Admission | #36345 Celebrate International Vulture Awareness Day with crafts and activities all day at the Ornithology Center!

Public Hayrides | October 3, 4, 10, 11, 17 & 18, 6:00, 7:00 & 8:00 PM | Ages 2+ | \$10 Wagon rides are a great way to enjoy the scenery of Eagle Creek Park and fellowship with friends and family. This program is for reserving space in a public wagon ride.

Group Hayrides | October 3, 4, 10, 11, 17 & 18, 6:00, 7:00 & 8:00 PM | Ages 2+ | \$120 This program reserves an entire hayride wagon for 12 people. Multiple wagons will be pulled by one tractor. This reservation reserves one 12-person wagon for you and your group.

Haunted Hayrides | October 24 & 25, 6:00, 7:00 & 8:00 PM | Ages 5+ | \$15 Wagon rides are typically a great way to enjoy the scenery of Eagle Creek Park; however, this weekend, the sights will be much scarier. This program reserves one seat on a shared public wagon.

October Owl Festival | Ornithology Center | October 18 & 19, 12:00 - 7:00 PM | All Ages Free with Park Admission | #36342

This event is free with park admission, fun for the whole family, and guaranteed to be an Owl-tastic time! Owl pellet dissections, crafts, games, scavenger hunts, concessions, vendor tables, the silent auction display, and more will be set up at the Ornithology Center during festival open hours (moved indoors if raining). Visit the raptor ambassadors in their new enclosures, learn about owls, try the migration obstacle course, and explore our exhibits. migration obstacle course, and explore our exhibits.

Not So Scary Scavengers | Ornithology Center | October 30, 4:00 – 5:00 PM | All Ages Free with Park Admission | #36434

Celebrate Halloween by learning about vultures and other scavengers at the Ornithology Center! You will start by watching a feeding demonstration with our Avian Ambassadors and learning why scavengers are so important to our environment. Then we will head inside for some Halloween crafts.

Not-So-Creepy-Crawly Halloween Party | Earth Discovery Center | October 31, 3:00 – 6:00 PM All Ages | Free with Park Admission | #36582 Learn about why many of the critters we see during Halloween aren't so scary after all and meet some of them up-close and personal. Join us for animal-themed crafts and activities, an indoor trick-or-treat trail, and plenty of candy. Costumes are highly encouraged!

Lilly Lake Lantern Walk | December 14, 5:00 - 7:00 PM | Ages 3+ | Free with Park Admission #36584

Join us for a lantern walk around Lilly Lake! This program has two parts. One involves getting creative at home and building a lantern with stuff you have around the house, and the other involves getting outside for an evening walk around Lilly Lake.

## Ellenberger Park

Skates and Screams | October 24, 6:00 – 10:00 PM | Ages 2+ | \$5 | #36774

Come on out to Ellenberger Park for an evening of haunted fun! Bring your own skates/wheels to enjoy a SPOOKTACULAR skate night with a DJ, snacks, and photo opportunities! For all ages, but please note that there are no skate quards evailable. pléase note that there are no skate guards available.

Cookie Creatures | October 26, 2:00 - 3:00 PM | Ages 2+ | \$3 | #36776 Looking for something not too spooky?! Join us for an hour of happy haunting with cookie decorating and a spooky arts and crafts. Fun for all ages.

## Frederick Douglass Park

Free Clothing Giveaway | September 9 - 12, 12:00 - 8:00 PM & September 13, 12:00 - 5:00 PM All Ages | Free | #36666 Free clothing giveaway all week at Frederick Douglass Park until items are gone!





## Garfield Park Conservatory

Haunted Conservatory | October 22 & 23, 5:30 - 9:00 PM | Ages 5+ | #36390
5:30 - 7:00 PM | Less Haunted Conservatory. Bring the little ones in their costumes for Halloween fun during our less scary daylight hours of the Haunted Conservatory. There will be no scarers. Just tropical plants all decked out for Halloween.

7:00 - 9:00 PM | Get spooked as you walk through the Haunted Conservatory, complete with scary music, decoration and ghouls! (recommended for ages 8+).

Creepy Creatures | October 30, 10:00 - 11:00 AM | Ages 2 - 7 | \$6 | #36392 Put on your Halloween costume and come learn about some creepy and not-so-creepy creatures. Have fun meeting live critters and doing a craft.

Holiday Gourd-aments | December 6, 11:00 AM - 12:00 PM | Ages 6+ | \$10 | #36411 Join us as we craft tiny, dried gourds, once living plants, into lovely holiday ornaments, that will last for years to come. We will have paint, hot glue, natural objects and a few trinkets/craft items to glue on them.

Conservatory Crossing | November 29 - December 29 | All Ages | \$6/ person or \$14/family (2 adults plus anyone under 18) | #36394 Come enjoy our winter wonderland! See the Conservatory decked out in its holiday best with a brilliant display of poinsettias, model trains and village, and thousands of twinkling lights.

**Green Xmas Gifts** 

- Upcycled Planter | December 6, 2:00 3:00 PM | Ages 10+ | \$5 | #36473 | Get ready to turn your recycling game festive by transforming tin cans into stylish planters! We'll learn how to repurpose cloth scraps, burlap and holiday ribbon, and plant our creations with fuzzy Cuban
- Upcycled Ornaments | December 13, 2:00 3:00 PM | Ages 8+ | \$5 | #36474 | Nothing says "sustainable" like home-canned food, but what are you supposed to do with all those extra lids? Deck the tree with them, of course! Come craft three styles of ball-jar ornaments to add a cozy
- accent to your holidays.

  Upcycled Cards | December 20, 2:00 3:00 PM | Ages 8+ | \$5 | #36483 | Hallmark has nothing on your creative spark! We'll use collage and printmaking to adorn our holiday greetings. Come find out how fancy recycling can be!

Jungle Tales: Train Tales December 9, 10:00 – 11:00 AM Ages 2 – 5 | \$7 | #36364
Join us for a holiday train-themed program. Little ones will listen to a story, do a craft and enjoy Conservatory Crossing with a scavenger hunt.

• December 9, 10:00 – 11:00 AM | #36364

• December 10, 10:00 – 11:00 AM | #36365

Santa at the Conservatory | December 13, 10:00 AM - 1:00 PM | All Ages | Free Admission #36395

Come to the Conservatory to meet Santa Claus and tell him what you'd like for Christmas. This is a free event and a chance to visit during Conservatory Crossing.

Evening Holiday Storytime | December 21, 7:00 - 7:30 PM | Ages 3+ | Free | #36396 Come to the Conservatory to listen to a Christmas story!

## Grassy Creek Environmental Community Center

Pumpkin Decorating October 30, 6:00 – 7:30 PM All Ages \$8 | #36529
Grab the family and join us for some holiday fun as we decorate a pumpkin for Halloween! We will provide paint and other supplies, and you provide the creativity. Feel free to bring some of your own materials if you would like. Each registrant will get their own pumpkin, and families can share pumpkins as well.

Gingerbread House Building Contest | December 6, 10:30 AM – 1:30 PM | All Ages | \$10 | #36530 Join us for a fun-filled event where creativity meets festive cheer. Whether you're a seasoned decorator or a first-time builder, this is a fun way to get into the holiday spirit.

Ornament Making | December 18, 6:00 - 7:30 PM | All Ages | \$5 | #36525
Unleash your creativity and personalize your holiday season by crafting unique and beautiful ornaments! This program offers a variety of techniques and materials to design a special decoration for your tree, home, or as a thoughtful gift.

## Holliday Park

Hauntless Halloween | October 23 - 25, timeslots from 5:00 - 8:00 PM | Ages 3+ | \$10 Join Holliday Park Staff and actors from Booth Tarkington Civic Theater for an enchantingly fun evening! Families hike along candlelit trails and interact with different forest creatures who can magically speak for the night, then return to the nature center for a campfire, refreshments, and activities. New characters debut this fall!

## Indianapolis World Sports Park

Decorate Pumpkins | October 10 & 24, 6:00 – 7:00 PM | All Ages | \$8 | #36560 |
Decorate a pumpkin before the trick-or-treaters arrive! Pumpkins and paint/ accessories will be provided but if you have any extra craft supplies you would like to use they are also welcome!

#### Krannert Park

Game Night | 3rd Wednesday of Each Month, 4:30 – 6:30 PM | All Ages | Free | #34624 Come out for a night of family fun! You can expect board games and good memories. All ages are welcome.

Spooky Movie Night | October 10, 5:00 – 7:00 PM | All Ages | \$5 | #36454
Grab your popcorn, blankets, and your bravest family members—it's time for a spooky (but not too scary) movie! We're dimming the lights and turning up the thrills with a hand-picked lineup of kid-friendly spooky classics. Expect playful ghosts, silly monsters, and magical adventures that'll make you laugh, jump, and snuggle closer together. Costumes and creepy snacks encouraged—just beware of the popcorn ghost!

Spookie Cookie Decorating | October 29, 5:30 – 7:00 PM | Ages 2+ | \$5 | #36451 Join us for a frightfully fun evening of creativity and delicious treats at our Halloween Cookie Decorating Event!

Swimmin' Cinema November 14, 4:30 – 7:30 PM Ages 6 – 12 \$10 #36465 Need a night to relax, reconnect, or just enjoy a quiet dinner without a chicken nugget in sight? We've got you covered! Drop the kids off for an evening of supervised fun—including swimming, a kid-friendly movie, and plenty of laughter—while you take a break for date night, errands, or some well-earned "you" time.

Fall Cleanup | November 22, 12:00 – 2:00 PM | Ages 6+ | Free | #36461

Join us for a community effort to clean and restore the beautiful pond at Krannert Park this fall! As the leaves change and the weather cools, it's the perfect time to give back to our local environment. Together, we'll remove debris, litter, and invasive plants to help maintain the natural beauty and health of the pond ecosystem.

Food Drive | Daily, November 1 - November 22, 9:00 AM - 8:00 PM | All Ages | #36462

Winter BINGO | December 2, 5:30 – 7:00 PM | All Ages | \$3 | #34590 Come out for a night of winter-themed Bingo! Bring your family and friends and enjoy some light refreshments while playing.

Holiday Movie Night | December 5, 5:00 – 7:00 PM | All Ages | \$5 | #36455 Celebrate the season with a night full of heartwarming stories, magical adventures, and wintery wonder! Whether it's snowy settings, tales of friendship, or journeys that warm the soul, our movie picks are perfect for snuggling up and enjoying the spirit of the holidays in all its forms. Fuzzy socks, hot cocoa, and your favorite snacks highly recommended. Let's get cozy and let the good vibes snow!

Holiday Drop & Shop | December 15, 4:30 - 7:30 PM | Ages 6 - 12 | \$15 | #36459 | Need a little time to check off your holiday shopping list—without little eyes peeking? Drop the kids off for an evening of fun while you enjoy a well-deserved break! Kids will dive into the holiday spirit with supervised pool time, followed by a cozy movie screening complete with snacks and seasonal cheer.

Letters to Santa Craft Workshop | December 17, 4:00 - 6:00 PM | Ages 4+ | \$3 | #36453 This festive gathering invites children of all ages to write their very own letters to Santa Claus. Enjoy a cozy atmosphere filled with holiday cheer, festive decorations, and the joyful spirit of giving. Don't miss this wonderful opportunity to make holiday memories and send your wishes straight to the North Pole!





## Perry Park

lce Skating | Sundays - Fridays, 12:00 - 1:30 PM, Saturdays, 2:15 - 3:45 PM | Ages 2+ | \$5/child \$7/adult | #36598

Lace up your skates at the only public ice arena in Indianapolis. Rental Skates are available from toddler size 7 to adult 15. Additional public sessions offered on holidays and during school breaks. Check our Facebook page for up-to-date schedules and other information.

Freestyle Ice Skating | Mondays & Fridays, 2:10 – 3:40 PM, 3:50 – 5:20 PM & Tuesdays, 3:40 – 5:10 PM | Ages 2+ | \$5/child \$7/adult | #36597 Open to figure skaters of all ages and abilities, this public program is the perfect opportunity for figure skaters to practice their skills and routines. Club affiliation not required.

Stick and Puck Hockey | Wednesdays & Thursdays, 3:30 – 5:00 PM | Ages 3+ | \$7 | #36599 Looking for ice time to practice your hockey skills? Perry Park offers Stick & Puck sessions throughout the fall and winter for all ages and abilities. Full equipment is required for youth; helmets, gloves, and shin guards for adults. No pick-up games. No private coaching permitted during stick &

**40+ Drop-in Hockey | Fridays, 10:00 - 11:30 AM | Ages 40+ | \$12 | #36596**Pick-up hockey for adults 40 and older. Recreational level play (no checking). Full gear required. Limited to the first 20 skaters signed in (no advance registration). First two goalies skate free.

#### Pride Park

Halloween Celebration | October 28, 5:00 - 8:00 PM | All Ages | Free | #37103

Holiday Celebration | December 16, 5:00 - 8:00 PM | All Ages | Free | #37105

#### Rhodius Park

Fall Movie & Popcorn | October 23, 6:00 – 8:00 PM | Ages 4+ | Free | #36760 Looking for an awesome fall activity for your family and friends. Then join us for a good time of laughter, snacks, and a funny movie, Hotel Transylvania 2. Snacks and drinks will be provided during the movie.

Fall Harvest | October 27, 5:30 - 7:30 PM | Ages 9 - 17 | Free | #36379 Celebrate autumn\_during our Fall Festival! Join us for music, fun fall activities & guest partnership with Family Time Entertainment.

Holiday Event | December 17, 5:30 – 7:30 PM | Ages 6 – 12 | Free | #35674 Come have some fun with us as we celebrate the holiday. There will be fun arts & crafts, games, cookie decoration, and pictures with Santa. There will be gift giveaways for children (6-12years old), who are present at the event. Gifts are limited.

## Southeastway Park

Hayride Season | Fridays, Saturdays & Sundays, September 20 – November 1, 5:00 – 10:00 PM #36758

Fall hayrides at Southeastway Park are so much fun! Included in the hayride package is a 5-hour use of a shelter, a campfire, and 1 tractor-pulled hayride lasting almost 30 minutes. Please call the park office at 317-327-4834 to book yours today!

## **Tarkington Park**

Grapevine Wreaths | \$30
Join us in decorating your very own Grapevine Wreath. Ribbon and other decorations will be provided, but feel free to bring special small items to make your wreath unique.

• Ages 8 - 17 | September 25, 4:00 - 5:00 PM | #35432

• Ages 18+ | September 25, 5:00 - 6:00 PM | #35433

**Yuletide Wreath with Pine** 

Just in time for the holidays, we will be making festive Yuletide wreaths. Basic supplies will be provided, but you are welcome to bring additional bling and decorations to make your wreath unique to you! Gardening gloves are recommended as we will be working with fresh pine branches.

• Ages 8 - 17 | December 5, 4:00 - 5:00 PM | \$30 | #35431

• Ages 18+ | December 5, 5:00 - 6:00 PM | Free | #35430

#### Thatcher Park

Family Holiday Gingerbread | December 6, 12:00 – 1:15 PM | Ages 2+ | \$11 | #35739 Make your very own delicious gingerbread house from scratch to enjoy throughout the holiday season. Your house will be decorated with all kinds of sweets that we provide. All houses will be made with graham crackers for easier handling and decorating. This event fills up fast, so sign up as soon as possible!

## YOUTH SPORTS

Competitive and recreational sports programs for youth ages 17 and under.

#### **Arsenal Park**

Archery Adventure | October 8, 2:00 – 4:00 PM | Ages 10 – 15 | Free | #36496
Come learn a new skill! Check out our new introduction into archery program! Our program is based on the National Archery in Schools Program (NASP) and will be taught by a NASP certified Basic Archery Instructor! We will cover the basics of safety, technique, and improvement.

#### Brookside Park

Homeschool Drop-In Gym | Mondays & Wednesdays, September 1 - December 17, 1:00 - 2:00 PM Kindergarten - 6th Grades | \$1/student | #36482

Brookside Park Family Center warmly welcomes homeschool parents and their children to take advantage of our indoor gymnasium for their physical education needs. We will provide the gymnasium, jump ropes, hula hoops, balls, cones, and floor scooters. Parents will oversee the facilitation of their child's lesson plans.

Basketball Open Gym – Ages 9 – 12 | Mondays, Tuesdays, Thursdays, Fridays & Saturdays, – 7:00 PM | Free | #36470 6:00

Basketball Open Gym - Ages 13 - 17 | Mondays, Tuesdays & Thursdays, 7:00 - 7:45 PM, Fridays 7:30 - 8:30 PM, Saturdays, 12:00 - 2:00 PM | Free | #36469

Volleyball Club | Wednesdays, 6:00 - 7:45 PM | Ages 13 - 16 | Free | #36472

#### Christian Park

Basketball Open Gym | Mondays & Thursdays, 3:00 – 6:00 PM, Tuesdays, Wednesdays & Fridays, 3:00 – 7:30 PM & Saturdays, 10:00 AM – 3:00 PM | Ages 9 – 17 | Free | #36414

Intro to Fencing | Ages 13 – 17 | Free

En Garde! Have you ever wanted to try your hand with a sword? This "Introduction to Fencing" class will teach you the basics of fencing footwork, blocks, and attacks in a fun and safe environment!

• Tuesdays, September 2 - 23, 5:45 - 6:45 PM | #36246

• Tuesdays, September 2 - 23, 6:50 - 7:50 PM | #36245

• Tuesdays, October 7 - 28, 5:45 - 6:45 PM | #36251

• Tuesdays, October 7 - 28, 6:50 - 7:50 PM | #36248

#### Frederick Douglass Park

Training Day | Saturdays through October 11, 11:30 AM - 1:30 PM | Grades 2 - 9 | \$20 | #35943 Training Day is for youth in grades 2nd through 9th looking to take their basketball IQ and talents to the next level.

## Garfield Park Burrello Family Center

Open Gym | Mondays, Tuesdays, Thursdays, Fridays, 10:00 - 11:00 AM & 2:30 - 5:30 PM, Wednesdays, 10:00 AM - 3:00 PM, Saturdays, 1:00 - 3:00 PM | Ages 9+ | \$3 | #36337 Walk, run, or jump into the open gym at Garfield Park Burrello Family Center!

Girls on the Run | Mondays & Wednesdays, September 15 - November 12, 5:30 - 7:15 PM Grades 3 - 5 | Free | #36792

Girls on the Run inspires girls of all abilities to recognize their individual strengths while building a sense of connection in a team setting. Volunteer coaches facilitate lessons that blend physical activity with life skill development to enable girls to adapt to whatever comes their way. At the end of the season, the team completes a 5K together, which provides a tangible sense of accomplishment and sets a confident mindset into motion accomplishment and sets a confident mindset into motion.

## Indy Island Aquatic Center

Youth Intro to Archery | Fridays, September 5 – 26, 5:00 – 6:00 PM | Ages 8 – 16 | Free | #36541 Ready, aim, and let the fun begin! The Island is now offering an exciting youth archery program led by certified instructors in a safe, spacious indoor range. Whether you're a beginner or looking to improve your skills, this is the perfect opportunity to learn proper technique, build confidence, and have a blast with fellow young archers.

#### Krannert Park

Tot Time | Tuesdays & Fridays, 10:00 AM - 12:00 PM | Ages 1 - 4 | \$1 | #35612

Tot Time is a great way for young ones to let out energy and interact with other children. This activity does not have an instructor but has several fun and engaging equipment, tumbling mats, soft climbing stairs, and more!

Youth Intro to Archery | Wednesdays, September 3 - 24, 5:00 - 5:45 PM | Ages 10 - 17 | \$20

Krannert is now offering archery! Join our certified instructors and learn the fundamentals of archery in a safe and spacious indoor environment.

Basketball Open Gym | Mondays – Thursdays, 3:00 – 5:00 PM, Fridays, 3:00 – 7:30 PM, Saturdays, 12:00 – 3:30 PM | Ages 6 – 17 | Free | #36269

Volleyball Open Gym | Mondays, 5:30 - 7:30 PM | Ages 6 - 17 | \$3 | #36272

#### Rhodius Park

Basketball Open Gym | Mondays, Tuesdays, Thursdays & Fridays, 6:30 – 8:00 PM | Ages 9 – 17 Free | #36372

Youth Archery | Mondays, September 8 - December 29, 5:00 - 6:00 PM | Ages 9 - 17 | Free Learn how to use a bow and arrow in this fun and informative hands-on class! All skills levels welcomed.

#### Riverside Park

Youth Strength & Conditioning Class | Tuesdays & Thursdays, 5:00 - 6:00 PM | Ages 13 - 16 | Free #35916







#### Thatcher Park

Intro to Archery | \$20
Thatcher is now offering archery! Join our certified instructors and learn the fundamentals of archery in a safe and spacious indoor environment.

• Wednesdays, September 3 – 24, 6:00 – 7:00 PM | #35715

• Wednesdays, October 1 – 22, 6:00 – 7:00 PM | #35716

• Wednesdays, November 19 – December 17, 6:00 – 7:00 PM | #35718

Basketball Open Gym | Mondays, Tuesdays & Thursdays, 3:00 - 5:00 PM, Fridays, 3:00 - 4:30 PM, Saturdays, 1:30 - 3:30 PM | Ages 3 - 17 | \$1 | #35709

## **Washington Park**

Archery Adventure | September 22, 5:00 – 6:30 PM | Ages 10 – 16 | Free | #36946 Come learn a new skill! Check out our new introduction to archery program. Our program is based on the National Archery in Schools Program (NASP) and will be taught by a NASP certified Basic Archery Instructor. We will cover the basics of safety, technique, and improvement. Get out and give Archery a shot!

#### Watkins Park

Beginning Tumbling | Saturdays, September 6 – December 27, 12:00 – 1:30 PM | Ages 7 – 9 | Free #36448

This beginning tumbling class will help students refine their basic skills, increase their flexibility and strength, and learn new skills.

Basketball Open Gym | Wednesdays & Fridays, 4:00 - 6:00 PM | Ages 6 - 17 | \$1 | #36447

#### Windsor Park

Basketball Open Gym | Mondays - Fridays, 3:30 - 5:00 PM | Ages 9+ | Free | #36572

## City Wide Basketball

City Wide Basketball | September 2 - 27 | Ages 12 - 14 | Free
This city-wide basketball league is designed for youth ages 12-14 years old. Single championship game. Participants must not be on a school or AAU team. Games will be held at Watkins Park.

• Broad Ripple Park | Tuesdays & Fridays, 5:30 - 8:00 PM | #36543

• Brookside Park | Tuesdays & Fridays, 5:30 - 8:00 PM | #36544

• Garfield Park | Tuesdays & Fridays, 5:30 - 8:00 PM | #36547

• PAL Club | Tuesdays & Fridays, 5:30 - 8:00 PM | #36545

• Riverside Park | Tuesdays & Fridays, 5:30 - 8:00 PM | #36546



# PARKS, RECREATION, AND OPEN SPACE

